

2024 March AWSC  
District 8 Report  
Mary H.

Greetings from District 8!

District 8 is holding its annual Spring Fling at Cedar Hills Community Church in Cedar Rapids on Thursday, May 2<sup>nd</sup>, 2024. We are still in the planning phase of this event; more shall be revealed as the planning committee gets underway.

Public Outreach is working on distributing Al-Anon “ready packets” to doctor offices, waiting rooms of various business’s, local schools, etc.

A thought force was created to work on updating District Chair and Officer position (s) descriptions with the goal to have these role descriptions current and concise.

Our meetings are currently being held in-person April – October and will Zoom November – March. We are presently considering venues for our District in-person meeting once it starts up again. We did have some changes in officers and GR’s, but currently have District positions filled. We continue to encourage members to “get in the car” together and travel to various events to build participation, harmony, and community.

District 8 plans to continue our participation during Area Substance Abuse Council’s Family Night which is held monthly. We have found this is a great way to get the Al-Anon message of our experience, strength, and hope directly to families. Several of our current members first heard of Al-Anon at this event.

Currently we have 11 registered in-person Al-Anon meetings and 1 Alateen meeting each week. For more District 8 meeting information please visit <https://www.cedarrapidsareaal-anon.org/meetings/>

Together in purpose!

Peace and blessings,  
Mary H.  
DR District 8