



IOWA REACHES OUT

AUGUST 2021

DELEGATE REPORT

I enjoyed pairing up with Jean to attend the virtual Chairperson of the Board (COB) reveal yesterday during the Service Workshop. The next release event will be on November 6, during Serenity Weekend. It is surprising to be living a reality where we can literally be two places at once! At the end of my report, I have included some key points from the COB event August 7.

ELECTRONIC GROUPS

Thank you for attending the virtual Town Hall on July 14. We are so fortunate to be an Area that can incorporate technology into our business operations. Though it is uncomfortable at times to grow and stretch in this realm, we seem to consistently offer each other the grace and compassion that our principles embody, and we are better informed due to our efforts. I sent the DR's and AWSC my full report, minutes from our breakout groups, and the supporting PowerPoint document. Now that our information foundation is in place, we can advance our understanding of the technical details of possibly incorporating the electronic groups into our Area structure and explore new questions at the August AWSC meeting. In reviewing the minutes from our breakout groups, at first glance, the repercussions of incorporating E groups into our structure are financial, technological, logistical, and linguistic. There is always the option to continue to house the electronic groups in the Electronic Area. I am excited to hear about any discussions the DRs have had with their members since the Town Hall. The power of a group conscience is strongest when it is fully informed. I include the general time frame so that we can stay organized in our efforts to be educated.

- August 8, 2021 – AWSC meeting – DRs bring unanswered thoughts/questions from GRs
- October 9, 2021 – Assembly - GRs discussion and consensus to determine if Iowa would benefit from including electronic groups into our Area structure.

IF the GRs vote to include electronic meetings into the Iowa Area service structure, then:

- January 2022 – AWSC – Develop a KBDM thought force to explore Area procedures for admitting electronic groups.
- March 2022 – AWSC updates on our Area processes/questions/concerns
- April 2022 – Delegate to WSO to vote on new electronic Area
- June 2022 – Assembly – Update groups on the WSC vote and discuss the future of E meetings

ENVISIONING OUR FUTURE

During the June Assembly, I reported on the WSO's Strategic Plan, including shorter-term goals and long-range visions. See the World Service Conference Summary on the AI-Anon.org website. To highlight the importance of looking ahead, I brought to the Assembly details of a Thought Force created for the WSC called Dreaming Big – Envisioning Our Future. Our physical Assembly attendees participated by sharing in the presentation. Our small group breakouts included all attendees and allowed us to explore our goals for our groups as we return to Face to Face meetings and other current topics.

UPCOMING EVENTS	
October 8 - 10	Fall Assembly, Embassy Suites on the River, Des Moines
October 23	<i>Road Trip! You and your Board Connect</i> Cleveland, OH
November 1	Iowa Reaches Out Newsletter Deadline
November 5 - 7	Serenity Weekend, Twin Lakes, Manson, IA
2022	
January 15	Service Workshop, Marshalltown, IA
January 16	Iowa AWSC Meeting, Hampton Inn, Marshalltown
February 1	Iowa Reaches Out Newsletter Deadline
March 12	Serenity Weekend Planning
March 13	Iowa AWSC Meeting, Hampton Inn, Marshalltown
March 18-20	USNCR Delegates Meeting, Indianapolis

This segment was intended to help us launch our awareness into envisioning a future with electronic groups as a part of the World Service structure. The power and need for active GRs feels even more pertinent now as we highlight the role of the Group Representative as a fundamental shift in the change from electronic meetings to electronic groups. The Service Manual says it best, "These are the direct agents of the Al-Anon groups; these are the indispensable links between our fellowship and its World Service; these are the primary representatives of Al-Anon's group conscience. When choosing GRs, Al-Anon groups should keep these facts in mind. It is only the GRs who, in District or Assembly meetings, can name DRs and finally name the Delegate....Groups without GRs should be encouraged to elect them" (p194).

Our AWSC is only as strong as our districts, and the districts as strong as their groups.

Concept 9 from the Service Manual reminds us that good leadership cannot function well in a poorly designed structure. (p193) and a good leader implements plans and policies for the improvement of our fellowship (p 195). Planning for improvement of both the Assembly and our groups is the primary function of the Iowa Area World Service Committee (AWSC). The possible inclusion of electronic groups returns me to the idea of redistricting. Would our unity be strengthened if our district boundaries were updated to reflect our current membership and group locations? I asked the WSO for a list of District Representatives from the last seven terms in hopes that an accurate view of the data might provide a broader perspective of places in our Area that have been less engaged globally. I completely understand that these districts are functioning at their comfort level, but when I look at it as a puzzle, I see some pieces missing. I can't help but look for those missing pieces! You will notice some of the dates don't coincide with our panels. Please let me know if you have more accurate information. Our discussion today will revolve around these topics and hopefully more. I am in awe of the forward-thinking happening at the World Service Office. Our Chairperson discussed that much of the Board meetings are focused on generative discussion at the beginning of their meetings and operational items come at the end. I understand that our Board is dreaming big, envisioning the future of Al-Anon Family Groups, and we are doing the same at our Area level. It feels so good to be serving during this expanding time.

The WSC call offered time to receive more profound insight into the reports emailed out a few days in advance. The COB, Policy, CLT, and Finance reports will

Finance – Gratitude and Consistency

Year to Date (YTD) June 2021	YTD Actuals	YTD Original Budget	Total Original Budget	Revised Budget
Revenue				
Literature Sales - net	\$918,415	\$831,585	\$1,924,400	\$1,993,000
Contributions	\$1,261,535	\$1,373,092	\$2,882,110	\$2,543,535
Other Income	\$330,771	\$292,500	\$585,000	\$563,600
Total Revenue	\$2,510,721	\$2,497,177	\$5,391,510	\$5,100,135
Total Expenses	\$2,493,674	\$2,732,645	\$5,465,290	\$5,333,888
Net Increase (Dec)	\$17,047	\$(235,468)	\$(73,780)	\$(233,753)

be released for sharing once they have been translated into French and Spanish. Here are the takeaways that I hope might aid you in sharing information with your districts and the groups you attend.

The WSO revised its budget for the second year in a row. This is not typical for our organization and occurred in response to the financial unpredictability of 2020.

Income - The revised budget sees the WSO making just a bit more in Literature sales while expecting a deficit in Contributions. (Literature sales net -equals income after printing costs.) Year-to-date literature sales are up by \$86,831, while contributions are below expectation by \$111,557. Consistent contributions help the WSO to meet its trimmed budget.

Expenses – YTD Actual expenses were less than budgeted because staff positions have not yet been filled. Sarah S, our Missouri neighbor, will be taking over for Marcia W, Director of Programs, after Conference next year. We welcomed her into our Iowa tribe at the International in Baltimore, and she also spoke at our Assembly in Davenport during the last term. I look forward to seeing what her unique and enthusiastic spirit will bring to the Office.

The overall deficit to date equals approximately one month of member contributions or 15 days of expenses. Cindy M, the Treasurer, emphasized that her message is one of COB

attitude and Consistency. A consistent donation to meet the basic cost of supporting a group is a good target. In April, the WSO told us that it cost them \$263 to offer basic support. A list of how funds, received at the WSO, are disseminated is on the back of the appeal letter.

Iowa has averaged \$76.85 per group from January to June 30 in 2021, during which 67 groups donated \$5,149.62. This was sent to the DRs this week. Please review this with your groups at your district meeting and ask them to consider passing excess funds to the

WSO to help them meet their primary goal of helping families and friends of alcoholics.

Marianne B, Policy Chairperson, reported that a new task force is forming to focus on Public Outreach in Relation to Social Media, emphasizing the importance of the word 'local' in the expanding reach of a global world. In addition, two extant Task Forces continue to work on Announcing Events and Local Services. Updates on all three will be available in October.

Speaking of keeping it local while thinking global – Jean L., will be involved with the European Zonal Meeting (EZM) which is being held virtually from September 3-5, 2021. The International Coordination Committee is planning the International Al-Anon General Services Meeting (IAGSM) which is scheduled to take place in London from October 13-15, 2022.

ALTERNATE DELEGATE

Hello,

We had a good turnout for the Spring Assembly in Storm Lake. There were 58 Al-Anon and 4 Alateen in attendance. It was a nice facility, and people were happy with it.

The Area Inventory returned 51 electronic responses and one paper response. The committee will review the results and prepare a presentation to be presented at the fall assembly. Thank you all for your participation.

I am looking forward to the Fall Assembly Oct 8-10, 2021, at The Embassy Suites-Downtown Des Moines. Our co-chairs and their committee on busy planning for a great weekend for us. You can register online at <http://area24fallconference.cheddarup.com>, or you can send a check to the address on the flyer. Registration is \$23 in advance or \$28 at the door. Our Al-Anon luncheon speaker will be Betty A, Mankato MN, and the Sunday morning Spiritual speaker is Lisa S from Pleasant Hill. Our Alateen speaker will be chosen later. I encourage you all to attend.

District seven will also host the 2022 Spring Assembly, only in Creston at Southwest Community College. The 2022 Fall Assembly will be in Spencer at the Clay County Events Center hosted by District 2.

The Forum

Forum Sales continue to decrease each month. Our June sales were 338, and July was 332. Please share with your groups the importance of personal subscriptions. Also, consider an individual monthly subscription for yourself or a friend or relative. The magazine is published in both paper form and Elec-

If you want to travel and are keen on more service, keep your eye on your inbox on August 11. The WSO is releasing the registration information for the Meet the Board event in Cleveland, OH, on October 23. There is an opportunity to put in a bid to host a future meet the Board event, but at this time, I'm not sure Iowa, which sounds an awful lot like Ohio, would be a top pick. Can anyone say Aloha?!

The Conference Leadership Team (CLT) presented the Board with the theme Enhancing our Recovery through Abundance, Unity, and Understanding for next year's WSC, which the Board accepted. I hope you will join me in setting this intention for your district and our Area as we continue to Move Forward with Unity, Courage, and Perseverance.

With consistent gratitude and appreciation for you and our fellowship,

Katy P
Iowa Delegate/Panel 60

tronic Subscription. There is a paper order form in the back of any issue. Or you may order online at the Al-anon Store at al-anon.org.

Grateful Servant,

Missy Y
Alternate Delegate

CHAIR

Hello and Welcome August!

We will have completed our Service Workshop on Concepts and the August 8, 2021 AWSC meeting – I hope you could join us at the Service Workshop!

The Fall Assembly at Embassy Suites Downtown, Des Moines, IA, is coming up in October- October 8-10, 2021. A flyer is on the Iowa Website.

Al-Anon Assemblies is a meeting to be held to transact all necessary Area business pertaining to Iowa Al-Anon. Iowa Al-Anon has two assemblies every year – Spring (June) and Fall (October). Iowa Al-Anon attends as guests of Iowa AA at their Spring and Fall Conference. During the Assembly, we hold service-related workshops; during the Saturday luncheon, we have Al-Anon speakers and Alateen speakers. In the Spring, we hear from our Iowa Delegate after attending the World Service Conference; and the Election Assembly for Officers and Coordinators takes place every third year Fall Assembly.

Group Representatives (GRs) play a big part in the Assembly. GRs are our voting members at Assembly – it is the time to take back information and share it with your groups.

I hope you plan to attend the Fall Assembly in Des Moines – October 8-10, 2021.

And a reminder – in November is Serenity Weekend. I'm excited to experience Twin Lakes Camp during the Fall. Please join me! The flyer is on the Iowa website under 'calendar.'

Calendar – Iowa Al-Anon/Alateen (iowa-al-anon.org)

See you all in October and November!

Virginia B
Iowa Area Chair and Member

SECRETARY

Hello everyone!

I sure hope everyone has shared the minutes with their groups and districts. So many things have been happening in Iowa, and the minutes are a great way to share the news. Iowa is on the move with many items, and if there are any questions on anything, please reach out to your DR for explanations.

I have moved, and I am now a member of District 2. I will be sending out my new address on the CMA list that your DR will have if you need it.

Take care, everyone, stay safe, and enjoy your TO-DAY!

Life is good,

Becky V
Area Secretary

TREASURER

Hello Everyone!



Thanks for all the group and personal donations this year thus far! They are much appreciated and used to support Iowa Al-Anon.

I am looking forward to seeing everyone at the Fall Assembly and the Serenity Weekend. Don't forget to register for both. Remember, you can pay for the Serenity Weekend via PayPal on the website if you want.

I have been working with individual groups who continue to send donations to the wrong address. This seems to be working well in eliminating stray group donations that could easily get lost in the mail. Please take note that all donations should be mailed at 2668 Millstone Dr., Dubuque, IA 52002.

I will be updating my spread sheets regarding group donations and forwarding to DR's in the near future as needed.

See you soon! And thank you for all the service work you do!

As Always – Willing to grow in service ---

Linda A
Area Treasurer

COORDINATOR REPORTS

ALATEEN COORDINATOR/ AAPP REPORT

Hello,

It's good to be back sharing the news about Alateen. As always, I have a heart full of gratitude to the AMIAS in Iowa who have stayed certified and to those who have just become certified. Thank you for caring about our children who have been affected by the family disease of alcoholism. Bye, the bye Iowa's AMIAS were all recertified before the WSO cutoff date. Thank you, AMIAS, for keeping Iowa Alateen alive.

Postponement of the Area Alateen Serenity Weekend to May 6-8, 2022

Due to our Alateen meetings just reforming after our year of Covid, the Iowa Area Alateen Serenity Weekend was postponed until May 6-8, 2022. Camp

Wesley Woods has been very generous in moving our deposit, yet again, the date we selected will allow us to have all the facilities that we usually use. I'll look forward to seeing some of you at our next Area Alateen Serenity Weekend!

Revision to the Alateen Preamble to the Twelve Steps

The 2021 World Service Conference (WSC) approved the following revision to the Alateen Preamble to the Twelve Steps, which now reads:

"Alateen, part of the Al-Anon Family Groups, is for young people who have been affected by alcoholism in a family member or friend. We help each other by sharing our experience, strength, and hope.

"We believe alcoholism is a family disease affecting everyone emotionally and sometimes physically. Although we cannot change or control the alcoholic in our lives, we can detach from their problems while

continuing to love them.

"In Alateen, we focus on our own program rather than outside issues such as religion, politics, social media, or other Twelve Step programs. There are no dues for membership. Alateen is self-supporting through its own voluntary contributions. Alateen has one purpose, to help young people affected by someone else's drinking. We are careful to protect each other's anonymity and that of all Al-Anon and AA members.

"By applying the Twelve Steps to ourselves, we begin to recover from the effects of the family disease of alcoholism mentally, emotionally, and spiritually. This allows us to encourage our alcoholic relatives and friends and to give hope to other teens." (Communication will be forthcoming on how to insert the new Alateen Preamble.)

Alateen Just for Tonight bookmark

The 2021 WSC also approved creating an Alateen version of the Just for Tonight bookmark. So please ask your Alateen groups to send in suggestions, as the content of the new bookmark will come from the Alateens.

Sharings from Alateen Group Sponsors in The Forum

There is an Alateen page in The Forum, and that page always has a sharing from an Alateen group sponsor. I'm planning on sending in my sharing this month and would love to have other Iowa Alateen group sponsors send in their sharing as well. Of course, why not have a The Forum Alateen page sharing writing exercise as part of your Alateen meeting?!

Lorraine R
Area Alateen Coordinator/AAPP

GROUP RECORDS

Hello everyone,

I hope that everyone is enjoying their summer! There has been a lot of activity the last couple of months with all the new updates from Groups!

I have an AGCR conference call on August 28 to get information on electronic groups and records.

When you send the updated group record information, PLEASE include the group number, group name, and district. This will help make the process easier and minimizes the possibility of group records missing important changes.

One way to verify your group information is

available, place yourself as a newcomer and try to find a meeting in your location via the Iowa Al-Anon site (iowa-al-anon.org). Did you find your group? Was everything there that needs to be? Will the newcomer or other Al-Anon member find you? Will they find hope and help available through an Al-Anon meeting?

Up-to-date group information helps members and newcomers find a meeting when they need one!

If there are updates or you have questions regarding group records, feel free to contact me via email at thggr2023@gmail.com

See everyone real soon!

Tracy HG
Group Records



LITERATURE

Hello everyone, the World Service Office (WSO) announced the electronic rendition of the Al-Anon Newcomer Packet (EK-10) is now available. The Newcomer Packet (K-10) is undergoing revisions and will be reprinted as soon as the copies in the warehouse are sold.

We have two pieces of literature that will undergo some changes; the Dilemma of the Alcoholic Marriage (B-4) will now include a preface giving it a historical perspective and could have new content. Secondly, our first daily reader, One Day at a Time in Al-Anon (B-6) from 1968, will have an introduction providing a historical outlook while maintaining the enduring spiritual principles of Al-Anon.

Alateens can look forward to a new bookmark based on the Just for Tonight Al-Anon Bookmark (M-81). The teens will be asked to provide the content.

Our Members Blog can be found at al-anon.org/member-blog. If you have not read or written a sharing, please consider visiting this site. Remind your members that new topics are added each month, including the Steps, Traditions, and Concepts of Service.

"Cal Corner" Topics: this department is featured each month in our Forum magazine. Its sharings are from members on how a particular piece of literature has enhanced their recovery.

Members have a chance to share how Cal literature has helped them in their recovery on "CAL Corner." Sharings needed are on Al-Anon's Twelve Steps & Twelve Traditions (B-8), Living Today in Alateen (B-26), Discovering Choices (B-20), and Opening Our Hearts, Transforming Our Losses (B-29). Please see the

writing guideline for "CAL Corner" in the Guidelines & Procedures folder under the "Library" folders in the Literature Coordinator community of AFG Connects or at: al-anon.org/pdf/CALcornerSharingRevised%202018.pdf.

Yours in Service

Mary E
Literature Coordinator

PUBLIC OUTREACH

Greetings from Public Outreach!

I attended a Public Outreach Collaboration via zoom on June 12 that was interesting and informative. I came away with a few more ideas to share with other PO Peeps and for use in my district. The best thing I took from the meeting? A lighter heart. It is always beautiful to be with others who share their love of Al-Anon and enthusiasm for giving back what was so freely given to them.



These same coordinators are planning a Public Outreach Workshop via zoom on July 31. Louisiana Public Outreach is hosting the July 31 zoom, and this time, the schedule includes Alateen coordinators. This enthusiasm stemmed from the WSO Public Outreach conference call in February.

I'm super excited about the next WSO Public Outreach Call in August! Have you been hearing or seeing the Al-Anon PSA on air in your district? The most current data on self-reported number of plays runs from 8/25/2020 – 7/10/2021. The last report through 5/15/2021 showed total plays in Iowa at 1,642; now, there are 1,808. So, in two months there were an additional 166 plays. The most significant exposure (by far) is in the Cedar Rapids, Waterloo, Iowa City & Dubuque DMAs. They have 1,247 plays which are up by 52 in two months. The most significant jump in plays is in Davenport, Rock Island, and Moline DMA at almost 100 plays in 2 months. If you would like a list of these stations, please contact me.

The World Service Office will begin a new Public Outreach campaign next month. The new campaign will include a new PSA that includes actual members' stories shared while completing the 2018 membership survey. This new PSA will be on the benefits of Al-Anon.

Public Outreach chairs across Iowa have communicated through a POP's (Public Outreach Peeps) email exchange. I've learned what districts are doing in their communities. I am planning a

Saturday afternoon zoom in late August for Iowa Public Outreach. The plan is to share what others are doing for public outreach and share information from the WSO Public Outreach call. If you know of anyone doing public outreach in the districts that do not have a DR, please have them contact me or give me their contact information.

Last, if you or anyone in your groups would like help with group or district public outreach, please contact me as I would be delighted to help. You can email me at a18d9po@gmail.com.

Yours in Service,

Michelle K
PO Coordinator

WEBSITE

The Website continues to try to keep up with the rapidly changing meetings in this time of COVID-19. Thank you to all the members who continue to provide updates as the meetings adjust to the changing pandemic.

The searchable Meeting List tab has been updated and continues to be a valuable resource for meetings in Iowa. However, the most current information for virtual meetings is listed on the District Schedules tab. A comprehensive spreadsheet is proving more difficult than anticipated with the rapidly changing meetings. Stay posted to your Iowa website for updates.

The Store is up and running with four completed orders to date. Please look on the Store Tab for the Serenity Weekend registration, T-Shirts, Sweatshirts, and Tote bags. Paypal is the method available for payment by credit card. It is a free option. Members are not required to open a Paypal account, or utilize credit from Paypal. Members have the option to enter their credit card information or may use Paypal's "guest" option.

Flyers and information for the Fall Assembly are posted. Spring Assembly reports remain accessible to members along with the minutes at the Iowa Area Assembly section under the Members tab.

As always, please any any flyers that should be shared at the Area level in the .pdf format.

Thank you so much for this opportunity to be of service.

Yours truly,

Beth R
Website Coordinator

DISTRICT REPORTS

Hello from District 1

We are busy and enjoying the summer. On June 19, we had Serenity Day at Stone Park. All 26 people had a great time. Our District meetings are held face to face every other month on the third Thursday. We have a quilt raffle going on to raise money for the Office. The drawing will be on August 2. National Night Out will be Aug 3, and we have two locations passing out Al-anon literature.

We are looking forward to AWSC, Fall Assembly, and Serenity Weekend. Oct 16 is our Autumn Awareness dinner, and Dec 4 is our cookie exchange/"Hope for the Holidays" celebration. Enjoy your summer ☺

Grateful yours,

Barb G

Greetings from District 2,
Visiting with our district GR's inspired much gratitude for all those "techy" Al-Anon members, at any level, that have stepped up to make meetings work for all of us not so 'techy.' A HUGE thank you to all of you! Our Monday Nite New Hope and Tuesday Cal R Us groups remain virtual. Wednesday night has started hybrid meetings with much success. They report a newcomer has returned and is quite happy with the meeting.

Milford New Hope's anniversary is slated for August 16th via Zoom. The flyer is on the website.

Happy Summer!
In Service,
Kathy B DR2

Greetings From District 3,

Our groups continue to have solid attendance, and we are meeting newcomers as well. The majority of the groups have returned to face-to-face meetings, and some continue to have an electronic component. We are having more discussions about hybrid meetings and how do we move forward.

Members are financially supporting their groups which is encouraging.

District meetings are going well. Our next meeting will be in person on Sunday, August 15. Unfortunate-

DISTRICT



ly, we still do not have a building located centrally to meet at. So, thinking outside the box, we will be meeting at the Dows Rest Stop in August. It is halfway between the northern and southern tiers, has several covered picnic tables and a rest stop complete with food and bathrooms. It should be interesting.

Respectfully Submitted,

Audrey U
District Representative

New Term: ZOOMERS and ROOMERS

Greetings from District 4.

Ten of our thirteen local meetings are currently meeting in person or hybrid, with three continuing to meet entirely online.

We are excited to plan our return to an in-person Be Good to Yourself Weekend, November 12-14, 2021, at the Riverview Conference Center in Cedar Falls. This year's theme is The 4 Stepping Stones of Al-Anon: Steps, Slogans, Sponsorship, and Service. Al-Anon members of any gender are welcome – you can stay for the day or the whole weekend.

Yours in Service,

Kristine N

District 8 is starting to plan our Fall Festival for Thursday, November 11th. Look for the flyer to come out soon. Public Outreach is working on ideas for our next big advertisement (bus, billboard, something else?). Monthly meetings at Area Substance Abuse Council (ASAC) have started up again.

We revamped our District's AFG website with a complete overhaul. We want it to be user-friendly for mobile devices. Check it out: <https://www.cedarrapidsareaal-anon.org/>

District 8 has the majority of its meetings going back to in-person meetings. We have one meeting doing a concurrent Zoom meeting; we have one meeting still meeting via Zoom and one meeting doing hybrid. The remaining ten meetings are back to in-person. You can find District 8's meetings here: <https://www.cedarrapidsareaal-anon.org/meetings/>

Yours in Service,

Carolyn S
DR District 8

DISTRICT



DISTRICT



Al-Anon Family Groups

The Official Mobile App of the Al-Anon Family Groups

Download the app for FREE on your device's app store



Greetings from District 9,

We held our 2nd quarter district business meeting on June 16th via zoom. We're switching it up a bit in 2021, so this was the 2nd meeting under a new format that leaves us more time to discuss district plans and public outreach. All groups reported steady attendance except for Thursday night Steps to Serenity and Friday night Central Discussion Group. In our district, the members that are meeting face-to-face are mostly newer to Al-Anon. Many of our long-timers are only attending virtually. Thursday and Friday night meetings are temporarily closed until members want to return to face-to-face. Monday at noon Changed Attitudes attendance is stalling as well. However, where two or more are gathered... We will see what happens with each of these groups. We are super excited to have Patti K agree to step into our AIS phone chair position! District 9 is also trying to start a public outreach advisory committee. We want to coordinate with our groups to reach more people who are not yet aware of Al-Anon. We plan to do this with a short survey of our members to learn how they first heard of Al-Anon to know where to focus our outreach. However, we are waiting until after the Iowa Area Inventory and World Service Office membership surveys close. Our next district business meeting will be held virtually on Wednesday, September 29th at 6:30 pm.

DISTRICT



We participated with our local AA to hold a virtual mini-event on July 10. The agenda centered on service, and the theme was Serenity through Service. Our Al-Anon speaker, Vickie D, did an amazing job sharing her experience, strength, and hope with us. In addition, the AA speaker, Dave G, gave an enthusiastic talk on his journey in service. There were about 45 attendees throughout the 4-hour mini-event. We are hoping that this inspired members to step up and fill vacant service positions.

After our usual location for our Women's Spiritual Experience Weekend decided to remain closed, our committee members were able to get us a new place

for the fall. So our Fall SEW will be September 18 – 19 at Our Lady of the Prairie Center in Wheatland. Unfortunately, with covid restrictions still in place, we can only have 12 people, which is a bummer. However, we are very grateful to meet face-to-face since we haven't been able to in over 1 ½ years.

We have put the new Public Outreach posters to good use in District 9. We edited them with our local information and a QR Code that leads directly to a digital copy of the new AFA. Our public outreach at Rosecrance (outpatient facility) is picking up BIG time also! Previously, we attended an outpatient meeting of clients in treatment every nine weeks at Rosecrance. Now, not only are we still doing that, we've been asked to attend their family support meeting every other Monday! I'm super excited to carry the message to friends and family members of those in treatment! In both of these meetings, we hand out our Public Outreach Bookmark, a What Al-Anon is/ Is Not, a meeting list, a copy of Al-Anon Faces Alcoholism, and have one or two (depending on volunteers) 20-minute Al-Anon speakers. We have also been in discussions to re-start our institutional meeting on Sundays at The Abbey. We don't have a start date, but at least we know it will happen! I remain grateful to our dedicated members who enthusiastically volunteer to carry the message in our community.

Yours in Service,

Michelle K
District 9 Representative

DISTRICT



District 11

Hi everyone, District 11 has been meeting via Zoom for our District Meeting. We are currently looking for a new location to host in-person District meetings. We are excited to see each other in person for this meeting. We have had several changes in our schedule this year, and all GRs and Officers have been willing and able to handle all changes with grace and dignity.

We have been working hard on our Fall Speaker Supper. We are excited to hear Michelle K's story. So

please come and join us for a great meal and wonderful speakers.

Jamie V

Hello, friends from District 14.

We hope everyone's summer is full of good memories with family and friends. With everyone so busy right now, we have experienced a difficult time getting our GR's together for a District meeting. I am happy to report we have a District meeting scheduled for August 15 in Rockwell City. All groups are face-to-face now, and with the summer months, attendance has been a little sporadic. Peace Of Mind AFG and Thursday Night AFG Book Study continue to hold a bi-weekly Al-Anon meeting at the rehab center in Fort Dodge.

The Manning Wednesday Ex Enablers AFG was invited to speak to family members at the rehab center

in Manning. I happened to sit in on it, and they did an awesome job of talking about how Al-Anon works and sharing their experience, strengths, and hopes due to Al-Anon.

The 3 AMIAS' in the Carroll Freedom Seekers group and a few of their dedicated Al-Anon members have been working on getting the word out to several professionals in the area that Alateen is meeting at the First United Methodist Church in Carroll on Mondays at 7:00 pm.

The Recovery Hall in Carroll sponsored a potluck on June 27. There was an AA speaker, an Al-Anon speaker, Julie W., and two fantastic Alateen girls and their families from Indianola and Marshalltown.

It was great to be at the Assembly in June at Storm Lake. Looking forward to seeing everyone on the 7th & 8th of August in Marshalltown.

Lovingly In Service,
Judy V



IOWA AL-ANON DISTRICT MAP

