

**IOWA AREA SPRING ASSEMBLY (hybrid)**  
**Clear Lake, IA**  
**June 14, 2025**

The Area Chairperson opened the Saturday business meeting at 3:15pm with a moment of silence and the Serenity Prayer. The etiquette overview was shared with those present and virtually. A total of 67 people were present including via Zoom. There were 30 GRs and 6 Alternate GR's, with 15 people attending via zoom.

Please visit the Iowa Webpage for all reports at [www.iowa-al-anon.org](http://www.iowa-al-anon.org). The reports are listed under the Members tab and then using the dropdown box to the listing of Iowa Area Assembly

**Secretary Report:** The minutes from the 2025 March AWSC minutes were approved by a consensus on Friday, June 13, 2025. The minutes were posted on the Iowa Webpage for prior review to the Assembly. Please visit the Iowa Website for a complete copy of the minutes.

**Treasurer's report:** Treasurer Report –The financial statement from March 1, 2025-May 31, 2025 was presented and was also posted on the Iowa Al-Anon website prior to the meeting. Balance brought forward was \$23,342.30. Total receipts for this period are \$5,470.30. Total of disbursements was \$6,055.11. The Miscellaneous expense was used for Public Outreach which brought the total balance forward on to \$22,757.49. Please visit the Iowa Website for a complete copy of this report.

Consensus was taken and approved for the Treasurer's Report.

**Alternate Delegate Report:** Welcome the Spring 2025 Assembly in Clear Lake. Special thanks to District 3, Sheila, Laura and the committee for all their hard work in preparing for this Assembly. Your extra efforts have not gone unnoticed.

At the time of this meeting, AA reported that attendance was 225 total, 77 Al-anon, and 5 for Alateen.

The Fall 2025 Assembly will be held in Fort Dodge, IA on October 17-19, 2025. The Chair of this committee is Leslie R. with the help of Mary E. The Saturday luncheon Al-Anon speaker will be Scot P, Associate Director of Brand Communication from WSO. The Alateen speaker has not been chosen yet.

Note that this is a voting assembly. Usually, more members attend and the meeting room will be tight from past experiences.

It is suggested that you dress in layers as the room may be warm.

The Spring 2026 Assembly will be held at Marshalltown. AA will hold their conference at the Marshalltown Community College and Al-Anon's Assembly will be held at the MAC (Marshalltown Arts Center). A walk through will be scheduled to check out this facility as we have not been there before. Note that we will need to drive to the college for the Noon luncheon/speaker and the banquet/speaker. This is not the best-case scenario for Al-Anon, but we will make due as always.

### **The Forum Report:**

There was a conference call in March that I was unable to attend, but I did listen to the recorded meeting. Members shared their experiences with how they used The Forum in workshops at the Area, District and group levels.

They also discussed what can and cannot be reprinted from The Forum. Have you noticed that there is a disclaimer at the bottom of some articles stating it can be reprinted?

There was some discussion regarding prompt receipt of monthly subscriptions. If you have problems with getting your Forum timely, please contact WSO. This mailing is dependent on the USPO so sometimes there is not much that can be done.

Newer members have recently rotated into this Coordinator position. Elizabeth R (WSO) showed everyone how to read the monthly reports put out by WSO and discussed how to use this magazine for Public Outreach and workshops.

Group subscriptions have dropped slightly for our Area. May sales were 312 with 44 group subscriptions for a total of 356. Be sure to keep your subscription renewed. Remember you can order The Forum electronically also – check it out!

What we know is that The Forum is a great way to help grow in our recovery and share it with others.

Renew that subscription, give a gift to a friend and have copies available at your meeting.

For reference, sharings can be submitted online at [al-anon.org/sharing](http://al-anon.org/sharing), emailed to [wso@al-anon.org](mailto:wso@al-anon.org) with The Forum sharings or CAL Corner in the subject line, or mailed to Al-Anon Family Group Headquarters, Inc. at 1600 Corporate Landing Parkway, Virginia Beach, VA 23454.

As we know from the writing workshops, writing and submitting articles to The Forum is a great way to share our recovery.

**Alateen Coordinator:** Our Area AMIAS recertification was completed on June 4th. As of this writing I have not received my notice from the WSO that it is completed. We currently have 49 active AMIAS. There were 2 that did not wish to recertify and I uncertified 2 after numerous attempts of emails, a phone call asking to get back with me and a text. I receive several requests to send out new AMIAS forms, so I feel the Area numbers are either holding or slightly growing. I don't feel we are losing numbers.

Scott F., Alateen Coordinator for District 07, gave a workshop for AMIAS showing them the Alateen Power Point that is in the WSO's Alateen toolkit. Scott said it went very well.

We have 9 Alateen groups that are considered active with the WSO and all have been recertified. Unfortunately, only 4 groups have Alateen members coming regularly. Some of the groups are really working at trying to get teens coming. I'm hoping by our next Alateen Serenity Weekend that we have some new faces from other districts.

I'm happy to announce our Alateen speaker for the June Assembly is Corinne M. from District 07. She was finally eligible to come to her 1st Alateen Serenity Weekend this year. I know Corinne will do a nice job of giving her story.

**Archives:** The Area Archives Coordinator quarterly call took place on Sunday June 1st. I was not able to attend but will be able to listen to the recording on AFG Connects.

This call gives updates on what is happening in the Archives community and gives us time for open discussion.

Each month on AFG connects, the Area Archivists are given open questions to answer, One of May's questions really made me think! The question was: How do you practice the Al-Anon Declaration in your Area Archives Coordinator role? This was a great opportunity for me to really dig deeper and look at, am I practicing it and how. How do you practice the Al-Anon

Declaration in your Service roll? Unfortunately, the Archives are still in a remote location. But I will be making plans to bring them back soon. The Archives Task Force continues to meet on a regular basis. We have 6 large books/binders of well-organized information to be scanned. Ranging from 1962-2019. We are currently on book one. I brought one of the books with me for a visual of what we are working with. It is on the Archives table, please take a look. We have had discussions on how this committee moves forward in the new term. There will be more to come on this since this is an ongoing project and will go into the next term.

**Group Records:** First, everyone help me welcome a brand new registered group in District 15! Welcome Hull Iowa AFG! This new group meets on Sunday evenings at 7:00 p.m. at the American Reformed Church in Hull Iowa. They were just registered by WSO on May 14. We wish them success on their journey to recovery!

Second, I have been in regular contact with a lady in Guthrie Center. She has been working for the last couple of months on starting a new group. She has been getting good support from the local AA group. Right now, there are currently 3 members, two of them have previous experience with Al-Anon, and one of them is a newcomer. They are meeting in a home for now, and discussing their next steps. Please keep them in your thoughts as they move forward! And finally, a reminder to all of the groups in Iowa.

The Fall Assembly is the weekend of October 17 – 19. As I am sure you are all aware, this is a voting year. According to the Iowa Policy and Procedures, it is a **requirement that your GR's and Alt GR's be registered with me 30 days before the Assembly. That means they must be registered with me before September 17, 2025. I will not be accepting any registrations for GR or Alt GR after that date.** If you are unsure whether or not your group has a registered GR and Alt GR, please see me this weekend, or send me an email. I will be happy to check for you.

**Literature:** There is so much great Conference Approved Literature available, but sometimes, for a variety of reasons, a piece of literature is discontinued. This topic came up on the AFG Connects Literature discussion recently. Carol C., the Associate director for Literature noted that "Discontinued literature is still CAL, but there are always good reasons that have been carefully and spiritually considered when a piece is discontinued. Reasons often have to do with a piece being no longer timely, responsive to identified needs, or reflective of the current membership. Such decisions are not made lightly, and the procedure ensures this."

The decision to discontinue If Your Parents Drink Too Much (P-22) was undertaken with a great degree of care and dedication and was executed in accordance with delegated authority as described in the Twelve Concepts of Service. The Executive Committee discontinued this piece after receiving numerous communications from professionals (including a school counselor) and members who were dismayed by the stereotypes the comic book portrays, noted Carol.

As she stated, discontinued CAL is still conference approved, but hopefully your group will consider why it was discontinued and whether it is appropriate for your meeting.

Check out all the current books and pamphlets available on the Al-Anon website. And please support the Iowa AlAnon Literature Depots. You can order literature directly from them and help support our Area! [https://iowa-alanon.org/?page\\_id=166](https://iowa-alanon.org/?page_id=166)

WSO is doing a trial for eBooks. They are starting with *Courage to Change* hopefully in July 2025.

**Newsletter:** No report

**Public Outreach:** My sincere apologies that I cannot attend the conference with you all. I know many of you are anxious to hear about the 48th Annual Governor's Conference on Substance Abuse that I attended as an Exhibitor for Al-Anon Family Groups. See my report attached. May 12th WSO Public Outreach Coordinators meeting was rescheduled to May 19th and I was unable to attend as it conflicted with my District's monthly meeting. If anyone has any questions or needs additional information, please reach out!

**Technology:** Although there has not been anything specific dealing with technology at the Area level, I continue to research technology items that can help our Area advance. Working with different facilities and their setup always make me both a little anxious and a little excited. This Assembly is again different from other sites. Each site opens up another level of investigation of what the needs will be. This time it is more audio than virtual. Our equipment list will continue to change and become more inclusive as we head to the end of this panel. I still think we are doing very good for it being a new position and new obligations. I know the next Technology Coordinator will have even more ideas. As always, if you have questions about technology, or ideas for some training options, please feel to reach out to me. I can't promise an answer to everything but together we may be able to figure it out together.

**Web Page:** The Area is in need of a website coordinator to finish out the term. This person should have basic computer skills and knowledge of GoDaddy and Wordpress. The website Coordinator updates documents and information on our iowa-al-anon.org website periodically. They are also part of a team that reviews the website for style and content. This month the meetings page was updated to bring the electronic groups registered in Iowa to the same line of sight as the general meeting finder. Please send district and area updates to areachair@iowa-al-anon.org, along with web@iowa-al-anon.org until the position is filled. Discussion on what some of the requirements are for being the web page coordinator.

The DRs from Districts 2,3,7,8,9,11,16 read their reports. Districts 1 and 4 submitted reports written by members since they do not have a DR. District 5,12,13,14, and 15 had no DR reports. Please visit the Iowa Website for complete copies of the District reports.

## **Old Business**

**2025 Area Serenity Weekend:** Area Serenity Weekend will be September 19-21, 2025 at Twin Lakes Christian Center. The theme this year will be "**HEALING WITHIN**." The booklet that we will be using this year is called: "*Healing within our Alcoholic relationships*". (P-95)

Serenity Weekend Apparel will be steel gray with charcoal lettering. Items may be ordered even if you are unable to attend the weekend.

The packages are:

### **PRE-REGISTRATION & PAYMENT IN FULL REQUIRED**

**Registration Deadline ONLINE or POSTMARKED by August 31, 2025**

**No refunds after 8/31. No walk ins or late registrations, please.**

### **Registration Packages:**

**Package A 2 overnights & 3 meals \$130.00 (Sat. Bk, L, D)**

**Package B 1 overnight & 2 meals \$100.00 (1 Night, L, D)**

**(can be either Fri/Sat or Sat/Sun)**

**Package C Saturday only 2 meals \$ 70.00 (Sat. L, D)**

**NO SUNDAY BREAKFAST WILL BE SERVED.**

Please visit the Iowa Website for the Flyer <https://iowa-al-anon.org/> it is located under Calendar

**Alateen Serenity Weekend wrap up:** I am happy to report that I've heard from several sponsors that they thought the Alateen Serenity Weekend went very well. I'm also hearing there were good comments from the teens. There were 11 Alateens and 10 AMIAS that attended. The weather was great! Warmer than last year. We stayed at the Buxton Lodge this year as our numbers were down slightly. This also saved us a little money.

Friday evening, each group talked about the banner they made and displayed and decorated their cardboard boxes. Then around 10:00, at the campfire, they threw in their God boxes and we talked about our Higher Power.

We were pleasantly surprised that we were invited to take part in an Easter Egg Hunt Saturday morning that Wesley Woods was holding so we all had lots of fun with that. There had to have been thousands of eggs that they had thrown out.

The Unconditional Love that is done every year Saturday morning is giving us something to think about. Although it is beautiful and meaningful, we are finding that there are teens that are uncomfortable with it. And we had several this year that sat out. There might need to be some thought on it for next year.

After streaming a funeral in my town of a senior boy that committed suicide over a breakup of a girl, I decided to take on a workshop on Depression. Some of our Alateens are going through a lot in their homes, and I felt maybe this is a topic we should talk about. I had some pages picked out to talk about. One of the Alateens read the 1st page and then I asked if anyone wanted to comment. It was an hour workshop and for 45 minutes we got no further than the 1st page. Since it's such a heavy topic, I felt maybe it should not be repeated next year. The attending AMIAS felt it definitely should be on the schedule again next year.

There was 15 minutes left, so after a heavy subject the teens got some free time to go outside. Then they decorated their wooden God Boxes. These boxes are a little bigger and they take them back to their group to use in their meetings. I've heard that the groups really like having them. These boxes are used for them to put something down in writing to say that maybe they don't want to talk about in a meeting. They give it to God.

Then there was hiking or a hay rack ride. I heard there were some that were able to do a little of both. It was a real nice long ride this year. I did not take part in it but wish I had. I heard it's beautiful!

Then the AMIAS put on a skit titled There's No Place Like Home. It plays off The Wizard Of Oz. The AMIAS playing Dorothy and the Wicked Witch were especially awesome. I think probably the AMIAS had more fun with the skit then the Alateens enjoyed watching. Thank you Beth K. for giving me a copy of the skit.

We brought items for breakfast Sunday morning. This saved us a little money.

After breakfast, the Alateens had some free time and the AMIAS had a meeting where we talked about the weekend and we put together a tentative schedule for next year. We came up with a few changes. One, doing away with the Saturday night dance. A big percentage of the teens are younger and the last 2 years the dance didn't amount to much if anything. Hopefully the schedule we came up with will be helpful for the new Alateen Coordinator next year.

Next, we had a workshop on Gratitude. And then at this time I like to have everyone write down what they felt was good, bad and best about the weekend. They really enjoy the campfires. Several mentioned the food. They like the God Boxes. Some of the bad was not enough free time to get to know others.

We ended it with our dinner at the Pizza Ranch in Indianola. Some wore their Alateen Serenity Weekend t-shirts that we all signed earlier. This seems to be a nice way to end the weekend and say our goodbyes.

For me, I would say this weekend is the highlight of my service job. It's a lot of work and

planning, but so fun and rewarding to spend the time with the Alateens and AMIAS. I am really going to miss seeing their faces next year. They truly are a joy to be around.

**Voting Procedures:** We can't wait to host a fun and informative virtual workshop on the Area Election process on MONDAY, AUGUST 25th at 7pm. Please share the flyer on your district websites or refer your groups back to the Area's website. Register HERE: <https://forms.gle/b3PDTmUkSRw8rw6H6> by August 24th to receive the Zoom link.

Our goal is to help you better understand the importance of our Area Elections, how it is held, who you will be voting on, and what your role will be.

**Helpful Tools:**

Al-Anon/Alateen Service Manual  
Iowa Area Policy and Procedure Guidelines.

**A.A. International Convention:** will be in Vancouver, British Columbia, Canada, July 3-6, 2025. Only certain meetings will be available virtual. Please see the AA website for more details.

**Fall Elections:** Please have resumes to the Iowa Chair by July 1, 2025 if you let the secretary know at the June Assembly. You can find the forms on the <https://iowa-al-anon.org/>

**The Al-Anon International 2028:** Will be in **Minneapolis, MN, July 20-23, 2028! SAVE THE DATE!!**

**By-Laws Presentation:** The Past Delegates took turns reading the updated By-Laws. The final version is on the <https://iowa-al-anon.org/>

**Road Trip October 2025:** The road trip will be at DoubleTree by Hilton, Omaha Downtown Hotel on October 25, 2025 from 9am-4pm. The WSO Board of Trustees and Executive Committee will be coming! This is a time for you to meet and interact with them as they share their experience as World Service volunteers serving the fellowship and worldwide Al-Anon Family Groups. <https://iowa-al-anon.org/>

**Regional Delegates Meeting/August AWSC Venue:** Iowa is hosting the Regional Delegates Meeting (RDM) in 2026 at the Holiday Inn and Suites in Davenport, Iowa over the March 13-15th weekend. The RDM is a gathering of Past and current Delegates that meet annually to assist incoming Delegates to prepare for the World Service Conference. The Iowa Area is one of 9 Areas in the North Central Region.

All Iowa Past Delegates, and Panel 66 AWSC members will be eligible to attend the RDM since Iowa is the hosting Area. DRs and Coordinators will be responsible for covering their full expenses. Officers will be eligible for some reimbursement as outlined in the Iowa Area Budget.

In order to prepare for this event, our **August 10th AWSC meeting will be held at the Holiday Inn in Davenport**. Attending an AWSC meeting is a wonderful way to experience service at the Area level. Anyone considering an AWSC (DR, Coordinator, Officer) role is welcome to attend the August AWSC. (The AWSC meeting is hybrid. Please let the Chair know if you are planning to join us physically or virtually.)

For those submitting a resume for the upcoming Panel 66 term, please keep the RDM in mind as you set your calendar for 2026

The meeting closed with the AI-Anon Declaration at 4:39 pm

Respectfully Submitted,

Tracy H.G.  
Iowa Area Secretary

**DATES TO REMEMBER:**

<b>July 3-6, 2025 A.A.</b>	<b>International Convention- Vancouver, Canada</b>
<b>August 10, 2025</b>	<b>Iowa AWSC Meeting, <b>Holiday Inn, 9am, Davenport</b>, IA(Hybrid)<b>NOTE:</b></b>
<b>Location change</b>	
<b>August 25, 2025 Virtual Salon-</b>	<b>Voting Procedure, 7PM</b>
<b>Sept 19-21, 2025</b>	<b>Area Serenity Weekend, Manson, IA</b>
<b>October 17-19, 2025</b>	<b>Fall Area Assembly, Fort Dodge, IA-(Hybrid)</b>
<b>October 25, 2025</b>	<b>Road Trip- Omaha, Nebraska</b>
<b>November 30, 2025</b>	<b>Gratitude and Joy- Virtual</b>
<b>July 20-23, 2028</b>	<b>AI-Anon International Convention Minneapolis, MN</b>

**Iowa AI-Anon Literature Depots:**

**District 1**

2801 Jackson St.  
Sioux City, IA 51104  
712-255-6724  
Email - [afg.aiclit@yahoo.com](mailto:afg.aiclit@yahoo.com)

**District 6**

4611 South 96th Street, Suite 172  
(Southeast corner 96th & L Street/  
Just east of L Street East Exit off I-80/Use East Entrance)  
Omaha, NE, 68127  
Phone: 402-553-5033 (cell phone: ok to leave a message)  
Email: [omahaaisomha@gmail.com](mailto:omahaaisomha@gmail.com)  
Facebook: [www.facebook.com/OmahaAis](https://www.facebook.com/OmahaAis)

**District 7**

939 Office Park Rd. Suite 113  
West Des Moines, IA 50265  
515-277-5059  
[www.al-anondesmoines.org](http://www.al-anondesmoines.org)  
Email: [Literature@al-anondesmoines.org](mailto:Literature@al-anondesmoines.org)

**Iowa Information Centers:**

Des Moines AIS/LDC – 515-277-5059 Email: [Literature@al-anondesmoines.org](mailto:Literature@al-anondesmoines.org)

Sioux City AIS/LDC – 712-255-6724 Email: [afg.aiclit@yahoo.com](mailto:afg.aiclit@yahoo.com)

Ames - 515-233-6312

**Iowa Area Website**

[www.iowa-al-anon.org](http://www.iowa-al-anon.org)