Iowa Area District 7 Report

Hi everyone! It's been a pretty busy first half of the year in District 7. Both the district's Serenity Weekend and Birthday Celebration were a success. We had 51 and 125 people in attendance respectively. We are also transitioning to a Google Workspace similar to the Area's system. A list of our new email addresses is supplied below, should anyone need to contact someone in service in our district.

I am also excited to announce a Service Manual Book Study that District 7 is sponsoring. The flyer for the event can be found in the area documents and at the end of my report, but here are the basics. We will meet on the third Sunday of every month from 3 - 4:30 p.m. on Zoom to read through the service manual as a group from cover to cover. The meeting will run until the end of the book, which will likely be at least one year. Everyone is welcome to join this book study at any point, and the idea is that we can all learn a little bit about service together.

Summer is a slower month for events, but anything that comes up in between area meetings will be reflected in the District's calendar here:
https://www.al-anondesmoines.org/calendarevents

Yours in Service,
Lyndsey N.
District 7 Representative

District 7 Service Positions and Contacts

District Position	Position/Email Holder	Email Address
General Information/Contact	Lyndsey N.	contact@al-anondesmoines.org
District Representative	Lyndsey N.	dr@al-anondesmoines.org
Alt-District Representative	Molly H.	altdr@al-anondesmoines.org
District Chairperson	Samantha J.	chairperson@al-anondesmoines.org
District Alt-Chairperson	Brigid E.	altchairperson@al-anondesmoines.org
District Treasurer	Ronna R.	D7AIStreasurer@al-anondesmoines.org
Service Center Treasurer	Becca B.	D7AISCtreasurer@al-anondesmoines.org
District Secretary	Molly F.	secretary@al-anondesmoines.org
District Alt-Secretary	Erin M.	altsecretary@al-anondesmoines.org
Board of Trustees General email (for Service Center)	Val V.	BOT@al-anondesmoines.org
Board of Trustees Literature Coordinator	Jamie P.	literature@al-anondesmoines.org
Board of Trustees Volunteer Coordinator	Mindy J.	BOT.volunteer@al-anondesmoines.org
Board of Trustees Chairperson	Bonnie J.	BOT.chairperson@al-anondesmoines.org
Board of Trustees Secretary	Pam A.	BOT.secretary@al-anondesmoines.org
District Answering Service Coordinator	Jamie P.	answeringservice@al-anondesmoines.org
District Newsletter Coordinator	Noah B.	newsletter@al-anondesmoines.org
District Alateen Coordinator	Scott F.	alateen@al-anondesmoines.org
District Literature Coordinator	Deb M.	D7AISliterature@al-anondesmoines.org
District Forum Coordinator	Sasha S.	forum@al-anondesmoines.org
District Group Records Coordinator	Terri S.	grouprecords@al-anondesmoines.org

District Position	Position/Email Holder	Email Address
District Archives Coordinator	Adrianna B.	archives@al-anondesmoines.org
District Public Outreach Coordinator	Heidi M.	publicoutreach@al-anondesmoines.org
District Website Coordinator	Gabe P.	website@al-anondesmoines.org
District Technology Coordinator	Collin B.	technology@al-anondesmoines.org
District Alt-Technology Coordinator	Kelli C.	alttechnology@al-anondesmoines.org
District Serenity Weekend Chair	TBD for 2027	serenity@al-anondesmoines.org
District Birthday Celebration Chair	TBD for 2027	birthday@al-anondesmoines.org

D7AIS (DES MOINES, IOWA-AREA AL-ANON) INVITES YOU TO A …

2026 to 2029 Al-Anon/Alateen Service Manual Book Study

When: 3:00-4:30 p.m., every third Sunday of the month, starting June 21, 2026, and running through the end of the book

Where: Virtual Zoom Meeting
Join by scanning the code or going to zoom.us in your browser and entering the below information.

- Meeting ID: 845 5983 6304
- Password: 929384

Initial Monthly Agenda:

- Opening & Introductions
- Reading through manual in intervals and sharing as desired
- Closing
- Al-Anon Declaration

Contact & Questions: For more information, email Molly H. at altdr@al-anondesmoines.org.

"When I first found the courage to say yes to service, it was with the thought that I would be giving. I was not prepared for all that came back to me in abundance."

— THE JOY OF SERVICE, AL-ANON.ORG