

### **Area Coordinator - Newsletter**

NEWLY RELEASED – Volume 1, February 2026 Iowa Area Al-Anon Family Groups Newsletter! You should have received it via email to the email on record with Iowa Area Group Records plus anyone who has requested to receive Iowa Area information. Please share this vital communication with your members and groups. I hope you find it useful and easy to use. If anyone has any questions or recommendations, please reach out to me. Thank you!

Yours in Service,  
Carolyn O.  
IA Newsletter Coordinator