Iowa Reaches Out Newsletter

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Fall is Coming!

Hello! Fall is approaching, bringing with it crisp air, cozy moments, and the warm hues of changing leaves. As summer slowly steps aside, we welcome a season filled with fresh beginnings, comforting traditions, and the gentle reminder to slow down and savor the beauty around us. There's something special about this transition—an inviting blend of renewal and nostalgia that makes autumn a favorite time of year for many. Speaking of renewal, I hope you signed up for Serenity Weekend—nothing pairs better with the arrival of fall than a chance to reset and recharge. The registration deadline was August 31, so fingers crossed you were able to submit your reservation! Many exciting new things are coming this fall, and I would like to share them with you. See below for more information and get ready for a season full of fresh energy and new opportunities.

Check out the link to the AWSC August Meeting Reports! You'll find updates from your Area Delegate and Alternate Delegate, the Area Treasurer and Secretary (including minutes from our last meeting), all Area Coordinators, and every District. There's a lot of great information, so take a moment to browse and see what sparks your interest. And remember our favorite motto: "Take what you like and leave the rest!"

AWSC Meeting Reports

SURVEY

NEWSLETTER SURVEY

I'm excited to share the third edition of our Area newsletter since becoming the Coordinator! Your feedback helps me continue to grow and improve, so I'd love to hear your thoughts by completing the attached survey. Thank you for taking a moment to let me know what's working well and what you'd like to see next!

Public Outreach

Katy P. is our new Area Public Outreach Coordinator and she's already hit the ground running. And don't forget—September is Recovery Month. What is your District doing to celebrate and support recovery this month?

Upcoming events

AREA 24 FALL CONFERENCE - OCTOBER 16 - 18TH

ONE ULTIMATE AUTHORITY

Bien Venu Event Center, 7400 Hudson Road, Cedar Falls, IA

Fall Assembly Flyer

Deadline for pre-registration with meals - October 2

Reserve your hotel room by Sept. 16

Reminder: GRs/Alt. GRs need to be registered with the Area Group Records Coordinator 30 days before Assembly to be eligible to vote.

Al-Anon Agenda

Fall Conference Online Registration

Sunday, November 22

5:00 - 7:00 p.m. VIRTUAL

Gratitude & Joy Flyer

Mark your calendars for these other Area events:

- September 18-20, 2026 - Area Serenity Weekend, Manson, IA
- November 22, 2026 - Gratitude & Joy, VIRTUAL (See above for flyer)
- January 17, 2027 - Iowa AWSC Meeting, 9 am, VIRTUAL
- March 7, 2027 - Iowa AWSC Meeting, 9 am, VIRTUAL
- June 11-13, 2027 - Spring Area Assembly, Grinnell, IA
- August 7, 2027 - Service Workshop, Marshalltown, IA
- August 8, 2027 - Iowa AWSC Meeting, 9 am, Marshalltown, IA
- October 8-10, 2027 - Fall Area Assembly, Spencer, IA

Mark your calendars for these WSO events:

- October 24, 2026 - Road Trip! You and your Board Connect - Chicago, IL for more information see the button below.
- July 20-23, 2028 - Al-Anon International Conference, Minneapolis, MN

Road Trip 2026

What is The Forum? Are you receiving The Forum?

The Forum is an international monthly publication of Al-Anon Family Groups, that offers help and hope for the families and friends of alcoholics. Al-Anon and Alateen members share their challenges, insights, and progress along their path of self-discovery and spiritual growth. The magazine also includes topics for discussion at meetings as well as news and information from Al-Anon's World Service Conference and World Service Office. $11.00 for a year subscription! It's the perfect gift for someone!

Subscribe to The Forum:

The Forum

EXCITING NEWS!!!! New edition of ***Al-Anon Faces Alcoholism*** (AFA) is available, with an official announcement in the September *Forum*. Did you see it? $12 for 25 copies The 25-page magazine will feature:

1. basic information about Al-Anon Family Groups-who we are, what we are, and where to find us
2. 10 member sharings from our worldwide fellowship, reflecting diverse experiences and perspectives
3. 3 articles from professionals who recommend Al-Anon in their work with alcoholics and their families
4. Testimonials from Alateens and a variety of professionals who come into contact with families suffering from the effects of someone else's drinking

In addition to print copies, the new edition will be available on the Al-Anon website as a **flipbook** and a **shareable PDF**.

If you would like to receive a digital copy of the newsletter as soon as it is published, please send a request to the editor at newsletter@iowa-al-anon.org or sign up for Area Information as noted below. We do not offer print subscriptions.

Sign up for Newsletter

ENJOY THE FALL SEASON!

Iowa Al-Anon Family Groups