Iowa Area AWSC Meeting Revised Marshalltown, IA – January 12, 2020

Virginia B, Chairperson, opened the meeting at 9:00 am. Total attendance was 23 of which 19 were voting members of the AWSC. Opened with the reading of the Traditions and Concepts of Service, followed by the review of etiquette and the evaluation questions.

<u>Secretary Report</u> (Becky V): The minutes from the 2019 Fall Assembly were e-mailed electronically earlier to be read before the meeting; they were not read during the meeting. Minutes were approved by consensus and will be filed.

<u>Treasurer Report</u> (Linda A): Read the financial statement from October 1, 2019 – December 31, 2019. Balance brought forward was \$32,638.88. Total receipts this period were \$4,185.39. Total disbursements were \$10,818.15. Ending balance on December 31, 2019 was \$26,006.12. A consensus was taken and approved for the Treasurer's Report and will be filled as read.

Delegate's Report (Katy P):

January 11, 2020 was the first conference call with WSO. Everything went well and getting familiar with the topics in AFG Connects. Service, a vital purpose of Al-Anon, is action (Service Manual, page 17).

Thank you to Beth R. District 7, for joining the AWSC as our new Website Coordinator and to Luanne T. as our new Newsletter Coordinator both appointed by the Area Delegate.

The 2020 Area Serenity Weekend Planning Meeting flyer is on the Area Website (www.iowa-al-anon.org) under calendar. Please share this flyer with your groups. ALL MEMBERS are WELCOME to help with the planning!

The United States North Central Regional Delegates Meeting (**USNCRDM**) will be held March 20-22, 2020 in Indianapolis, IN. This gathering is intended to acquaint the incoming Delegates with what to expect at the World Service Conference in April. Many current officers and past delegates from our Region join in and participate in this service focused weekend. Jean L, our Regional Trustee, will be joining us. The officers and past delegates from lowa will finalize their travel plans soon.

The AA International Convention will be held in Detroit, MI July 2-5th 2020. The theme is "Love and Tolerance is our Code". Advanced registrations for the Convention is available through April 15, 2020 for \$115.00 and after April 15, 2020 registration will be \$140.00. Al-Anon hosts a large variety of meetings and workshops. The big meetings, hosted by AA, are an experience of a lifetime with more than 50,000 people coming together in recovery and unity under one roof.

The World Service Office hours will change to 8am-5pm beginning January 21st. After hours, they will continue offering support through IVR (Interactive Voice Response) phone and online meeting searches.

For many of us, this is the first year we'll be all about learning, not only our positions, but when the deadlines are due, how to apply the Legacies and about each other and how to work together for the unity of Al-Anon in Iowa. I am looking forward to growing with all of you and know that our sense of humor, positive outlook and most importantly, our Higher Power, will help us do that. Please reach out if you need help and remember that everyone is here to help you feel successful in your service role!

Alternate Delegate's Report (Missy Y):

<u>The 2020 Spring Assembly</u> will be held in Storm Lake, IA June 5-7th, 2020. Registration deadline is May 20, 2020. The luncheon speaker will be Lynette K, Trustee, Baltic SD and the Sunday Spiritual speaker will be Connie H, Arnolds Park, IA. Alateen TBA. Flyers are available on the Iowa Area Website www.iowa-al-anon.org.

<u>The 2020 Fall Assembly</u> will be held in Coralville, IA at the Radisson Hotel October 9-11th, 2020. A walk through has been done and venue should meet our needs. Thank you to Gail H and Theresa C for being our co-chairs.

<u>The Forum:</u> Please encourage Group Representatives to talk about and use the Forum in your meetings. As GR, they are also the Forum Representative for the group. We are so lucky to have this magazine each month. The Forum is a great tool to use in meetings, leave at a professional office or to keep in our cars for a quick minute of serenity. There is a paper order form in the back of any Forum and it only costs \$11.00 per year! You can also order online at Al-Anon.org-click on the Al-Anon store then find the tab for the Forum.

WSO also needs writings for the Forum each month. Take a few minutes to jot down your feelings about how you got through a situation, a step or tradition. You never know what may get printed or when, so give it a try!

<u>Coordinator Reports: (Reports were electronically submitted to the AWSC and not read)</u>. Additional briefings were given by the Coordinators.

<u>Alateen</u> – (Lorraine R) –Alateen Serenity Weekend will be held at Wesley Woods in Indianola, IA, April 17-22, 2020. This year's theme is "Paths to Serenity" and each attending Alateen will receive a white T shirt with a red logo stating "IOWA SERENITY WEEKEND". There is a flyer and a sponsor registration sheet in each DR packet as well as an email sent to each member of AWSC.

ALATEEN TALK is celebrating 55 years "of providing help and hope to teens and younger members affected by the disease of alcoholism". There is a subscription form in each DR packet for the ALATEEN TALK. A great suggestion for Alateen Public Outreach is a DVD that has been purchased from WSO titled "Al-Anon and Alateens role in Family Recovery". Any district in our Area may use this DVD by contacting Lorraine.

This is the year the Alateen Coordinator presents the Area Alateen Safety and Behavioral Requirements at the Al-Anon Fall Assembly October 9-11, 2020. All AMIAS are encouraged to get together and talk about what does or does not work in their Alateen meetings.

Recertification forms for AMIAS will be sent out in March so we will be in compliance with WSO.

<u>Archives:</u> Tracy V– Plans have been made for the archives to be delivered to Tracy and two new 4 drawer cabinets are being looked into for storage of the archives.

<u>Group Records</u>: Tracy HG – A current 2020 Area directory has been sent to all DRs and if there are any changes that need to be made regarding any GR/CMA/or Alt GRs, be sure to email corrections to: thgqr2013@gmail.com

WSO has sent information about one group update and Tracy is looking forward to the responsibility of this position for this term.

<u>Literature:</u> Mary E – Mary has heard from AFG Connects informing her that they will be sending her information about what is happening with literature and she is looking forward to sharing it at the March AWSC meeting.

Newsletter: Luanne T has accepted this position and will have a report in March.

<u>Public Outreach:</u> Michelle K – The new 2020 Al-Anon Faces Alcoholism magazines are now available in English, Spanish and French. There is now a standardized price of .32 ea. You can order in bundles of 25 (for \$8) so there is no price break for larger quantities or download and view from WSO website. There are articles from several doctors, mental health professionals along with Al-Anon & Alateen members sharing help and hope.

<u>Web Page:</u> Beth R – The 2020 Area Serenity Weekend Planning Meeting flyer has been attached to the Calendar Tab of the Area Website. I have been working with Hedi M for my tech-support and look forward to continue my training to maintain the website and have plans to tackle the group records update on our next phone call.

The Web Community Coordinator, Bob H. from WSO, has introduced me to AFG connects via email.

Please provide any flyers that should be shared at the Area level via email in .pdf format and stay posted for updates regarding links various email addresses that our Area Chairs are using with our website to improve access for all.

<u>District Reports</u>: Reports were submitted electronically but not read by the following DR's: 1, 2, 3, 4, 7, 8, 11, 13 and 14. There were no reports from 5, 6, 9 10, 12, or 15.

Old Business:

2020 Service Workshop – Saturday, January 11, 2020 workshop at the college had 41 in attendance. There was some discussion regarding adjusting the times for the workshops to perhaps getting out earlier, the date of the workshop to be in March rather than January and if we want to have another workshop in January 2021.

A motion was made by Samantha M. "I would like to make a motion that the 2021 Area Service workshop be held in January 2021". Seconded by Jamie V. Motion passed.

<u>Area Calendars –</u> Luanne T. reported there were 130 were sold and they were \$4 ea. There will be discussion in August 2020 regarding new calendars for 2021.

<u>Presentation – Alateen and AMIAS Procedure –</u> Lorraine R and Virginia B. reviewed how to become an AMIAS member. A presentation from Virginia showing the record check forms that are used to verify if a member is eligible to become an AMIAS and how much it costs for each record check that is sent in by the Area. There are some items that the Alateen Committee will need to review and update.

New Business:

<u>2020 Proposed Budget –</u> The proposed budget was read line by line by Linda A and there was discussion on the following line items:

- 1. Team Event line will be removed as there are no longer Team events. Consensus taken and approved.
- Archives will be budgeted \$300.00 for the purchase of 2- 4 drawer cabinets and will come to the next AWSC meeting with a quote regarding the price to reframe the photos of Lois and Ann. Consensus taken and approved.
- 3. Action committee expense will change from \$150.00 to \$75.00 (3 @ 25.00) Consensus taken and approved.
- 4. A proposal was made for the AWSC lunches 3 per year per officer/coordinator, excluding delegate lunch/meal expense wording will change to "stipend expense" and increase to \$10. Consensus was taken and approved.
- 5. An outside entity will be used to do a financial review for a budgeted amount of \$250.00 for the year of 2020. A recommendation was made and approved.
- 6. Regional Delegates Meeting expense line was reviewed and a motion was made by Missy Y. "I make a motion we go to one line item on the budget for 2020 RDM expense in the amount of \$1800.00 to be used to support the Delegate and Alt Delegate expenses with the remainder to all other eligible members". Motion approved.
- 7. There was discussion regarding the past delegates expenses. A motion was made by Katy P. "I make a motion that we include active Past Delegates, not currently serving in another service position, in the 2020 budget with reimbursement equal to that allotted to the Officer and Coordinators." Vote taken and did not pass. Samantha M amended the motion "I make a motion that we include active Past Delegates, not currently serving in another service position, in the budget not to exceed in excess of \$1200.00. Motion failed. AWSC review the initial motion and added in the year 2020. Katy P. restated the initial amended motion. Motion passed.

<u>2020 Serenity Weekend</u> – Katy P. shared the contract for September Serenity Weekend needs to be signed. There is a discrepancy in the date for the weekend. Contract is for September 18-20th and Katy will talk to the camp regarding the original date of September 25-27. Update will be forth coming.

2020 Spring Assembly Agenda

The agenda was set with a GR workshop Saturday 9am-10am and Sunday 9am-10am workshop will be presented by Trustee Lynette K, Al-Anon luncheon speaker, with the theme of "Leadership".

Area Committee Assignments and "First Committee Meeting"

<u>Fellowship Communication</u>: Literature Coordinator, Mary E. (Chair), Newsletter Coordinator, Luanne T, Web Page Coordinator, Beth R., Alternate Delegate, Missy Y., Past Delegate, Maddie P., District Representatives Judy V. (recorder), Kristine N., and Barb G.

<u>Group Records:</u> Archives Coordinator, Tracy V. (Chair), Alateen Coordinator, Lorraine R., Group Records Coordinator, Tracy HG, Area Secretary, Becky V., Past Delegate, Beth K., District Representatives Jill G. (recorder), Audrey U. and Kathy B.

<u>Public Outreach</u>: Public Outreach Coordinator, Michelle K.,(Chair), Area Chairperson, Virginia B., Area Treasurer, Linda A., Past Delegate, Connie H., District Representatives Carolyn S. (recorder), Samantha M. and Jamie V.

Selected Committee Assignments

<u>Alateen Committee</u>: Alateen Coordinator, Lorraine R., Area Delegate, Katy P., Past Delegate, Beth K, and District Representatives Samantha M., and Kristine N.

<u>Budget Committee</u>: Area Treasurer, Linda A., Area Alternate Delegate, Missy Y., and Area Chairperson, Virginia B.

<u>Area Guidelines</u>: Area Secretary, Becky V., Newsletter Coordinator, Luanne T., Past Delegate, Connie H., Area Chairperson, Virginia B., and District 2 DR, Kathy B.

Web Page Committee: Area Web Page Coordinator, Beth R., Area Treasurer, Linda A., Group Records Coordinator, Tracy HG., Past Delegate, Maddie P., and District 11 DR, Jamie V.

<u>Area Inventory</u>: Area Alternate Delegate, Missy Y., Area Public Outreach Coordinator, Michelle K., Area Archives Coordinator, Tracy V., Literature Coordinator, Mary E., and District 8 DR, Carolyn S.

There was time allotted for the committees to gather and review what the committee will be responsible for and how they will be in communication with each other in the group.

Unanswered Questions/Review Comments

Virginia will work on upcoming workshop topic selection/presenter for the next AWSC.

A consensus was taken to close the meeting with the Al-Anon Declaration at 12:35 pm.

Respectfully Submitted,

Becky V. Area Secretary

DATES TO REMEMBER:

February 1, 2020 Iowa Reaches Out Newsletter deadline March 7, 2020 Serenity Weekend Planning Meeting

March 8, 2020 Iowa AWSC meeting, Hampton Inn, 9am, Marshalltown, IA

March 20-22, 2020 USNCR Delegates Meeting, Indianapolis, IN

April 17-19, 2020 Alateen Serenity Weekend

April 20-24, 2020 World Service Conference, Virginia Beach, VA

May 1, 2020 Iowa Reaches Out deadline

June 5-7, 2020 Spring Assembly, BV University, Storm Lake, IA

August 1, 2020 Iowa Reaches Out Newsletter deadline

August 9, 2020 Iowa AWSC meeting, Hampton Inn, 9am, Marshalltown, IA

October 9-11, 2020 Fall Assembly, Radisson Hotel, Coralville, IA

Iowa Al-Anon Literature Depots:

939 Office Park Rd. Suite 113 2801 Jackson St. West Des Moines, IA 50265 Sioux City, IA 51104

515-277-5059 712-255-6724

www.al-anondesmoines.org www.afg.aiclit@yahoo.com

Iowa Information Centers:

Des Moines AIS/LDC – 515-277-5059

Ames - 515-233-6312

Sioux City AIS/LDC – 712-255-6724 **Iowa Area Website:** www.iowa-al-anon.org