

District 7 AFG's 2026 Serenity Weekend

# Watch Where You Step (Serenity Happens!)



Mail-in Registration Package :  A \$20  B \$50  C \$100

T-Shirt: Qty. (\$15-\$17\* each): \_\_\_\_\_ Size(s): \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Special Requests (accessible, roommates, dietary, etc.)

Total: \$ \_\_\_\_\_

Register online  
by scanning the  
QR code below  
or going to [https://  
d7-2026-serenity-  
weekend.  
cheddarup.com](https://d7-2026-serenity-weekend.cheddarup.com).



Send checks made out to *D7AIS Serenity Weekend* to  
939 Office Park Road, Suite 113, West Des Moines, IA 50265

**REGISTRATION DUE/POSTMARKED BY MARCH 5, 2026!**



**When:** Saturday, March 21, 2026 -  
Sunday, March 22, 2026

**Saturday Agenda (meetings and  
workshops throughout the day):**

- 8:30 a.m. Registration
- 12 p.m. Lunch
- 5 p.m. Dinner
- 7 p.m. Gratitude meeting

**Sunday Agenda:**

- 8 a.m. Breakfast
- 9 a.m. Steps and Spirituality Panel
- 10 a.m. Clean up and departure

**Where:** Wesley Woods, 10896 Nixon St.,  
Indianola, IA 50125



**Package A \$20:** Registration for Saturday  
only. Meals not included.

**Package B \$50:** Registration for Saturday  
only. Lunch and dinner included.

**Package C \$100:** Registration for Saturday,  
plus an overnight stay into Sunday.  
Saturday lunch and dinner and Sunday  
breakfast included.

**Event T-Shirts \$15:** Unisex sizing S-3XL.  
\*For 4XL-5XL sizes, add \$2.

**Tips:** Wear comfortable shoes and clothes  
for all-day fun. Bring a snack to share!  
Overnight guests should bring bedding,  
towels, toiletries, etc.