

Together Again

Greetings from District 3,

It is so good to see everyone in person. Thank you to everyone who has made this Assembly possible. And thank you to everyone in attendance, in person or virtually. I eagerly await when we can all be together as one Al-Anon Family. The physical separation this last year has made me realize how incredibly valuable the Al-Anon Family Groups are to my well-being. I'm reminded of when I was a newcomer – to be in a room with people who understood my struggles. I was no longer sitting alone at home trying to figure things out, all by myself. The power of our fellowship cannot be underestimated.

As to the business of our district – things continue to open up. Meetings are being held virtually, in person and hybrid (combination of virtual & in person). Attendance at meetings is strong and we are meeting newcomers. The District voted to continue with a ZOOM membership for 1 more year. We hope to meet in person later this summer, location to be determined. Finding a location halfway for everyone, is a challenge – we are considering meeting at a rest stop. We can meet outside, socially distance, and they have bathrooms!! And refreshments. Communication, flexibility and patience help us figure things out together.

Public Outreach – WOW! Our Public Outreach person is on fire. The highlight has been placement of the "Summer Road Sign" on a bus for a 6 month period. Thank you to everyone for your work on these activities. We are getting together on June 17th to put together packets with AFA Forums, meeting lists, contact information, and AFG pamphlets to share with community members in our District.

One challenge GR's are talking about is = how to best represent hybrid meetings? Sharing important information or announcements and having a business meeting. We have a few meetings that are hybrid – with the meeting split in two. One meeting in person and the other meeting virtually. My suggestion is to talk to other GR's – what are groups doing in other parts of the state? I am reminded of our opening – talk to each other, reason things out.

In Humble Service,

Audrey U.
District 3
5/23/2021