

2025 March AWSC
District 8 Report
Mary H.

Greetings from District 8!

Alanon Iowa District 8 is holding its annual Spring Fling at Cedar Hills Community Church in Cedar Rapids on Thursday, May 1st, 2025. We are currently in the planning phase of this event; however, the focus will be on service and conflict. More shall be revealed as the planning committee gets underway.

Public Outreach has been busy working with local treatment/recovery centers (ASAC, CRUSH and Sedlacek) on ways Al-Anon can provide monthly and quarterly support to these facilities. We will facilitate monthly meetings the 1st Monday of the month at CRUSH and continuing our family night at ASAC the 2nd Wednesday of the month. We will meet at Sedlacek on a quarterly basis to support families in their program.

One of my goals as DR was to conduct a District Inventory. I am happy to report that we had good participation, and I am compiling the results now. I intend to report the results to the district members during our March meeting.

Currently we have 11 registered in-person Al-Anon meetings and 1 Alateen meeting each week. For more District 8 meeting information please visit <https://www.cedarrapidsareaal-anon.org/meetings/>

Together in purpose!

Peace and blessings,
Mary H.
DR District 8