

Greetings from District 13!

We recently partnered with the Iowa City Midwest Group of AA to host two events on Sunday, Sept. 22. At 3:30 pm a potluck picnic in Lower City Park was held right after the weekly AA volleyball match with about 40 attendees, lots of food and good fellowship between our programs. At 7:00 pm we also co-hosted a special speakers meeting at Zion Lutheran church with Lisa G (Al-Anon) and Jeff G (AA) from District 8 as the guest speakers, who both inspired us with their recovery stories of experience, strength and hope. Coffee and cake were served, with about 40 members of the recovery community also attending that event.

Our Thursday AFG meeting continues to host a birthday night celebration at 7:30 pm on the last Thursday of each month, with anniversary chips given to members who also are invited to share their recovery stories from the last year. In July we had three speakers who each got their 1-yr chips, and in Sept. we passed around and blessed a 51-yr chip for one of our members who can no longer make it to meetings. The fellowship of Al-Anon in District 13 spans a lot of years, with everyone's story being equally unique and shared-in-common.

Respectfully submitted,  
Gail H., Member