

Our Area will hold a Service Workshop on March 8th, 2025 in Marshalltown at the Community College. The day is focused on a variety of topics that emerge from your suggestions.

In 2023 Assembly workshop topics included Sponsorship (Service and Personal) and the Roles and Responsibilities of Group and District Representatives, Public Outreach, WSO At Large Committees and Knowledge Based Decision Making. We held two online Salons for GRs and interested members. Salon A walked GRs through both the WSO and the Iowa Area Websites. Salon B provided ideas for how to conduct a business meeting, what to share in your reports to your groups, GR expense reports and what to expect at an Area Assembly. These powerpoints are available for review and to share at a district meeting.

Our 2024 Service Workshop highlighted abundant thinking, including finances and how to create a budget; Self-Care in Service and a Professional Panel that outlined the long term effects of the family disease of alcoholism and the important role Professionals play in referring members to Al-Anon and another dive into Public Outreach. At the June Assembly we explored Conflict Resolution and highlighted our daily readers including our new book, *A Little Time for Myself*.

Our virtual Salon's were launched in 2023 and provide us the ability to work together from any place, anytime. In addition to the GR/DR workshops, we looked at the KBDM process and will host a tutorial on using google drive and documents later this month.

These ideas arise from the topics you shared last October and March through our surveys. The March 2025 Service Workshop is a time to explore topics YOU want to know more about. Please prioritize this list in order of your favorite by noting 1 (best) through 7(least). Please write in additional ideas at the bottom of the space below.. Your input will help us create a workshop that leaves you informed and empowered in your service role and personal recovery.

Service structure beyond the group level	
Voting Procedures (We will vote in new Officers next year.)	
Attracting members into service.	
Diversity, Inclusion, Equity	
Hidden Norms (You don't know what you don't know.)	
Traditions Workshop	
Inspiring Speaker	
Other ideas:	