Iowa Area AWSC Meeting Marshalltown, IA -- January 20, 2019 (revised 3/19/19)

Virginia B, Chairperson, opened the meeting at 9:00 am. Total attendance was 21 of which 19 were voting members of the AWSC. Opened with reading of the Traditions and Concepts of Service, followed by the review of etiquette and the evaluation questions.

<u>Secretary Report</u> (Linda A): The minutes from the 2018 Fall Assembly were mailed electronically earlier to be read before the meeting; they were not read during the meeting. There were no changes or additions. A consensus vote was taken to accept the minutes and approved. The minutes will be filed.

<u>Treasurer Report</u> (Jean L): Read the financial statement from October 1, 2018 – December 31, 2018. Balance brought forward was \$27,488.60. Total receipts this period were \$3,917.94. Total disbursements were \$5,643.09. Balance brought forward on December 31, 2018 was \$25,763.45. A consensus vote was taken and approved to accept the Treasurer's Report and will be filed as read.

Delegate's Report (Beth K):

The Alateen Coordinator position has been filled by Lorraine R (thank you Lorraine!). Also, thanks to Katy P for stepping in as needed as the interim Alateen Coordinator.

2018 World Service Conference (WSC) will be held April 13–17, 2019 at Virginia Beach. The theme is "Action is Attraction – There is no Growth in the Comfort Zone". This will be Beth's last conference.

Chosen Agenda Items (CAI) – Topic considerations would be 1) Does the topic merit an in-depth discussion that could benefit Al-Anon groups and members worldwide? 2) Is the topic related in some way to the 2019 Conference theme?

The Delegate is the member's voice at the WSC. Is there something you always wanted to know but were afraid to ask? Please share and discuss this information GRs at your next District meeting then pass those ideas onto Beth.

The North Central Regional Delegates Meeting (RDM) will be held March 15-17, 2019 in Madison, WI. Nine people will be attending.

The Membership Survey PowerPoint was presented at the 2018 Fall Assembly. In what ways can our Area consider using this PowerPoint to reach out to professionals in our Area?

- Could the Area become more involved in State conventions held for nursing, school counselors and medical professionals.
- Could a District use this as a presentation to reach out to professionals.
- Would a District consider using this information during a panel discussion with professionals.

Please let Beth know if any Districts would be interested in any of the above-mentioned possibilities.

2018 International Al-Anon General Services Meeting (IAGSM) was held October 3-6, 2018 in Virginia Beach. This is a meeting where the General Services Offices can share the experience of Al-Anon national service structures around the world through their Delegates.

There are five Districts without DR's. In August, Beth requested additional mileage expenses to visit these Districts. She was only able to meet with two Districts; one District twice. She shared her Conference Report and other things happening in the program. Members were very interested in what was going on. The new book, Intimacy in Alcoholic Relationships, has been purchased and she was able to plant a seed about open DR positions.

Iowa's World Service Conference Gift – Thanks to those of you who gave a memorial in Lois' name last year. October 5, 2018 marked the 30th anniversary of Lois Wilson's passing. It will be awesome to see lowa's impact in meeting (or exceeding) the 2018 budget!

Serenity Weekend Planning Meeting will be held Saturday, March 9th (Saturday before March AWSC) at the Marshalltown Library in Conference Room A from 12:45–3:30 pm. Hopefully one person from each District can attend. The Serenity Weekend is scheduled for September 20–22, 2019 at Twin Lakes Bible Camp, Manson, IA.

Alternate Delegate's Report (Katy P):

<u>The 2019 Spring Assembly</u> – Grinnell, IA – June 7-9, 2019. The luncheon speaker will be Rachelle C., MN, North Delegate Panel 56 from Zimmerman, MN. Lorraine R. will be the Sunday Spiritual Speaker. The Alateen speaker is yet to be determined. Dorm-style sleeping arrangements are available. Parking will be <u>very</u> limited, and some walking will be required. Meals will be cafeteria-style. Sunday breakfast is an additional option. Thanks to Tricia K, Lisa G and Katelynn T for co-chairing this Assembly. A link to the campus map is https://www.grinnell.edu/sites/default/files/documents/campusmap.4.12.pdf.

<u>The 2019 Fall Assembly</u> – Carroll, IA – October 11-13, 2019. The luncheon speaker will be Vali F., Executive Director, WSO. Connie H, Fort Dodge, IA will be the Sunday Spiritual Speaker. The Alateen speaker is yet to be determined.

This will be the final Assembly of our term. Typically, a person from WSO is invited to share at our election Assembly. Vali F, the Executive Director of WSO, will share her personal story and lead a workshop. Mary E and Judy V are co-chairing this Assembly.

<u>The 2020 Spring Assembly</u> – Storm Lake, IA – June 5-7, 2020. This Assembly will be held at Buena Vista College and will be the second Assembly in a row hosted by District 14 (thank you!).

<u>The Forum:</u> Thank you for submitting writings to The Forum. Keep writing and submitting your articles and photos! Iowa pops up in The Forum nearly every month. Remember, for \$11/year your group can receive this wonderful magazine, which can be purchased on-line.

<u>Coordinator Reports: (Reports were electronically submitted to the AWSC and not read)</u>. Additional briefings were given by the Coordinators.

<u>Alateen</u> – (Katy P reported) 2019 is off to a good start with Lorraine R stepping up as Alateen Coordinator. WSO recently reviewed our Area Alateen Safety and Behavioral Requirements and noted that we do not indicate that our guidelines have been reviewed by local counsel. We also did not have a provision for an Area Alateen Process Person (AAPP) in place, even though we have an assigned AAPP in our Area. The Alateen Committee is reviewing and more information will be presented at a later time.

Alateen Talk is now live and in color. Page 4 and 5 of the Fall 2018 edition contain submissions from lowa members. This magazine can be purchased for \$2.50 for a single subscription or \$7.50 for 10.

The Waterloo Let Go and Let God Alateen group is active again. Please continue to let your groups know about Alateen.

Alateen Serenity Weekend is April 26-28, 2019 at Camp Wesley Woods in Indianola, IA. Updated flyers are on the website. Registration deadline is March 31st.

<u>Archives</u>: Lori R – Brought old Forum magazines for anyone to take. Hoping to get things cleaned out and gone by August AWSC.

Group Records: Becky V – Group Records is up-to-date as of 1/7/2019! Some interesting information:

- Iowa has 162 meetings listed on the Area Group Records Excel sheets.
- Of the 162 meetings listed, 15 of them are registered under the same group number (officially only 147 groups in Iowa).
- There are 54 groups that do not have a GR.
- WSO reported 62 groups sent in their annual group report not even half of the lowa groups.
- Currently there are two groups with no mail status with WSO and Iowa. These groups do not receive information from WSO, the newsletter or appeal letters.
- Currently 1 group with a bounced-back email from WSO.

Becky receives updated group records information weekly from WSO. Let's encourage group members to become more involved in group service, starting with being a GR.

<u>Literature:</u> Missy Y – The Just For Tonight bookmark is ready to print and has been approved at the price of \$.10/each. Watch for the announcement in The Loop or AFG Connects for information about distribution. (These would make a great gift.)

WSO is looking for sharings for CAL Corner on two of our pamphlets - *Hope & Understanding for Parents & Grandparents (P-94) or To Parents of Alcoholics* (P-16). Keep your sharing to 350 words or less.

Have you purchased your copy the new book Intimacy in Alcoholic Relationships – A Collection of Al-Anon Personal Stories (B-33)? Available for \$11.

50th Anniversary Edition of One Day at A Time (B6-50) is available while supplies last and can be ordered through your LDC or the WSO website.

Newsletter: Mary S – WSO reminds us that the deadline for ordering the 2019 Al-Anon Faces Alcoholism is February 6th.

The deadline for the Iowa Reaches Out is February 1st. Remember to use Arial narrow 10-point font, single spacing, use only first name and last initial, single space after end punctuation and correct plural grammar.

<u>Public Outreach:</u> Lisa G – The 2nd printing of the Al-Anon Faces Alcoholism (AFA) 2019 concludes 2/6/19. Orders will be shipped 4/1/19. Make a list of places to distribute and check to see if any previous places need restocking.

World-Wide Public Outreach Buzz – CBS "Mom" highlights Al-Anon; Episode #57-58 Season 1 of "Face the Truth" aired today on a Fox affiliate. "From Badge to Bottle" was about a retired cop with PTSD and a drinking problem. In episode #58, the therapist suggests the family goes to Al-Anon. WSO is conducting a Re-Launch Campaign for the two PSA's entitles "Jack" and "Samantha". These spots are uploaded on the WSO website under media.

<u>Web Page:</u> Hedi M – Area needs to renew our subscription for the Iowa Al-Anon website editor, domain name and privacy registration through GoDaddy by April 2019. Pricing the last three years was discounted for a total of \$300. To renew the same package (Ultimate), it will cost approximately \$650/3 years. Hedi recommended to downgrade to the Deluxe package at a cost of \$150/year but that paying for three years locks in the price for that time frame.

Three new trivia questions were posted to the Website. Bring your responses and correct answers to the Spring Assembly to be eligible to win a prize.

DRs – please make sure that your meeting lists are up to date and verify revision dates, which must be updated yearly.

The old Spanish menu item on the Website has changed to "Announcements". This page can be used for any important information about Iowa or WSO news.

Received an email from WSO and AFG Connects to update some obsolete links on our website, which were updated 1/1/19. The following pages were affected: public outreach, group records, newsletters and service resources.

Encouraged everyone to provide District Al-Anon flyers in PDF form for posting on the website.

<u>District Reports</u>: Reports were submitted electronically but not read by the following DR's: 1, 2, 3, 4, 7, 8, 9, 11 and 14. There were no reports from 5, 6, 10, 12, 13 or 15.

Old Business:

2019 Service Workshop – Virginia B – 23 attended. Attendance was low due to a snow storm. Consensus vote taken and approved to proceed with the 2020 Service workshop in January.

By-Laws – Katy P – an attorney (Beth R) has reviewed the By-Laws. At some point they may need to be reviewed and changed as needed. The attorney's invoice of \$300 has been paid. Discussed the possibility of reviewing and reading the By-Laws once every term.

New Business:

<u>Workshop</u> – Presented by Mary S (Newsletter Coordinator) – Discussed the purpose of the Newsletter as per the Policy and Procedure Manual and if we are fulfilling that purpose. Newsletters are distributed four times a year and is not meant to replace The Forum. Currently there 203 emailed and nine snail-mailed.

Discussed the newsletter survey results. Survey sent out via Google Forms. 203 were invited to participate, 31 responded, which is 15.27% response rate.

Met in small groups to discuss questions regarding the survey, why so few answered the survey and recommendations.

All DR's are to take the survey back to the GR's and compile the results for the March AWSC. Mary will send an email with the survey attachment to the DR's.

2019 Budget – Jean L – Presented the 2019 budget. Discussion was held. The 2019 budget was approved with a consensus vote.

Discussed the IRS requiring 1099's be issued if needed. Discussed lowering the mileage rate to \$.14 to avoid having to send out 1099's. Jean will calculate each member's expenses and provide this information to each AWSC member individually if requested. Members may individually request a 1099 from Jean. Consensus vote was taken and approved to keep the mileage at \$.25.

Discussed whether there is a "prudent" reserve for the Area Treasury; which will be discussed at a later time.

2019 Area Calendars: Virginia B – A total of 112 calendars where ordered @ \$4/each for a total of \$448. 6 extra were ordered for a total of 118 calendars printed. Copy Works charged \$3.35/each for a total of \$395.30. A 15% discount was applied and there was no tax. Special thanks to Kristine N for her help on this big project!

2019 Spring Assembly Agenda - Virginia B - The agenda was set.

<u>Action Committee Task Force</u> – Committee members, Linda A, Katy P, Tracy HG and Becky V presented information and discussion was held as to whether the Action Committees should be discontinued or reformatted and have served their purpose. Discussed whether the Spring Assembly Action Committees should consist of election procedures at all levels (District and Area) or keep as previously formatted. The DR's should provide Katy P with topics for each Action Committee for the Spring Assembly. This discussion will be revisited at the August AWSC meeting. The Task Force was closed.

<u>Area Meeting List Publication Policy/Safety Discussion</u> – Beth K – The WSO Board of Trustees identified the need to take proactive action to encourage Al-Anon Family Groups to discuss safety and to support Areas who have created robust Area Meeting List Publishing policies. Currently Iowa does not have such a policy based on a decision made in 2014.

<u>Web Conferencing</u> – The Alateen Committee is asking for a Task Force to gather information and recommend 2-3 choices of web conferencing vendors. A committee was set up and will start after April 2019. A charge will be determined. Members: Mary S, Connie H, Audrey U and Tracy HG. Web conferencing could be used Area-wide, including training of AMAIS and by individual committees.

<u>Area Alateen Safety Behavioral Requirements</u> - Following a review of our Alateen Safety and Behavior Guidelines by the WSO, the Area needs to ensure that local counsel has review our Requirements and that the review is noted in the Area Policy and Procedure Manual. The title of Area Alateen Process Person (AAPP) must also be included in the Policy since we incorporated the duties of the AAPP into the Area Alateen Coordinator position.

The Alateen Policy Committee will make suggested changes which will be sent to Beth R, an attorney, for comment and review. The Policy Committee will present suggested changes at the March AWSC for approval. The final document will be sent to the WSO for review.

A motion was made by Katy P: "Have counsel review our Alateen Safety and Behavioral Requirements as set forth in the 2003 Alateen motion from the Board of Trustees". The motion was seconded by Lorraine R and approved with 18 yes, 0 no's and 1 abstention.

Unanswered Questions: There were no questions.

A consensus vote was taken to close the meeting at 12:34.

Respectfully Submitted,

Linda A

Area Secretary

DATES TO REMEMBER:

February 1, 2019 Iowa Reaches Out Newsletter Deadline

March 9, 2019 Serenity Weekend Planning Meeting – time and location to be determined

March 10, 2019 Iowa AWSC meeting, Hampton Inn, 9am, Marshalltown, IA

March 15-17, 2019 RDM, Madison, WI

April 14-19, 2019 World Service Conference, Virginia Beach, VA

May 1, 2019 Iowa Reaches Out Newsletter Deadline

June 7-9, 2019 Spring Assembly, Grinnell College, Grinnell, IA

August 1, 2019 Iowa Reaches Out Newsletter Deadline

August 4, 2019 Iowa AWSC meeting, Hampton, Inn, Marshalltown, IA

October 11-13, 2019 Fall Assembly, Carroll, IA

November 1, 2019 Iowa Reaches Out Newsletter Deadline

June 6-7, 2020 Spring Assembly, Storm Lake, IA

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Sioux City AIS/LDC – 712-255-6724 **Iowa Area Website: www.iowa-al-anon.org**