

District 8 has scheduled its Fall Festival for Thursday, November 10th at the Cedar Hills Community Church with speakers, dinner, silent auction and bake sale planned. A flyer is out. Speakers are AA – Kelly F., Cedar Rapids, Al-Anon – Tricia K., Cedar Rapids and Alateen – Riley, Manchester. Meal will be lasagna and garlic bread by Zio Johnno's plus salad. Alateen to sell pop and water bottles.

We have been focusing on service positions and groups are electing new GRs, Alt GRs, Treasurers, etc. for next term. Mary H. will be District 8, DR and Dianna H. will be Treasurer. Need to fill Alt DR and Secretary. Some chair positions have been filled.

Public Outreach worked with a vendor in Cedar Rapids to print and mail out a small advertisement in the community's ValuPak which gets mailed to residents in Cedar Rapids and Marion. We have mailed to six zones to date. We are hopeful that we can track to determine if this was a successful way to get the word out about Al-Anon.

Most meetings in District 8 are back to in-person meetings. We have one splintered meeting and one meeting in person first of the month, then rest of the month is via Zoom. Two meetings did not survive the aftermath of the pandemic and are closed at this time. We had a new physical meeting start in February which runs concurrent with the AA meeting in the same location on the 2nd and 4th Tuesday of the month at 6:30 p.m. which seems to be doing well. We also have a new electronic meeting which started on July 7th and will be held every Thursday at 6:30 p.m. You can find District 8's meetings here: <https://www.cedarrapidsareaal-anon.org/meetings/>

District meeting is meeting in-person April – October and will Zoom November – March. Also encouraging people to "get in the car" to various events. Six people attended Serenity Weekend from District 8.

I am Co-chairing with Carrie F. (GR of Mt. Vernon's Saturday meeting) the 2023 Spring Assembly committee for Al-Anon. We have been meeting with the AA Committee once a month. We have identified the speakers as follows: Al-Anon's main speaker is Don B., Neenah, WI, WSO Trustee and Sunday's spiritual speaker is Cheryl T., Cedar Rapids, IA. The assembly will be June 9-11, 2023 at Grinnell College in Grinnell, IA. Flyers are out.

Yours in Service,

Carolyn S.
DR District 8