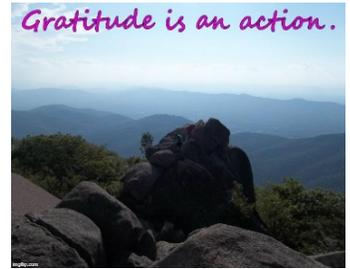


District 9 Representative Report

OCTOBER 9, 2021



Happy fall y'all,

We held our 3rd quarter district business meeting on September 30th via zoom. All groups reported steady attendance, except for our Thursday night Steps to Serenity and Friday night Central Discussion groups, who are no longer meeting. My hope is that this is temporary, we will see what happens with each of these groups. The biggest issue is that all but 2 of our groups have zoom or hybrid options, and it seems that members like the flexibility and ease of zoom instead of face-to-face. Our AIS phone chairperson, Patti K., is researching cheaper options for our answering service. She is also following up on prospective members listed on the phone log to be sure they received the information/help they needed. We are very grateful for Patti's service. Our district is trying to jump start our public outreach game by coordinating our effort to reach families who are not yet aware of Al-Anon. We are off at a turtle's pace, but we are thinking and moving, which is progress. We discussed outreach to the professional community, especially mental health. We're also checking into speaking with nursing school students as nurses are generally the ones comforting family members in crisis. Our next district business meeting will be held virtually on Wednesday December 1st at 6:30pm.

We held our Fall Women's Spiritual Experience Weekend on September 18th – 19th at Our Lady of the Prairie Center in Wheatland. With covid restrictions still in place, we were only able to have 12 people. However, we were very grateful to be face-to-face with our Al-Anon sisters. We had a sing-along to a few Al-Anon adapted songs and shared from our hearts in a beautiful setting. The Spring edition SEW is returning to St. Mary's Monastery in Rock Island, IL on May 21st & 22nd, 2022.

I've heard rumblings of a possible district Serenity Saturday in April next year that can be attended by all Al-Anon members. I will let you know if the plans take flight.

We have put the Public Outreach posters to good use in District 9. We edited them with our local information and a QR Code that leads directly to a digital copy of the new AFA. Our public outreach at Rosecrance has regular attendance for those in-treatment, however the family meeting has tapered off. The great news is that we were able to start our institutional meetings at The Abbey back up! I'm very grateful to our Al-Anon members who continue to volunteer to chair and speak at treatment centers to help carry the message in our community.

Yours in Service,

Michelle K.

District 9 Representative