### Iowa Area AWSC Meeting August 11, 2024 Hybrid Meeting

Katy P. Area Chairperson opened the meeting at 9:00 a.m. The meeting opened with a moment of silence and the Serenity Prayer. The Traditions were read by Virgina P. and Jamie O. read the Concepts of Service/Warranties. There was a total of 22 registered members of which 19 were voting members. There were 14 people that attended in person and 8 that attended virtually.

Introductions were made by all in attendance. The Chairperson reviewed the Etiquette for the meeting and read Evaluation Questions for discussion later.

<u>Seating of Guests</u>: A consensus was taken to have guests attend with Limited voice and no vote. Welcome to guests that were attending for the first time to AWSC.

<u>Secretary Report</u>: The June Assembly minutes were posted on the Iowa Webpage. <u>http://www.iowa-al-anon.org/</u> The June Assembly minutes were approved by a unanimous consensus.

**Treasurer's Report**: The financial statement from June 1,2024 to August 5, 2024 was presented and discussed. Balance brought forward was \$23,491.18. Total receipts for this period were \$3,214.25. Total disbursements were \$2,469.62. Ending Balance on August 5, 2024 was \$24, 235.61.

The financial statement was approved by a unanimous consensus.

**Delegate Report**: Delegate shared about the jobs available at WSO. Paralegal, English and Spanish magazine editor. If you need more information please reach out to the Delegate.

**Road Trip:** You and Your Board Connect event. It will be in Columbia, South Carolina on October 26, 2024. This event gives members an opportunity to connect with members of the Board of Trustees and the Executive Committee. Registration will open in September and space is limited.

The Delegate attended a COB (Chairmen of the Board) meeting and there was discussion on some of the hidden norms that WSO is working on.

The World Service Conference will be April 24-27,2025 in Windsor Connecticut, with a visit scheduled for Stepping Stones. The World Service Conference (WSC) announced that they decided to go back to a 5-day conference starting in 2026 (after the trial period of 4 days)

**<u>Regional Trustee Position</u>**: Iowa did not receive any resumes for the Regional Trustee and they were to be turned in by August 15, 2024

The Iowa Delegate is on a Thought Force for Revitalizing the Archives at WSO. It was suggested that with the floods that happened in Iowa that some of the topics that are being discussed may help the Area to decide how to keep the Archives safely.

Just a friendly remind to everyone to review their district archives and preserve them in the best way possible.

It was also shared that the WSO has approved the Policy change for Choosing a Group's name. Because Al-Anon is for anyone anywhere. The WSO would like to remind new groups when they register to think about their group names as *Al-Anon is for anyone anywhere*.

## Alternate Delegate:

**The Fall 2024 Conference** will be held in Sioux City at the Abu Bekr Shriners Event Center on October 11-13, 2024. Save the date and mark your calendars and get your hotel reservations made soon. The Saturday Luncheon Al-Anon speaker will be Jean L (Regional Trustee) from Dubuque, IA. The Sunday morning spiritual will be Cindy W from Sioux City, IA. The Alateen speaker has not yet been determined. Cindy W is the Al-Anon Chair and Erika W is the Co-Chair for the Fall Assembly. See Flyer:

https://iowa-al-anon.org/wp-content/uploads/2024/03/Area-24-2024-Fall-Conference-Flyer-with-AFG-a genda-draft.pdf

The deadline for early registration is September 20, 2024.

**The Spring 2025 Conference** will be held in Clear Lake at the Best Western Hotel on June 13-15, 2025. AA is working on the flyer and should be available soon.

No news yet as to where the 2025 Fall Conference will be held.

**The Forum Report**: Have you been paying attention to the 70th Anniversary articles in The Forum? Have you noticed that there are several sharings from Iowa members (some anonymous and some from past and present Al-Anon and Alateen members)! Thanks for all who have submitted sharings. Is your Group or District going to celebrate in some way or another? You could hold a writing workshop and send them to WSO. It is best for everyone to submit their writings to WSO individually.

The Forum sales through July continue to stay consistent and has been for the last 1.5 years. Remember to renew your personal and group subscriptions – or give the magazine as a gift to your sponsee or a newcomer. If you are a GR, please promote at your meetings as you are The Forum representative at the group level. It is a great "meeting in your pocket" and you won't be disappointed. Also, check out the March issue – Carol G (The Forum magazine editor) has an article on The Forum – What Is the Process. It is very clear that the Higher Power is clearly at work in this WSO process of selecting articles. Sharings can be submitted online at al-anon.org/sharing, emailed to wso@al-anon.org with The Forum sharings or CAL Corner in the subject line, or mailed to Al-Anon Family Group Headquarters, Inc. at 1600 Corporate Landing Parkway, Viriginia Beach, VA 23454.

# Coordinator Reports (Reports were electronically submitted to the AWSC and not read)

**District Reports:** Reports were submitted electronically but not read by the following DR's: 2, 3, 7, 8, 11, 13 and 16. There were no reports from Districts 1, 4, 5, 6, 9,10,12,15.

Updates from members of District 1 and 4 were verbally shared. <u>Presentation:</u> Nancy S. Past trustee, Georgia was the speaker on *Humor and Service*.

Old Business:

<u>Area Serenity Weekend Update</u>: The Delegate gave an update on the Serenity weekend. It will be in Manson, Iowa at the Twin Lakes Christian Center, **September 20-22, 2024**. Our theme this year will be "A Time to Celebrate." The price is the same as last year, for which we are grateful. The packages are:

Package A: 2 overnights & 3 meals \$120.00 (Sat. Bk, L, D)
Package B: 1 overnight & 2 meals \$ 90.00 (1 Night, L, D)
(can be either Fri/Sat or Sat/Sun)
Package C: Saturday only 2 meals \$ 60.00 (Sat. L, D)
T-shirts and sweatshirts will be turquoise with white print with the logo. If you are not able to make it for the weekend, you are still able to order the clothing.
Flyer is on the website. <u>http://www.iowa-al-anon.org/</u>

# THE REGISTRATION DEADLINE IS SATURDAY AUGUST 31, 2024.

**By-Laws Update:** The Chairperson shared the report and it is available on the Iowa Website. <u>http://www.iowa-al-anon.org/</u>. The By-Laws next meeting is August 25,2024. There will be a final report for the By-Laws update in 2025.

<u>Area Inventory Update</u>: Alternate Delegate shared an update that 92 people responded to the survey. The results of the Iowa Area Inventory will be presented at the Fall Assembly in Sioux City. Here are some tidbits from the 2024 survey:

Regarding the Newsletter, 90 people responded. 37 received the newsletter, 12 were not sure, 30 did not receive, 12 had previously received. 4 stated that the newsletters were not available at their meetings. 38% did not know that the newsletter could be emailed to them. Lastly, 55% thought that three times a year was sufficient for publication.

Regarding the website, 92% have visited the website. There were some concerns that the website was not updated as needed. It was mentioned that the same information originally from the newsletter could easily be posted on the website for reference.

As we all know, the Area has struggled in regarding to finding a Coordinator for the Newsletter position. The above information is valuable as to how we can continue to have clear communication and resources available for all members and groups. More will be revealed when we present the full inventory at the Fall Assembly. Members of this committee are: Area Alternate Delegate, Area Treasurer, Area Archives, Past Delegate and 2 District Representatives.

#### New Business:

<u>Salon Series:</u> Save the date Sunday, October 27, 2024 at 6:00pm. Topics will be Drive, Docs, Forms, Sheets. This will be a virtual salon. Everyone is welcome to join. The Flyer will be on the website. https://drive.google.com/drive/u/0/folders/1csYTE9qUxEiiBw94DYEsd823jA-DrJpG

**Spring Assembly 2025 Agenda:** The Chairperson shared that the 2025 Spring Assembly will be June 13-15,2025 in Clear Lake, Iowa. There was some discussion on the agenda and what people are wanting to see for the workshops. Some of the ideas that were discussed were the Website, voting procedures, Concepts, Step work, more personal to Al-Anon. The principals, Conflict resolution, Alateen, how to do a budget, hidden norms and put it with the election procedure. It was decided to think about the ideas and to discuss this further later.

<u>Area Archives:</u> The Archivist shared that the Iowa Archives were stored in storage totes and some of the archives got wet with the flood that happened in June. Thankfully most of them were saved. This resulted, in a discussion of creating a Task Force to get the archives on electronic form. The Area Archivist will lead the Task Force. The Area Chair will work with the officers to create the charge.

**<u>Reconnecting with Unrepresented Districts</u>**: There was a Power Point Presentation given by the Task Force Committee. This Task Force shared the three components of their charge.

- 1. Outline ways to understand the organization of groups in unrepresented districts and how/if these groups communicate and stay connected without a District Representative.
- 2. Identify information about the Area and our links of service that Districts might find beneficial in helping them understand the value of connecting with the Area. Suggest ways to share this information.

After reviewing our KBDM, we decided to find out some of the information that we knew we didn't know by sending a survey out to the districts without a DR. (Districts 1,4,5,6,10,12,14,15). We received responses from Districts 1 and 4 and one unknown district.

Our goal was to find out how they stay organized without a district representative and what information they might wish to know more about, etc. We knew from the Thought Force that districts still donated money to the Area and the WSO even though they didn't have a DR so we knew they were receiving information of some kind.

They shared their results of the survey.

3. Provide ideas for opportunities to connect with unrepresented districts that can be used to foster growth and increase awareness of the benefits of staying connected at all service levels.

We were hoping to reach potential members in District 15 which doesn't have any Al-Anon meetings. This is the Area we want to hone in on today. After brainstorming, we wanted to present the idea of meeting our members where they are at by holding two physical events in different places next year. The Workshops could coincide with our AWSC meetings and be held on the afternoon prior to our AWSC meeting. Topics would be areas of interest that our GRs indicated they would like to know more about, especially Alateen and Public Outreach. An inspiring speaker to help members identify with the healing power of stepping into a service role, as well as outline the way the role of DR (and all service positions) helps to unify a district and in turn the Area would be another beneficial addition. We felt the Area might have the most success if we tried to connect with Districts 1, 4, and 14 since they have most recently been without a DR. Holding events in Fort Dodge and Waterloo would make travel from surrounding districts easier. We would generate a Get in the Car campaign, perhaps reaching out to some of the past DRs from districts and ask them to join us.

The power point as shared to google drive for you to view. This Task Force consists Chairperson, Past Delegate, and the Public Outreach, Group Records and Alateen Coordinators.

There was discussion about trying different Districts for the AWSC meeting.

Consensus was taken and approved on having the March AWSC in Marshalltown, August AWSC will be held in another location with a workshop on the Saturday preceding it.

<u>Ask it Basket/Review Questions</u> We discussed revamping the website since it's been quite a few years since it was fully updated. Would/Could this be professionally done or is there someone within the fellowship with the skills and capability to assist?

Meeting closed with declaration at 12:34pm

Respectfully Submitted,

Tracy H. G. Iowa Area Secretary

#### DATES TO REMEMBER:

AREA CALENDAR August 20, 2024-September 20-22, 2024 October 11-13, 2024 December 1, 2024 January 12, 2025 March 9, 2025 June 13-15, 2025 August 10, 2025

Newsletter Deadline Iowa Serenity Weekend, Manson, IA Fall Assembly, Sioux City, IA Gratitude and Joy - VIRTUAL AWSC Meeting - VIRTUAL AWSC Meeting - Hampton Inn, 9am, Marshalltown, IA Area Assembly - Clear Lake, IA AWSC Meeting - Hampton Inn, 9am, Marshalltown, IA

<u>Iowa Al-Anon Literature Depots</u>: District 7

939 Office Park Rd. Suite 113 West Des Moines, IA 50265 515-277-5059 www.al-anondesmoines.org District 1 2801 Jackson St. Sioux City, IA 51104 712-255-6724

<u>Iowa Information Centers:</u> Ames - 515-233-6312 Des Moines AIS/LDC – 515-277-5059 Sioux City AIS/LDC – 712-255-6724 Iowa Area Website: <u>www.iowa-al-anon.org</u>