

Hello,

As I write this, my last Assembly report as Alternate Delegate, I ask myself how does time go so fast? I can't believe three years have gone by. It seems like just yesterday we were starting our term and now we are preparing to turn it over to someone new and move on ourselves. It is always a growing experience when I serve AI-Anon. I hope each one of you GR's DR's Coordinators and Officers has had the opportunity to have grown this term as you served. I am so greatly appreciative of the opportunity to have served as your Alternate Delegate. Thank you for your confidence in me.

"A Moment of Clarity" Fall 2022 Assembly in Spencer is here! Thank you to our speakers Gabe P, Beth K and Connie H. Also, a big thank you to our AI-Anon co-chairs LuAnn T and Tracy H.G.

The Spring 2023 Conference will be at Grinnell College in Grinnell Iowa. Carolyn S, Cedar Rapids will be the chair and Carrie F Cedar Rapids is co-chair. Don B. Neenah, WI will be our AI-Anon Luncheon Speaker. Cheryl T, Cedar Rapids will be our Sunday Morning Spiritual Speaker.

The Fall 2023 Conference will be held in Dubuque Oct 13-15,2023 the Best Western Plus hotel.

The Forum

Forum sales are slowing down again with only 340 subscriptions for August. Please remember to renew your subscriptions. It also makes a great gift to give someone a subscription.

Please continue to send in your sharing's. I love to see Iowa published!

Grateful for Service,
Missy Y
Area Alternate Delegate