



# “Iowa Reaches Out” November 2019-January 2020

“Iowa Reaches Out” is a within the Fellowship Newsletter. Please respect the anonymity of all whose names appear within.

## Delegate

What a great Fall Assembly. Our Higher Power was present every step of the way during our elections. I am awed at how each position is matched with the person who is perfect for the job! I wish all members of Panel 60 a wonderful journey over the next three years. You will have the time of your life!

Have you ever considered what it would be like to work at the World Service Office? WSO is now accepting résumés for the Group Services Specialist – Alateen (Spanish) and the Editorial Quality Specialist (Spanish bilingual) positions. These are full-time positions. You can find the job descriptions at <https://al-anon.org/employment-at-al-anon/>. Interested candidates can email their resume and cover letter to the Employee Resources Manager at [afg@al-anon.org](mailto:afg@al-anon.org). Applications will be accepted until the positions are filled.

The 2020 WSC will be April 20-24, 2020 in Virginia Beach, VA. The theme is “Dreaming Big with 20/20 Vision”. Congratulations Katy P. this will be your first conference as our Delegate!

Various updates from the July 31 Chairman of the Board letter. This Letter is available on the Al-Anon.org web site.

The financial statements ending June 30, 2019 show

- Literature sales are higher than expected. *Intimacy in Alcoholic Relationships* (B-33) and the *Just for Tonight* Bookmark are big sellers. For that matter, sales of Conference Approved Literature are meeting or exceeding expectations.
- Contributions are down. The WSO received a bequest in May, which helped put the budget on track, but without it, we would be behind. The last quarterly appeal letter will coming soon. Please give serious consideration to

have your group give the WSO \$25 more than they did last year.

- Remember, you can continue to give in Lois' honor, or if you would like to remember someone else in the program that has passed on.

## Policy Update

- The Policy Committee voted to form a Thought Force to further consider if the policy on Al-Anon members who are also members of A.A. participating in Al-Anon service applies to prior members of A.A., and how or if former members of A.A. might be defined and by whom.” **This doesn’t mean there will be any changes to our current Policy; it means there will be further discussion on the topic.**

WSO receives requests to review public outreach materials on an ongoing basis. Lately, many of the posters and flyers submitted are including the words “drug” and “drug addiction” in addition to “alcohol” and “alcoholism.” The 2018 Membership Survey did state 35% of members came to our program specifically because of someone’s use of drugs. Yet, the survey also showed 78% of these members eventually came to realize that someone else’s drinking had also affected their lives.

Vali F, WSO Executive Director, recently sent a letter noting, while the efforts to include “drug” and “drug addiction” are well-intentioned, members are urged to keep Al-Anon’s Twelve Traditions in mind when communicating with the public. We are all messengers of Al-Anon’s purpose and have the responsibility to accurately communicate it to avoid confusion, misperception, or dilution of our program. The Traditions to reference are Tradition Three, Four, Five, and Ten. Please review the words of the Traditions in their entirety.

Also reference the statement on page 131 in Al-Anon’s Conference-approved “Digest



### January 11, 2020

Area Service Workshop  
Iowa Valley CC  
Marshalltown, IA

### January 12, 2020

AWSC meeting  
Hampton Inn  
Marshalltown, IA

### February 1, 2020

*Iowa Reaches Out* deadline

### March 7, 2020

Area Serenity Weekend Planning  
Meeting  
Marshalltown, IA

### March 8, 2020

AWSC Meeting  
Hampton Inn  
Marshalltown, IA

### April 20-24, 2020

World Service Conference  
Virginia Beach, VA

### May 1, 2020

*Iowa Reaches Out* deadline

### June 5-7, 2020

Spring Assembly  
Buena Vista College  
Storm Lake, IA

of Al-Anon and Alateen Policies,” “Our responsibility is to ensure Al-Anon’s survival as a resource for families and friends of alcoholics. By focusing on these drug-related problems, we risk being diverted from Al-Anon’s primary aim.”

Therefore, conveying that Al-Anon is for families and friends of alcoholics and drug

addicts in local or Area produced public outreach materials is an expansion and misrepresentation of Al-Anon's purpose (see Tradition Five). This includes but is not limited to posters, flyers, websites, etc.

Al-Anon materials for further reference:

- 2018-2021 Al-Anon/Alateen Service Manual (P-24/27), page 131, "Families with Related Problems"
- Al-Anon/Alateen Is & Is Not Bookmark (M-44)
- 2018 Membership Survey
- 2019 World Service Conference Summary (P-46), page 62

Online registration for A.A.'s

International Convention

with Al-Anon participation is open. You can find this on [aa.org](http://aa.org). The Convention will be held July 2-5, 2020 in Detroit, Michigan with the theme "Love and Tolerance is our Code." A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event.

WSO's 2018 Annual Report is now available in three languages! The Annual Report reports on the activities of the WSO and how the message of hope and help is shared. To view the report, go to [www.al-anon.org](http://www.al-anon.org) and click on the Members tab, then WSO, and then Annual Report.

The 2020 US North Central Regional Delegates Meeting will be held in Indianapolis March 20-22, 2020.

52 attended the Area Serenity Weekend September 20-22 and we were Egg-cited for Serenity. Please refer to the Fall Assembly minutes for a full report.

In closing, I wish to thank you for the opportunity to serve as your Area Delegate over the last three years. I have learned a great deal, had the opportunity to see the worldwide fellowship in action, had more opportunities to speak than I ever thought I would, made new life long friends, deepened friendships I already had, had a lot of fun, and grew in my relationship with my Higher Power.

Your Humble Servant,  
Beth K.  
Delegate - Panel 57  
Iowa

## Alternate Delegate

**FALL ASSEMBLY 2019 Carroll, IA  
October 11-13, 2019**

**Serenity Seekers & Wisdom Walkers**

AFG Speakers

Luncheon – Vali F., Executive Director  
WSO

Sunday Spiritual Speaker – Connie H., Ft.  
Dodge, IA

Alateen – Jayden O., Swisher, IA

A special thank you to Judy V. and Mary E. for their willingness to participate and their spirit of cooperation as they worked with our AA hosts and our Al-Anon guidelines to organize the Assembly. Many thanks to our District 14 friends for volunteering their time and assistance. As the saying goes, Together we can make it!

We are grateful that Vali F. could join us at the final Assembly of this term. A visit from our Executive Director is a unique opportunity to see our connection to one another in the circle of service. Her 12 Steps in 15 Minutes workshop provided a tangible way to implement the steps around a single topic. Connie H. and Jayden O., thank you for sharing your stories of hope and recovery with us!

**SPRING ASSEMBLY 2020 Buena  
Vista University, Storm Lake, IA  
June 5-7, 2020**

**A Vision for You**

**Registration Deadline – May 20, 2020**

AFG Speakers

Luncheon – Lynette K., Trustee, Baltic,  
SD

Sunday Spiritual Speaker – Connie H.,  
Arnold's Park, IA

Alateen – TBD

The first Assembly for Panel 60 will be held at Buena Vista University. Dorm rooms are available for \$18-\$30 per night. Roommates should be noted on the back lower right side of the flyer. The conference is offering unlimited coffee for \$10 or it will be available for \$1 per cup. (Coffee is a large expense for the Conference.)

The next meeting for the 2020 Spring Conference Planning Committee will be held in the St. Johns Lutheran Church basement, 402 Lake Avenue in Storm Lake on Saturday, January 25th, 2020, at 6:30 p.m.

## **The Forum**

On the last page of this newsletter you will find the subscription numbers for *The Forum*. As always, the report is based on the actual number of copies sent out each month. Group subscriptions vary because some groups receive multiple copies. The 'Other' column is based on all subscriptions sent to individuals, Districts, Al-Anon Information Service Centers, Literature Distribution Centers. Again, the numbers vary as some individuals or 'others' may receive multiple copies. All four groups that I regularly attend subscribe to at least one copy per month; one group even gives away a monthly subscription. In Iowa numbers have consistently increased for the individual or other category but trended down for group subscriptions. Group Representatives, I invite each of you to go back and ask your group to consider *gifting* itself a copy of *The Forum*. This *giving gift* provides inspiration, hope, recovery, CAL insights and informative updates each month. It can be shared among members, it can be used for public outreach, it can be given to a newcomer. Each *Forum* magazine includes an order form in the back of the magazine. Subscriptions can also be made on the [WSO website](http://WSO website). To purchase or renew online, go to [Al-anon.org](http://Al-anon.org). Click on Al-Anon Store, then find the tab for *The Forum*. An \$11 subscription can be purchased for yourself, your group or as a gift. That's 92 cents per month. What a wonderful gift to give yourself, your sponsee or your group! YOU ARE WORTH IT!

Beyond seeing the need to maintain my personal and group subscriptions, I have come to develop a reverence for the words of wisdom included in our magazine. From all over the country, anonymous people reach out through the language of the heart and center me for the day. I so enjoy spending quiet mornings gathering in new words of wisdom, new words of hope. I'll continue to give myself this priceless gift of serenity and invite you to do the same.

Veronica M. shares her love of birds and gift of photography with us on the back of both the October and November *Forums*. I was so proud to see Sabrina's article in the Alateen section of the October *Forum*. Whether through the lens or the pen, The Forum welcomes your input on a variety

of topics including our three legacies. Click [here](#) to submit your sharing online.

Thank you for the opportunity to serve as your Alternate Delegate and your *Forum* representative. Both endeavors have expanded my awareness of the healing power of recovery that service brings.

In gratitude,  
Katy P., Panel 57 Alternate Delegate

### Area Chair

Hello Iowa,

I hope everyone enjoyed the last Assembly of this term. If you weren't able to attend, be sure to ask about the two great workshops that we had. Friday night was "The 12 Steps in 15 Minutes," and Sunday morning was "Passing the Baton in Service." I am grateful for the lessons I have learned in service and will continue to learn as I complete a full term as your Iowa Area Chair (2020-2022).

Be sure to join us at the Iowa Area Service Workshop. Have you sent in your registration yet? It is Saturday, January 11, 2020, at Iowa Valley Community



College in Marshalltown, Iowa. This year's theme is 20/20

Envisioning Service. It will be a great day with service information for those new to service as well as those of us who are a little more "seasoned." And if you send in your \$5.00 registration (yes only \$5.00!) in advance, you will be put in a drawing to get your \$5.00 back. Log on to the Iowa Area Al-Anon website for the registration form: <http://iowa-al-anon.org/calendar/>

Make it an extra special trip and stay overnight with all your Al-Anon friends and stay for the AWSC meeting on Sunday, January 12 at the Hampton Inn in Marshalltown. What a great way to start the new term!

Congratulations to all on your new Service positions, whether at the Group Level, District Level, and/or Area Level.

Grateful for Service,  
Virginia B.  
Area Chair and Member

### Area Secretary

Hello Everyone!

It was sure nice to see everyone at Assembly. It's hard to believe it was the last one for this Panel. Thanks for all for your service the past three years. Especially to Mary S. – you did a great job with the Newsletters!

I am excited to see our Higher Power's work in progress for the upcoming Panel and Iowa Al-Anon.

I will be passing the "baton" to Becky V. in January. I want to support her in her new position as Secretary. Don't forget that we don't have to do anything alone – always be willing to ask for help if needed – no matter what position you may have in service.

Take care and hope to see everyone at the Service Workshop in Marshalltown in January 2020 (which is so hard to believe)!

As Always -- Growing in Service ---  
Linda A. – Area Secretary

### Area Treasurer

No Report

### Coordinator Reports

#### Alateen

I'm so glad to be back in touch after our October Assembly in Carroll, IA. I was elected at that Assembly to be the Iowa Area Alateen Coordinator as part of the Panel 60 term (2020-2022). Thank you for your support.

Our Alateen speaker at the October Assembly, Jayden O. from Swisher, IA, was an inspiration, reminding me why there are Alateen meetings. I also want to thank the AMIAS (Al-Anon Member Involved in Alateen Service) who brought other Alateen members to the Assembly.

PATHS TO SERENITY is the theme of the 2020 Alateen Serenity Weekend. The event will be held at Camp Wesley Woods the weekend of April 17-19, 2020. AMIAS, please check with your DR for the Alateen Serenity Weekend flyer with the AMIAS/Sponsor registration sheet on the reverse side. Exciting news! The Area approved the purchase of white T-shirts

with "IOWA SERENITY WEEKEND" logo in red for the Alateen Serenity Weekend. Now we'll have to see who will help us tie-dye. I'll bring the Tees.

Did everyone see the November 2019 *Forum*? *Alateen Talk* is celebrating 55 years "of providing help and hope to teens and younger members affected by the family disease of alcoholism." Do you have a Public Outreach project - contacting schools? Right on page 15 of *The Forum* is the *Alateen Talk* subscription form. A subscription for yourself is \$2.50 OR \$7.50 for 10 copies. Also, for any Public Outreach opportunities, I purchased a DVD from the WSO titled "Al-Anon and Alateen's role in Family Recovery." Please contact me if I can be of service.

The August AWSC (Area World Service Committee) meeting approved changes to the Alateen portion of the "Iowa Area Al-Anon/Alateen Policy and Procedures Guidelines" after the changes had been submitted to the WSO for approval. A BIG thank you to the Alateen Committee who worked on getting this accomplished. Heads up! There are more tweaks to the Alateen portion of the guidelines to come. More will be revealed.

Thank you for allowing me to serve Alateen.

Yours in service,  
Lorraine R.

### Archives

No Report

### Group Records

Hello everyone!

I must say this is one position I have really enjoyed and believe me, there is something changing all the time! I looked on the WSO database, and we have 2 groups that are in the "no mail" status. I hope to get this updated before the end of the year.



And the good news to share: WSO has developed a new registration form to use for our groups. In the area of



meeting Attendees it has check off boxes to indicate the type of member that will be attending. We will no longer have the choice of open/closed meeting. Instead, it is asking attendees are:

#1. Families, Friends and Observers welcome (FFO) OR

#2. Families and Friends only (FF)  
Isn't this great?

I'm sure there are some groups that have no idea how their group is listed. So, all current DRs, when you send me all of your new GR/ALT GR and CMA information, perhaps you will also note how the groups want to be listed at WSO. Please have all this information to me by DECEMBER 15<sup>th</sup> (or sooner)!! I have put a copy of the new form in each DR packet for reference. You can do updates electronically or email me the updates.

A new directory will be sent out the first part of January and thank you again for making this position such a joy to hold. We have all worked well together and it has been a great run!!!

Life is good,  
Becky V.  
Area Group Records Coord.

## Literature

Hello,

I have been greatly honored to serve as your Literature Coordinator over the past 3 years. With each new Al-Anon position, comes new growth. Just when you think, "Hey, maybe I got this!" it is time to move on. Thank you for the privilege to serve Iowa Al-Anon.

Here are some updates from WSO: *New Daily Reader* (working title) – The WSO is in the process of hiring a professional freelance writer/editor who is an Al-Anon member to analyze all sharings received and submit drafts of daily readings to the Literature Committee for review. Once these have been evaluated, we will notify the fellowship of any topics for which additional writings are needed.

*Alateen Newcomer Packet* (K-18) – To reduce rising costs and efficiently allocate resources, this newcomer kit, like the *Al-Anon Newcomer Packet* (K-10) before it, has been converted into a booklet. The new booklet offers a more aesthetically

pleasing product and provides better ease of use. The price has increased from \$1.40 to \$1.75

2020 CAL Catalog (S-15) – The English version of this free service tool is now available and can make great handouts at Assemblies to remind everyone of the wide variety of material available. It was included as an insert in the September issue of *The Forum* and is also available as a free download at [al-anon.org/cal-catalog](http://al-anon.org/cal-catalog).

Intimacy in Alcoholic Relationships (B-32) is now over a year old. This has been the sixth largest seller. However, often times in the second year sales will drop off. Please continue to encourage members to use the book.

Please consider sharing your story with WSO. They continue to need sharing's for "CAL Corner," *The Forum*, and the

*New Daily Reader*. For the *New Daily Reader* sharings are particularly needed on the Steps, Traditions and Concepts of Service, as well as ones that exemplify the wide variety of relationships and backgrounds of members today.

Thankful for Service,  
Missy Y.

## Newsletter

This issue of *Iowa Reaches Out* is the last of this term. It has been a privilege to serve as Area Newsletter Coordinator for the past three years and to have learned and grown in recovery as a result. My Higher Power has definitely been hard at work!

If you are currently receiving the Newsletter electronically as an independent subscriber (not a GR, CMA, AWSC member, or Past Delegate) and wish to continue your subscription into the next term, there's nothing you need to do. I will keep you in the subscriber email group and pass that along to my successor. If you'd like to be added to the email list, send a message to [iowareachesout@yahoo.com](mailto:iowareachesout@yahoo.com). If you would like to subscribe to a printed copy

of the newsletter, wait until January and send an email to [iowareachesout@yahoo.com](mailto:iowareachesout@yahoo.com) to receive instructions for subscribing. Cost of a print subscription is \$3/year or \$9 for the term. If you have questions about subscriptions, send an email to that same address.

Thank you to all who stood for Area positions at the Fall Assembly in Carroll. Your willingness to be of service is what keeps this fellowship alive and available for those suffering the effects of the family disease of alcoholism. The follow positions were filled at the Assembly:

### **Officers**

Delegate – Katy P.  
Alternate Delegate – Missy Y.  
Chair – Virginia B.  
Secretary – Becky V.  
Treasurer – Linda A.  
**Coordinators**  
Alateen – Lorraine R.  
Archives – Tracy V.  
Group Records – Tracy H-G.  
Literature – Mary E.  
Newsletter – TBD  
Public Outreach – Michelle K.  
Web Page – TBD

Together we are better!  
Mary S.  
Area Newsletter Coordinator

### **Public Outreach**

No Report

### **Web Page**

There were not any new Trivia questions on the website for the Fall 2019 Assembly. All DRs must make sure that the meeting lists on the website are up to date. Please verify the revision dates. They must be updated yearly. Currently Districts 5, 6, 10, 12, and 15 are directed to the Iowa meeting list.

The old Spanish menu item on the website has changed to "Announcements." We can use this page for any important information about Iowa or for WSO news. Any suggestions for the content of this page are welcome.

I encourage you to please send me the flyers that you bring to meetings (in .pdf format) so they can be posted on the Iowa



website. I would be happy to help any person stepping up to be a Website Coordinator for the next 3 years. I look forward to your willingness and service.

Yours truly,  
Hedi. M.

## **DISTRICT REPORTS**

### **District One**

Hello from District 1.

Autumn Awareness was a huge success! The speakers were great and the food delicious.

The Al-Anon members are very busy distributing the *Al-Anon faces Alcoholism* books to local businesses, churches, and treatment centers. We have also been involved in several community events and have handed out lots of literature.

We are still working very hard at getting Alateen going in Sioux City.

The next thing on our agenda is our annual Christmas cookie exchange. This date for this event has been set for December 7 from 1:00 - 3:00 pm. There will be lots of goodies to share and some great fellowship. Please come and join us.

Respectfully in Service,  
Bonnie W., D.R. District 1

### **District Two**

Hi Everyone!

District 2 had their district meeting, October 29, 2019. There were 9 members present. We welcomed in our new DR, Kathy B.; Alt. DR, Margaret M; and Public Outreach, Kim T. We are still in search of our District Secretary/Treasurer and Archives. We will be putting this in our Higher Power's hands and hope that people will step up!!! We got our budget set up for 2020. Groups have reported that they all have had quite a few newcomers, and some have continued to participate.

The Tri-district workshop was a great time had by all! We are hoping that we can do another workshop next year.

I am grateful for the chance of being the District 2 DR and will look forward to being the Area Group Records Coordinator.

Grateful in Service!  
Tracy H. G.  
District 2 DR

### **District Three**

No Report

### **District Four**

2019 is coming to a close. This is the last Newsletter for some of us. I have met many new friends in my terms as GR, Alt.GR, and DR.

October was busy in District 4. We participated in the UNI Wellness Fair, attended the Fall Assembly, spoke three times at UNI classes, and attended the Hawkeye Community College Health Fair. We are continuing our Horizons and Pathways Treatment Center visits.

November 8-10 is our BGTY Weekend. One of our members even had a real Barn Halloween Party.

Hopefully I will see many of you in January at the Area Service Workshop in Marshalltown.

Our new DR is Kristine N., so I will leave the rest to her.

Goodbye and take care.  
Judy B., DR 4

### **District Five**

No report

### **District Six**

No report

### **District Seven**

The District 7 Birthday Celebration will be held Saturday, April 25, 2020, at the Mid-Iowa Boy Scout Center in Des Moines. The theme is "Drop the Rock." Al-Anon speaker for the event will be Cordi M. from Broken Arrow, Oklahoma; Alateen speaker will be Johanna M. from Des Moines; and AA speaker will be Bill C. from Des Moines. We will again have a special quilt to raffle as well as a silent auction. Dinner tickers are \$25 for adults and \$10 for children until 4/17/20, when the prices increase \$5. Online registration opens in February. We hope to see you there!

The District 7 Serenity Weekend planning is also underway. We are considering some alternative dates. We just never know what the weather will be like in March. We've had blizzards, days so sunny you could wear shorts, and roads so muddy you could barely drive on them without getting stuck!

Our Fall Service Workshop was held Saturday, November 2, and elections for District service positions were held. Be on the lookout for updates!

Our Holiday Party is scheduled for December 7 at 11 AM at the White



House. Two very kind Alateens stepped forward to plan the event. They are planning some fun and a gift exchange. Come join the fun!

It has been an honor to represent District 7 for the past three years at the AWSC meetings. Thank you to those who voted for me and supported me in this role.

Valerie B.

### **District Eight**

Hello from District 8!

Next week, November 7<sup>th</sup>, is our annual fundraiser the Fall Festival-Eats, Sweets & Speaks. At our last District meeting held Oct. 21<sup>st</sup>, last minute details were ironed out and we look good to go. We are excited to have Beth K. coming to share her story as well as a young AA member who will be speaking for the first time. This is always one of my favorite events!

We have also been busy finishing up group and District elections and putting together the contact information for the next term. We have some newer members stepping up and some members choosing to serve in different capacities; looks like it will be a great group for next term!



We decided our last District meeting of this term will be short, and we will host a Holiday get together for the incoming and outgoing GRs and Officers

(also inviting any other members who would like to join us). Food, Fellowship, and Festive atmosphere! This will be on Monday evening, December 16<sup>th</sup> at 7pm. Eastview Christian Church in Cedar Rapids.

It has been an honor to serve our District and work with all of you. I feel very blessed to have had such a great group to work with and to have them put up with me. I look forward to seeing you next term!

Laughter and Learning through Service,  
Tricia K, DR District 8

### **District Nine**

Happy Falinter from District 9! We seem to have skipped fall and gone directly to winter!

It's been a busy time in District 9! We were way too EGG-cited in September between costumes, posters and skit prep. We all had a wonderful time at the Area Serenity Weekend! Now we're bringing the excitement home. Our district we will be holding a Serenity Saturday on November 16<sup>th</sup> at Edwards Church in Davenport from 8:30am – 3:00pm. The theme is *These Steps Are Made for Working* and I'm told there will be 'special music'. There will be a speaker, games, a white elephant raffle and way too much non-caloric food. There are flyers everywhere and on the Area website. Please join us for fellowship, food and fun.

We held our Fall Women's Spiritual Experience Weekend on September 7<sup>th</sup> &



8<sup>th</sup> at St. Mary's Monastery in Rock Island. Our numbers were down a little but we had a couple new faces and beautiful

weather. Our Spring edition will be May 2<sup>nd</sup> & 3<sup>rd</sup>, 2020. We have a chair and planning is underway.

Our 3<sup>rd</sup> quarter district business meeting was in DeWitt on August 28<sup>th</sup>. We discussed the end of terms for District positions and elections at each group level. Bettendorf group reported large attendance with many grandparents now attending. Central Discussion also reported increased attendance as well as

Tuesday night CAL Book Study group. All groups reported newcomers. Clinton is still going strong and reported 1 -2 newcomers. Bettendorf held a speaker meeting on September 30<sup>th</sup> where their own member, Colleen, shared her story. Tuesday night CAL Book Study celebrated their 7<sup>th</sup> anniversary with a speaker meeting and pot luck on September 24<sup>th</sup>. Diane B. from Muscatine shared her experience, strength and hope along with how she uses the Steps and the spiritual principals behind them every day. Our next District business meeting will be held in Davenport on Wednesday December 4<sup>th</sup>.

For more exciting news, our district is also trying to get a new meeting up and

*Gratitude is an action.*



running! We have 5 core members trying to spark interest in a noon

Monday meeting at a local hospital. We're running into a bit of resistance with the hospital not allowing AFAs or bookmarks to be set out; but we have some persistent, seasoned AI-Anon members in our District and my money's on them! We carry the message throughout our District by participating in weekly AI-Anon institutional meetings at the Abby in Bettendorf and a monthly meeting on the 2<sup>nd</sup> Wednesday of each month at CADS (Center for Alcohol and Drug Services), which is an outpatient center in Davenport. We continue to distribute *AI-Anon Faces Alcoholism* booklet along with several other pamphlets at both outreach meetings and throughout our communities.

In Service,  
Michelle K.  
District 9 Representative

### **DISTRICT TEN**

No Report

### **District Eleven**

Hello all from Dubuque,

We will have our last District 11 Meeting at 9:00AM on November 9, 2019 at Grand View United Methodist Church. We will be voting for our District officers and

chairpersons. We will also be setting up the District meetings for 2020.

The Mini Conference will be November 09, 2019, at Grandview United Methodist Church after our last District 11 meeting. The theme will be "I am Responsible." The AFG speaker will be Jill G. from Conesville, IA. The event will start between 12:15 and 12:30 PM. There is a flyer on the web page.

These last 3 years went fast. I learned a lot and have grown. I have enjoyed my time as DR for District 11. I am moving on in my next 3 years of service.

Love and peace in service,  
Geri G.

### **District Twelve**

No report

### **District Thirteen**

No Report

### **District Fourteen**

Hello from District 14!

I am excited to announce we have a GR who is stepping up to be our District Representative for the next term. Judy V.,  
thank  
you  
again for



continuing your service journey. I am reaching out to the GRs to see how their elections are going and hope I can get the information to group records by December.

Even though our last District meeting had three groups out of ten represented, it was a good time. I did a different format involving a workshop and a skit, which was informative and fun. We will have the last meeting on the 17<sup>th</sup> of November.

I would like to thank again the Carroll members who helped make the fall assembly a success by contributing to the hospitality room and to chairing the candlelight meetings.

Our District has one more Assembly to go, the Spring Assembly in Storm Lake. I am grateful that I am not alone. Thank you Virginia for being co-chair, and I look

forward to working with Missy Y. on this last endeavor.

These last three years have been a growing experience for me, meeting my GRs and learning about how their groups are each unique and still AI-Anon. I am thankful for all the support that they have

given me by attending the District meetings or, if unable to attend, sending me information about how their groups are doing.

I would also like to acknowledge my gratitude for this opportunity to serve as

Literature Coordinator during the next term. Thank you.

Yours in Service,  
Mary E.

**District Fifteen**  
No report



**The Forum subscriptions**

		Group		Other		Total	
	State/Province	Subscriptions	Copies	Subscriptions	Copies	Subscriptions	Copies
February 2018	IA	53	62	350	354	403	416
February 2019	IA	52	62	353	357	404	417
<b>September</b>	<b>IA</b>	<b>48</b>	<b>58</b>	<b>392</b>	<b>396</b>	<b>444</b>	<b>458</b>
<b>October</b>	<b>IA</b>	<b>49</b>	<b>59</b>	<b>396</b>	<b>403</b>	<b>445</b>	<b>462</b>
February 2018	Grand Totals	2,590	3,077	17,274	18,173	19,864	21,250
February 2019	Grand Totals	2,542	3,105	16,903	17,891	19,445	20,996
<b>September</b>	<b>Grand Totals</b>	<b>2,433</b>	<b>2,978</b>	<b>17,063</b>	<b>18,029</b>	<b>19,496</b>	<b>21,007</b>
<b>October</b>	<b>Grand Totals</b>	<b>2,448</b>	<b>2,987</b>	<b>17,119</b>	<b>18,078</b>	<b>19,567</b>	<b>21,065</b>

Note -January 2019 totals were not made available from the WSO.

