



Iowa Al-Anon Family Groups
For relatives and friends of alcoholics

District 13 Meeting Directory
Iowa City & Coralville

Sunday

- 9:00am Steps to Serenity
 Lensing's Oak Hill
 210 Holiday Rd
 Coralville (*open)
- 7:00pm Sunday Night Book Study
 Zion Lutheran Church
 310 N. Johnson St, downstairs
 Iowa City (*open)

Monday

- 12:00pm Monday Noon Al-Anon
 Zoom Only:
<https://us02web.zoom.us/j/87323615317>
 Password: 654321

Tuesday

- 12:00pm Noon Meeting
 Zion Lutheran Church
 310 N. Johnson St
 Iowa City (*open)
- 7:00pm Tuesday Tune-Up Al-Anon
 Our Redeemer Lutheran Church
 2301 E. Court St., Room 121
 Iowa City (*open)
 (Newcomer meeting available)

Wednesday

- 6:30pm Wednesday Night Fireside Group
 The Big White House
 1246 12th Ave.
 Coralville (*open)

Thursday

- 12:00pm Thursday Noon Al-Anon
 Zoom Only:
<https://us02web.zoom.us/j/87323615317>
 Password: 654321
- 7:30pm Thursday Night Al-Anon
 Our Redeemer Lutheran Church
 2301 E. Court St., Room 121
 Iowa City (*open)
 Zoom Hybrid:
<https://us04web.zoom.us/j/2079848678>
 Password: 100083

Friday

- 12:00pm Just for Today
 Zoom Only:
<https://us02web.zoom.us/j/87323615317>
 Password: 654321

Saturday

- 12:00pm Weekend Winners Al-Anon
 Zoom Only:
<https://us02web.zoom.us/j/87323615317>
 Password: 654321
- 12:00pm Saturday Noon Women's Group
 Zoom Only:
<https://us02web.zoom.us/j/4464462928>
 Password: galgos

*Closed meetings are for all Al-Anon and Alateen members, or anyone who is or has been affected by someone else's drinking.
 *Open meetings may be attended by anyone interested in Al-Anon or Alateen.

Call our phone line at **319-499-8344** with questions or for more info. Or visit the Iowa Al-Anon website: www.iowa-al-anon.org

For info on other Al-Anon or Alateen meetings in the US and Canada, call our World Service Office at 1-888-4AL-ANON, Mon-Fri, 8am-6pm ET

Updated August 2021