

Al-Anon Family Groups & Alateen Meeting Schedule

District 4: Black Hawk, Grundy, Butler, Bremer, Floyd,
Chickasaw, Mitchell & Howard Counties
Local Al-Anon Hotline, Answered 24 hours
319-291-3660
al-anonneiowa.org (District 4)
iowa-al-anon.org (Iowa)
al-anon.org (worldwide information)

Al-Anon Family Groups & Alateen:

- Is open to anyone who feels his or her life has been or is being affected by close contact with a problem drinker.
- Is not affiliated with any religion; some meetings meet in religious buildings because of the affordable rent but are not affiliated with the church that meets there.
- Is anonymous – anonymity is the cornerstone of the Al-Anon program. What is said in meetings and member to member must be held in confidence.
- Is entirely self-supporting through the members' own contributions.

Notes

Meetings are one hour

All are handicapped accessible

Concurrent AA - Concurrent Alcoholics Anonymous meeting meets in another room at this time and location

AFG – Al-Anon Family Group (all are Al-Anon Family Groups welcome to anyone who has been affected by another's drinking, no matter what the relationship is)

SATURDAY

9:00am Cedar Falls: Literature Study

St. Stephen's
1019 W. 23rd Street
Park behind the church or in the lot SW
of 22nd and College Streets

Concurrent AA

*Hybrid, can also join online:
[Click here for link](#) or go to zoom.com, enter:
Meeting ID: 304 751 0675
Passcode: serenity

8:30pm Cedar Falls: Miner School II

2513 Center St.
The one-story white building with
red window trim north of Casey's.
Concurrent AA

SUNDAY

7:00pm Waterloo: Newcomers

Currently online; [click here for link](#).
Or go to zoom.com and enter:
Meeting ID: 859 4762 3783
Passcode:848325

7:00pm Waterloo: Alateen

Email iowadistrict4afg@gmail.com
for information

8:00pm New Hartford: Rainbow AFG

Martin Memorial Library
406 Packwaukee St.
Concurrent AA

MONDAY

6:30pm Cedar Falls: Serenity Seekers

Step Study

Cedar Heights Presbyterian Church

2015 Rainbow Dr.

Concurrent AA

6:30pm Decorah: Decorah Monday Night

Good Shepherd Lutheran Church

701 Iowa Avenue

(in District 5, but close to our District 4)

7:00pm Cedar Falls: Al-Anon AFG

St. Timothy's United Methodist Church

3220 Terrace Dr.

TUESDAY

10:00am Waterloo: Morning Glory

Access Evaluations and Education

3640 Canterbury Court

7:00pm Grundy Center: Holland AFG

Orchard Hill Church

1800 G. Ave.

Concurrent AA

7:00pm Waterloo: Friendship Group

Access Evaluations and Education

3640 Canterbury Court

Hybrid, can also join online: [click here for the link](#).

Or go to zoom.com and enter:

Meeting ID: 629 606 937

Passcode: Friendship

7:00pm Charles City: Hope House

805 Wisconsin St.

Concurrent AA

WEDNESDAY

7:00pm Independence: Downtown AFG

St. John's Church

209 5th Ave. NE

Concurrent AA

THURSDAY

7:30pm Evansdale: Evansdale AFG

St. Mark's Methodist Church

610 Evans Rd.

Concurrent AA

FRIDAY

Noon Waterloo: Free to Be Me

Westminster Presbyterian Church

1301 Kimball Ave.

--Updated October 6, 2021--