

Group Records

Hello Everyone

Since so many meetings have been virtual this past year it has been hard to know if meetings are still active or not. I have received several changes these past few weeks. I would appreciate the DR's help with making sure that they let me know if their groups are back in person or planning on staying virtual. DR's please email me any changes so I have record of them.

Please remember when you send group records updated information to include the **group number**, **name of group** and **district**. This will really help make the process easier and minimizes the possibility of group records missing important changes.

One way to verify your group information is available, place yourself as a newcomer and try to find a meeting in your location via the Iowa Al-Anon site (iowa-al-anon.org). Did you find your group? Was everything there that needs to be? Will the newcomer or other Al-Anon member find you? Will they find hope and help available through an Al-Anon meeting?

Up to dated group information helps members and newcomers find a meeting when they need one!

If there are updates or questions regarding your group's information, feel free to contact me via email at thgr2023@gmail.com

So excited to see everyone!

Tracy H.G.

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