Hi everyone,

Welcome to District 11, Dubuque, IA. I have been hard at work adding events and activities on the Calendar page. Please make sure you check and see what fun events are happening in our Area and the Districts around you. Remember, if you want to share your district events you can send them to <a href="web@ia-al-anon.org">web@ia-al-anon.org</a> and I will add them to the webpage ASAP.

If you are looking for an area coordinator the best place to start is with our Contacts page. You have access to email anyone who is in service, to get some support. If you are visiting a different city in our area, be sure to look for a meeting to enjoy while you are there. You can find that information on the Meetings page. If staying at home and watching the wind blow around the leaves, maybe an online meeting is more your speed, be sure to join an online meeting.

All of this plus more is available on our lowa-Al-Anon.org.

Yours in service,

Jamie V.