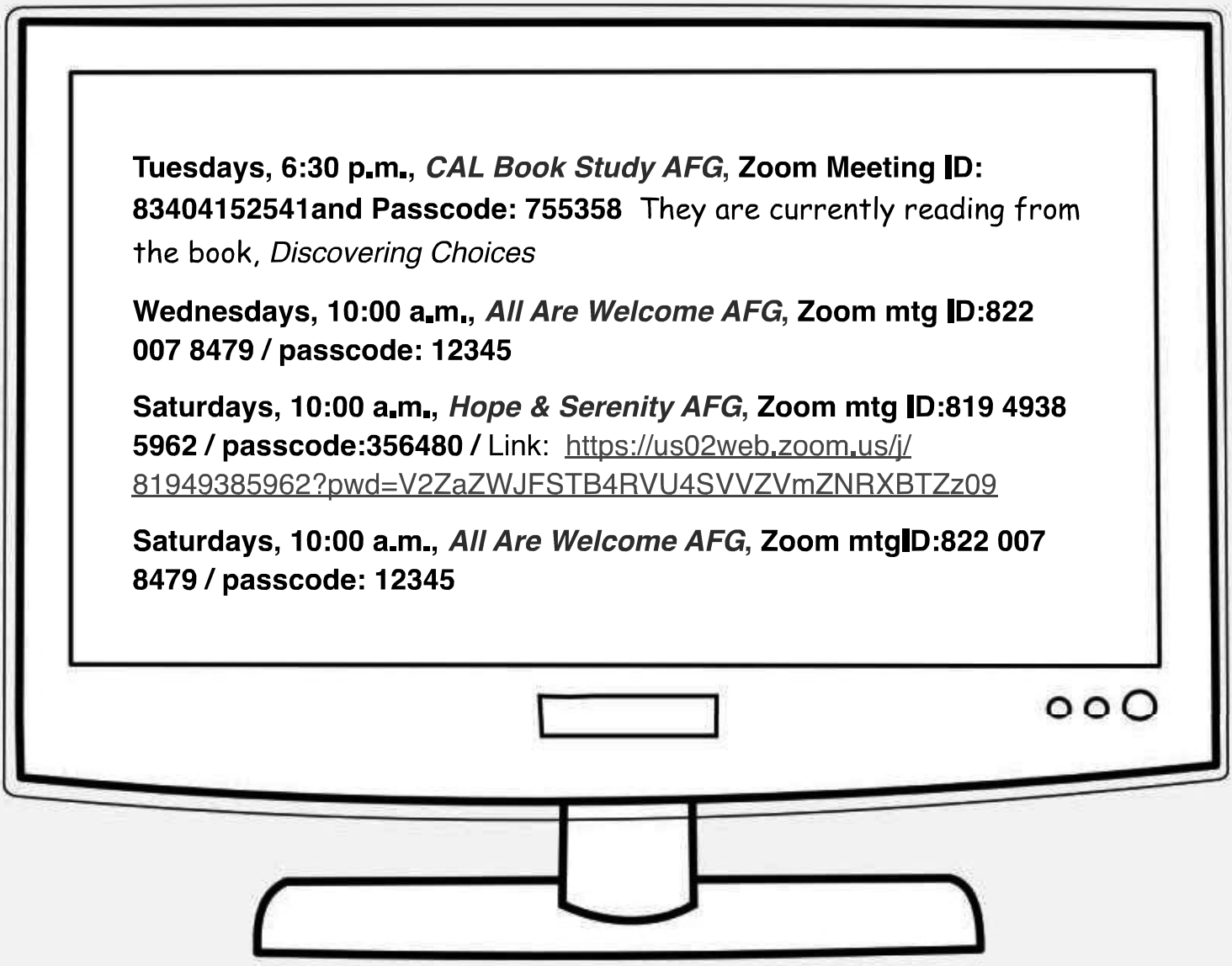
Al-Anon Family Groups
Help and hope for families and friends of alcoholics

DISTRICT 16 ELECTRONIC GROUPS

We invite you to try our Iowa Zoom groups. We have three groups. Here is the information: (All Are Welcome has 2 meetings)

Simply go to Zoom.com/Meet/Join a meeting, and enter the meeting ID to get started.



Tuesdays, 6:30 p.m., *CAL Book Study AFG*, Zoom Meeting ID: 83404152541and Passcode: 755358 They are currently reading from the book, *Discovering Choices*

Wednesdays, 10:00 a.m., *All Are Welcome AFG*, Zoom mtg ID:822 007 8479 / passcode: 12345

Saturdays, 10:00 a.m., *Hope & Serenity AFG*, Zoom mtg ID:819 4938 5962 / passcode:356480 / Link: https://us02web.zoom.us/j/81949385962?pwd=V2ZaZWJFSTB4RVU4SVVZVmZNRXBTZz09

Saturdays, 10:00 a.m., *All Are Welcome AFG*, Zoom mtgID:822 007 8479 / passcode: 12345