

**SAVE THE DATE**  
**AL-ANON DISTRICT 8**  
**VIRTUAL SPRING FLING!!!**



**Thursday, April 29, 2021**  
**7:00 p.m. via Zoom**  
**Speakers: TBD**

**FOCUS WILL BE ON MEDITATION & SELF-CARE**

**JOIN ZOOM MEETING**

**[HTTPS://US02WEB.ZOOM.US/J/85689700322?PWD=NNJOU0ZYB1ZSSVB  
QNW1TVMPLAW14QT09](https://us02web.zoom.us/j/85689700322?pwd=NNJOU0ZYB1ZSSVBQNW1TVMPLAW14QT09)**

**MEETING ID: 856 8970 0322**  
**PASSCODE: 507545**

**OR**

**DIAL IN:**  
**+1 312 626 6799**  
**+1 929 205 6099**  
**+1 301 715 8592**  
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