

2024 October Fall Assembly  
District 8 Report  
Mary H.

Greetings from District 8!

We are gearing up for our Annual Fall Festival fundraiser, which is happening on Thursday November 14th, 2024, at Cedar Hills Community church in Cedar Rapids, IA. We plan to have dinner and hold a silent auction along with a bake sale. Linda and Jim H will be our Al-Anon and AA speaker for the event. Flyers are available on our District website.

Al-Anon speaker meetings have been a great success in our district. We are finding this is an excellent way to grow our groups and build the local Al-Anon community.

We are currently working on sending our District Group Representatives the Al-Anon booklet "Conflict Resolution Using Our Twelve Traditions" (S-72)" to inspire unity among members.

Currently we have 11 registered in-person Al-Anon meetings and 1 Alateen meeting each week. We continue our participation in the monthly Area Substance Abuse Council's Family Night.

For more District 8 meeting information please visit <https://www.cedarrapidsareaal-anon.org/meetings/>

Together in purpose!

Peace and blessings,

Mary H.  
DR District 8