



“Iowa Reaches Out” May-July 2019

“Iowa Reaches Out” is a within the Fellowship Newsletter. Please respect the anonymity of all whose names appear within.

Delegate

Hello, Bonjour, Hola,

This is what I heard each day at the World Service Conference (WSC). Professional interpretation was offered to our Spanish and French speaking WSC attendees for the first time. It was a bit of an adjustment for the English-speaking folks (we had to slow down), but it really made the WSC feel **worldwide**.

This was the final WSC I will attend as your Delegate. I became very close with all those in my Panel. Each Panel does a skit the last night of conference after the closing dinner. Well, what do you get when you have a Delegate in theater and one a prolific skit writer? A Production: “The Wizard of Al-Anon Oz”! We worked for months rehearsing our play, creating playbills, gathering costumes and backdrops; all the while growing close to each other. I hope to have a recording to share with you during Assembly.

The theme this year was “**ACTION IS ATTRACTION. THERE IS NO GROWTH IN THE COMFORT ZONE.**” I think of who I was before Al-Anon, my journey in Al-Anon, and looking ahead to what Al-Anon might become. Each time I hit a comfort zone I run the risk of getting complacent, uncurious, or unconcerned. It is only when I step out of my comfort zone that I grow. Stepping out of my comfort zone requires me to risk feeling uncomfortable. The next time I want to say no, I need to remember: Lois was reluctant to take on the creation of Al-Anon because she wanted to enjoy life at Stepping Stones tending her garden. What would have happened to all of us if Lois had not stepped out of her comfort zone? But Lois' strong sense of service prevailed. **How will we step out of our comfort zones and be willing to do everything we can to ensure Al-Anon is there for others?**

The days were packed full of meetings so we could complete all of the necessary work. We started at 8:00 am and finished by 8:00 pm. Thank goodness there were skits and silly moments to break up the day! Some highlights:

- I was thrilled to learn I am on the Public Outreach Committee for a third year! There are exciting things going on; new PSAs, a new AFA, a new Fact Sheet for Professionals, and many more. *Watch for more information from our Public Outreach Coordinator, Lisa G.*
- We received a copy of the new bookmark “Just for Tonight” M-81.
- We reviewed and approved revisions for the “Alateen Policy” sections of the Digest of Al-Anon and Alateen Policies, revisions to the language to improve clarity of the appeal process outlined within the text of Concept 5, and revisions to the World Service Handbook to provide clarity regarding those Staff members who are voting members of the WSC.
- We reviewed and approved the 2018 Annual Report and 2018 Audited Financial Statements.
- We reviewed and approved the 2019 budget.
- We received a Thought Force report-back presentation on “Welcoming Potential Members”.
- There was a Policy Work Group discussion on Electronic meetings.
- There was a report on the 2020 AA International Convention in Detroit and the 2023 Al-Anon International Convention in Albuquerque.
- We attended an open Board of Trustees and an open Policy Committee meeting.
- We discussed three Chosen Agenda Items;
 - Electronic/Virtual Meetings: How can we step out of our comfort zone – In this case face-to-face District



June 7-9, 2019
Spring Assembly
Grinnell College, Grinnell, IA

June 9, 2019
Last date to declare intent to stand for Area officer position

July 31, 2019
Deadline to submit resumes for officer or coordinator position

August 1, 2019
Iowa Reaches Out deadline

August 4, 2019
AWSC meeting
Hampton Inn
Marshalltown, IA

October 11-13, 2019
Fall Assembly
Carroll, IA
This is an election assembly!

November 1, 2019
Iowa Reaches Out deadline

- and Area business meetings – and incorporate electronic participation?
- Encouraging Service: How can we address gaps in the links of service, increase new member participation, and support group growth?
 - Meditation: Whether or not a group that has a period of meditation or quiet time as part of its format is following the Legacies.
 - There were inspirational sharings from the outgoing Panel 57 Delegates.
- I want to thank everyone for the gifts, cards, kind words, and support I received during the World Service Conference. I

was so excited to check my daily mail. Is this heaven? No, ***it is Iowa!***

As the Area World Service Delegate, it is my responsibility to be the communication link between the groups and the World Service Office. This is a snippet of the Conference Report I will give at Spring Assembly. I plan on reporting on matters affecting the entire fellowship AND having time for an interaction/breakout session. You have a vested interest in all the work that is done. Please encourage everyone to come to the Assembly, including as many GRs as can come. Oh, lest you forget there will love gifts shared and some prizes too!

We have been invited to the "Road Trip! You and Your Board Connect" event held October 19, 2019, in Seattle hosted by the Washington Area. This is an opportunity for Trustees, the Executive Committee, and members to interact with each other. Email me if you are interested in taking a road trip to Seattle this fall!!

Our 2019 Area Serenity Weekend will be September 20 - 22 @ Twin Lakes Bible Camp, Manson, IA. The theme this year will be ***Egg-cited for Serenity!***



There will be a flyer on the website soon, and I will have some at Assembly. Come, you can egg-scape, or maybe you would rather be sunny side-up, or you will find eggs are no yolk! Please come and join the fun (*and bring a friend or many friends*).

Lastly, please join me in thanking Connie H. and Debbie G. for the tireless work they have done as WSO volunteers. Connie served six years as a Trustee-at-Large and three years on the Executive Committee. Debbie has served six years as our Regional Trustee and also as Chairman of the Board of Trustees. Debbie will begin a term on the Executive Committee as its Chairman. I am personally grateful their familiar faces were at the WSO and for their part in my journey.

Trust in His timing, Wait for His answer and Believe in Miracles!

Beth K.

Lovemycats2004@gmail.com

Alternate Delegate

SPRING ASSEMBLY 2019

Grinnell, IA June 7, 8 & 9, 2019

Keys to the Kingdom

Registration Deadline is May 31, 2019

AFG Speakers

Friday opening workshop – Ann D., Cedar Rapids, IA

Luncheon - Rachele C., MN N Delegate, Panel 56, Zimmerman, MN

Sunday spiritual speaker - Lorraine R., Past Delegate Panel 48, Des Moines, IA
Alateen – Andrew L., West Des Moines, IA.

Spring Assembly is right around the corner! For those wishing to share a room or room near each other, please mail your registrations in together or indicate your proximity preferences on your form. Parking may be tight. Consider staying on campus once you've arrived. Our meals will be in the state-of-the-art campus cafeteria. A hospitality space will be centrally located for refreshments throughout the weekend. The flyer and agenda are on the [Iowa AI-Anon website](http://www.iowaai-anon.org). A link to the campus map is included here:

<https://www.grinnell.edu/sites/default/files/documents/campusmap.4.12.pdf>

Tricia, Lisa, and Katelynn, thank you for the hard work and preparation you have put into our Assembly. We are going to have a great time!!

FALL ASSEMBLY 2019

Carroll, IA October 11-13, 2019

Serenity Seekers & Wisdom Walkers

Registration Deadline is October 1, 2019

AFG Speakers

Luncheon – Vali F., Executive Director WSO

Sunday Spiritual Speaker – Connie H., Ft. Dodge, IA

Alateen – TBD

Mary, Judy, and I attended a walk-through of the Carrollton Inn in March. It's a lovely venue with many updates to the hotel and event center. We will be sitting theater style in a smaller room so dress in layers for comfort. This will be our voting assembly. Outgoing GRs are encouraged to bring your incoming GR to introduce them to our Iowa AI-Anon business meetings. Vali F. will share her workshop *The Twelve Steps in Fifteen Minutes on Friday evening*. Thank you Mary, Judy,

and D12 for your flexibility with scheduling changes!

SPRING ASSEMBLY 2020

Buena Vista College, Storm Lake, IA June 5-7, 2020

Thank you Virginia B. and Mary E. for co-chairing the initial Assembly of Panel 60! Our AI-Anon luncheon speaker will be Lynette K., Trustee from Baltic, SD. AA Speaker will be Jackie B., Ankeny IA. Flyers will be available at the August AWSC meeting.

The FORUM

Group Representatives, as your group's Forum representative (page 61, Service Manual) please ask your group to order one or more copies of the Forum. At \$11 per year, your group can give its copy to a newcomer, use articles as topics for meetings and stay up on the current news from the World Service Office. *The Forum is the Voice of Recovery – Today.*

Congratulations to Virginia B. and her furry pal Maggie for a wonderful photo on the back page of April's Forum. Another Iowan, Veronica, had a beautiful photo on the back of the May magazine! I love finding photos and articles from our locals. Thinking about submitting? Use this [link](#) to submit your story to the Forum. Mark S., Magazine Editor for the Forum has this request:

What's Your Story?

Dear *Forum* readers, your sharings about your journey through recovery from the effects of the disease of alcoholism are needed. Previously titled "My Story," these sharings focus on what brought you to AI-Anon and what keeps you coming back. Here are some things to think about when writing:

- What was your life like before coming into AI-Anon?
- In what ways were you affected by someone's drinking?
- How did you hear about AI-Anon?
- What were your first meetings like?
- What kept you coming back?
- What is your life like now? In what ways has the program benefited you?

Submissions should range from about 700 to 1300 words. Remember-don't worry about spelling or punctuation. Your sharing will be edited before publication. You can inspire readers by sharing your own experience, strength, and hope.

Mark S. Magazine Editor, Forum

Katy P.

Area Chair

Greetings from Northwest Iowa!

Isn't it great to have spring in the air ... although we have rain today! I'm looking forward to seeing everyone in a few weeks at the Spring Assembly in Grinnell, Iowa. The pictures I've seen of the venue look beautiful! This is the last Spring Assembly of our term. Elections in the fall are an exciting time. If you are thinking about (even a tad bit thinking) standing for Area Officer position (Delegate, Alternate Delegate, Treasurer, Secretary, or Chair), please declare to the Area Secretary (Linda A.) your intent to stand. This may be done prior to or at the June Assembly meeting. Declaring your intent doesn't mean you have to stand; it would be better to declare your intent and make your decision in time for submitting your resume, than not declare your intent and not be able to stand for an Officer position. Did you know the requirements to stand for an Area Officer position? See page 14 of the Iowa Policy & Procedures Manual – you can find a copy on the Iowa Al-Anon website iowa-al-anon.org – Members – Service Resources. Be sure to look over pages 14 and 15 of the Iowa Policy & Procedures for more information on elections and join Linda A. (Area Secretary) and me (Virginia B.) at the Spring Assembly for a workshop on Elections. If you should have any questions, please contact me!

Grateful for service,
Virginia B
Area Chair and Member

Area Secretary

Hello Everyone!

It is hard to believe that it is May already and we will see each other at the June Assembly! I am looking forward to the fellowship and reconnecting with friends.

Please remember to let Becky V, Group Records, know of any GR or Alt GR changes as per the Policy Manual for voting purposes. This helps to ensure that I have the updated list at the Al-Anon registration table.

If anyone is interested in the Secretary's position for the next term, please feel free to contact me as to the details. It has been a fun position through which I have learned a lot. Service is the key to recovery.

As Always -- Growing in Service ---
Linda A. – Area Secretary

Area Treasurer

Hi, all!

I'm sure most of you have heard that I will be replacing Jean L. as Area Treasurer. I have been looking at the paper work and taking care of business. I have changed the bonding from Jean to myself, so that is out of the way. I was out of commission the last week of April and the beginning of May but am now able to do the job. Thank goodness I have previously been the Area Treasurer. Thank you for all of your support during this transition time.

In Gratitude,
Lori R.

Coordinator Reports

Alateen

ALATEENS, I hope you loved your Area Alateen Serenity Weekend. We, the AMIAS, loved sharing it with you! I want to THANK all the AMIAS who served our Al-Anon/Alateen fellowship the last weekend in April at the Area Alateen Serenity Weekend held at Wesley Woods. Woo HOO! I heard it was another wonderful weekend. We even had Iowa's Area Delegate, Beth K., come and spend Friday night and Saturday as an AMIAS and workshop leader. Thanks to Beth, the group received the NEW "Just For Tonight" bookmarks.

Here are a few more tidbits from this year's Alateen Serenity Weekend. The Alateens enjoyed the meetings, the dance, the speakers and the writing workshop. The sharings from this year's Alateen Serenity Weekend will be sent in to Alateen Talks as they were in years

Iowa Al-Anon Literature Depots:

939 Office Park Rd.
Suite 113
West Des Moines, IA
50265
515-277-5059

www.al.anondesmoines.org

2801 Jackson St
Sioux City, IA 51104
712-255-6724
afg.aiclit@yahoo.com

Web Sites:

Iowa Area

www.iowa-al-anon.org

Al-Anon World Service Office

www.al-anon.alateen.org

www.al-anon.alateen.org/member

←

past. The Alateens also expressed an interest in seeing each other more than once a year at this event. Per our Delegate, Beth, there will be discussion on costs and the availability of AMIAS at our Area Assemblies.

Plans are already in the making for next year's Area Alateen Serenity Weekend. The theme will be **Paths to Serenity**. We are booking the weekend of April 17-19, 2020, at Camp Wesley Woods, Indianola, IA.

Golly, you'd think I was there. I want to thank Katy P, Alternate Delegate, for stepping in for me as I was recovering from hip surgery. I did make my chocolate cookies to send with Katy as my love gift to the Alateens and AMIAS. My heart was definitely with the group the entire weekend.

Can't wait to see everyone at the June Assembly in Grinnell!

Yours in service,
Lorraine R.

Archives

Hi, all!

Archives has been quite quiet lately with not much to report on, but I'm sure most of you have heard that I will be replacing



Jean L. as Area Treasurer. I have been looking at the paper work and taking care of business. I have changed the bonding from Jean to myself,

so that is out of the way. I was out of commission the last week of April and the beginning of May, but am now able to do the job. Thank goodness I have previously been the Area Treasurer. Thank you for all of your support during this transition time.

In Gratitude,
Lori R.

Group Records

No Report

Literature

Hello,

I think spring may finally be here. It seemed like extremely long winter this year and maybe even longer since I missed the March AWSC meeting. I am looking forward to seeing everyone at the Spring Assembly in Grinnell.



I was so excited when I went to the mailbox and there was a letter from WSO including a "Just for Tonight" bookmark, along with my assignment to share it with you. It is a great piece of Literature to remind us to take care of ourselves and prepare for a peaceful restful night. They are only \$.10 each! So it is a very inexpensive tool that can be used. It also would make a great little gift for to have available at meetings to hand out to newcomers.

Intimacy in Alcoholic Relationships is now available in English, French and Spanish.

Please consider sharing your story with WSO. They continue to need sharing's for CAL Corner, *The Forum*, and the new daily reader. Our literature is all written by the members of Al-Anon. WSO would love to hear from you. Also please submit your pictures. You never know; you may see it printed in *The Forum*.

Thankful for Service,
Missy Y.

Newsletter

Happy Spring!!

Included with this issue of *Iowa Reaches Out* is a copy of the Al-Anon agenda for the Spring Assembly in Grinnell. I'm looking forward to seeing everyone there.



July 31 is the deadline for submitting a resume for an Area Coordinator position. If you'd like to know more about this position, please contact me at iowareachesout@yahoo.com

Together we are better!
Mary S., Newsletter Coordinator

Public Outreach

Hi Everyone! Now you can get the Al-Anon Faces Alcoholism (AFA) all year around! Yes, the demand is high. Go on-line www.al-anon.org and go to the Al-Anon Store. The AFA is a



perfect public outreach tool to hand out. Order today and drop them off at doctor offices, counselors, treatment centers, churches, libraries, and more. Take advantage of this great outreach opportunity.

Enjoy the weather and see you in June at the Spring Assembly in Grinnell, IA.

Take care and keep the Al-Anon fire lit!

Yours in service,
Lisa G.

Web Page

Three new trivia questions are now posted on the website. Bring your responses, and each correct answer is eligible to win a prize. The drawing takes place at the Spring 2019 Assembly.

All DRs must make sure that the meeting lists on the website are up to date. Please verify the revision dates. They must be updated yearly.

The old Spanish menu item on the website has changed to "Announcements." We can use this page for any important information about Iowa or WSO news. Any suggestions for the content of this page are welcome.

I encourage you to please forward your flyers that you bring to meetings in .pdf format to me so they can be posted on the Iowa website.

I participated in the Web Coordinators survey on April 2019. These are few of the survey questions:

- Are we interested in live chats, recordings or both in order to discuss web topics?
- What are some of the challenges we face? (I mentioned anonymity and security)
- What are some of the topics we would like to be discusses?
- List of best practices to share with web coordinators.

Yours truly,
Hedi. M.

DISTRICT REPORTS

District One

Hello from District 1.

We have been working hard on our public outreach. We are passing out the AFAs to churches, treatment centers, and doctors' offices to continue to try and reach those who still suffer.

We had our Annual Tri-State workshop on January 26th. This is our annual workshop where Iowa, South Dakota, and Nebraska get together. Each State does a 45-minute workshop. This was well attended by all 3 states this year. It was a wonderful learning experience by all who attended.

Our Annual Spring Frolic was scheduled for April 27th. The speakers did an excellent job and the food was very good. All in all, it was a very rewarding day.

Serenity Day is set for June 22, 2019. Come and spend the day with us at peaceful Stone State Park amongst the birds and the butterflies and Learn to Fly.

Respectfully,
Bonnie W., D.R. District 1

District Two

YIPEE! Winter is finally over!! Bring on the warm weather!

District 2 has been busy getting things lined up for our Area Serenity Weekend Fundraiser which will be on May 31, 2019 at the Spencer Al-Anon Club House! Flyer is on webpage. We had our District meeting on March 18, 2019 with 7 members present. We have updated our Meeting card. Our District is also working with surrounding Districts to hold a workshop on July 13, 2019. We will post on the website soon!

Grateful in Service!
Tracy H. G.
District 2 DR

District Three

No Report

District Four

Hello from District 4.

We had our last District Meeting in March and preparing for the May District Meeting. In March four of our members went to UNI to speak to three classes about Al-Anon. We still go to two treatment centers monthly. Two of us went to Allen Behavioral Health four times to see if we could be of some help to them; we didn't get very far with that. The Families don't show up.

In April we had our Metro Spring Anniversary and Luncheon 2 weeks earlier than usual. We worked with the AA Group and had an Al-Anon and an AA speaker on Friday and Saturday this year.

It was a better turnout. We had Lisa G. speak on Friday and Tarcila F. from Tennessee on Saturday.

Spring

They were both fantastic. Our luncheon on Saturday also had a great turnout. Now we are in the planning stage for an Al-Anon Medallion Day in June. We can't wait to hear about Beth's Trip to the World Service Conference in Virginia Beach, VA.

Yours through service,
Judy B.

District Five

No report

District Six

No report

District Seven

Greetings from District 7 in Central Iowa! It has been a lovely spring, and school activities are winding down. My boys have the countdown on for the last day of school.

District 7's Serenity Weekend was held March 9-10 at Camp Wesley Woods in Indianola. The theme was "Let it Begin with Me." We endured a very rainy, muddy day; but the gratitude shined bright inside. The programming was wonderful! We had a little incident with Lois and Ann, but they are back in some less-breakable frames and back on event tours again. I want to extend a big thank you to Bonnie, Janice, and Sandy who led planning of the event. They did a fabulous job!

District 7's Birthday Celebration was held Saturday, April 27 at the Mid-Iowa Boy Scout Center. This year's theme was "Gratitude is Key." The committee did a fantastic job with all the live plant decorations at the center of each table; everyone walked away with at least one succulent. Our silent auction included over 40 baskets donated by members and groups, and brought in \$950 dollars. The Al-Anon speaker was Don B. from Wisconsin, and AA Speaker was Paula P. from Illinois. Both were fantastic! We raffled a handmade quilt to a lucky member as well. Thanks to Lyndsey and Adrianna for chairing the event!

Summer will be here before we know it, and election season will be upon us. I have been encouraging members to step up to service. So much growth is available here!
Valerie B.

District Eight

Hello!

Finally it seems we have some signs of Spring! I sure hope everyone is safe and unaffected from all the flooding around the state! District 8 is praying for all the communities affected!



We have been busy wrapping up the final

details for the Spring Assembly in Grinnell. It is a beautiful campus and we hope to see many of you there! Get your registrations in now if you haven't already and make sure to sign up for meals! They have a wonderful chef and a wide variety of food! The dorms are nice and are air-conditioned! I believe hotel rooms are becoming scarce due to a softball tournament, but there are plenty of accommodations at the college and linens are provided.

Last I wrote we were trying to decide how to proceed with our meeting in Anamosa. It had been a year since we started it and we did not have the support we had hoped from the citizens in town so we did have to close it unfortunately. We were sad to see that happen, but we did get a few new members who are attending our other meetings.

We were also planning for our Spring Fling, "I Love the 80's! Spark the Flame" It went over very well, was well attended and there were some great 80's outfits and hairstyles! We focused on the service positions that will be open and how we need people to encourage our District to keep the Al-Anon flame alive! I believe all who attended enjoyed it. We had some fun games, sharings from our Alateen and 80's themed prizes, the mini rubix cubes were a hit!

Looking forward to seeing you all in June!
Tricia K.
DR, District 8

District Nine

Spring has sprung in District 9! Unfortunately, that means we are a bit soggy and a lot flooded here.

We just held our Spring Women's Spiritual Experience Weekend on April 27th & 28th.

The theme was "The Promises of Al-Anon." It was rainy and cold, but the spirit and love of Al-Anon kept us cozy and warm. It is always such a peaceful and serene weekend. Planning is underway for our Fall SEW which will be September 7th & 8th at Saint Mary's Monastery in Rock Island. We will have flyers available at the Spring Conference in Grinnell.

We held our 1st quarter district business meeting on March 27th. Our district currently has six groups with nine weekly meetings. Bettendorf's meetings run between 25 – 30 attendees, DeWitt's meetings have about 10 -18 members, and Central Discussion in Davenport typically has around 20 - 25 on Saturday & Wednesday mornings. Wednesday and Friday nights are smaller but consistent. DeWitt just held a big anniversary potluck on April 5th. They always have an Al-Anon and AA speaker along with lots of delicious food! CAL Book Study attendance is the smallest with 3 – 4



members. They will switch from reading *The Forum* to the new *Intimacy in Alcoholic Relationships* book in July. Steps to Serenity stays consistent at around 10 members. Our new group in Clinton, Hope for Today, is growing stronger at about 8 – 10 regular members; and they are currently looking for literature donations to make group copies available until they have the money to purchase some. We also have a new AMIAS in Clinton and are hoping to generate interest in a possible Alateen group. All groups reported newcomers each month.

We continue to carry the message throughout our District by participating in weekly Al-Anon meetings at a residential treatment facility in Bettendorf. We've also been invited to begin once-a-month meetings at the CADS (Center for Alcohol and Drug Services) outpatient center. It will be the 2nd Wednesday of each month at 7:30pm beginning May 8th. We are hoping to provide help and hope to the families of alcoholics. We continue to distribute Al-Anon Faces Alcoholism booklet along with several other

pamphlets at both outreach meetings and throughout our communities.

Yours in Service,
Michelle K.
District 9 Representative

DISTRICT TEN
No Report

District Eleven

Hello to all from Dubuque,

Our Spring Workshop was wonderful, and all who attended enjoyed the workshop, fellowship, and food. There was great discussion about fear of doing service and sharing about the service we have done. We had 24 members attend.



On April 16th we took part in a Mental Health Fair put on by Lutheran Services of Iowa at the Diamond Jo Casino after being alerted to it by a notice in the paper. Many of our pamphlets and fliers were displayed on the table, with one side for Al-Anon and one side for Alateen. We also had bookmarks available along with recycled copies of *The Forum*, *Help and Hope* magazines, various pieces of literature, and meeting schedules. We had two pop-up stands to display smaller Al-Anon and Alateen posters. It was a great way to get contact information into many hands. We ordered Post-it notes with the Al-Anon logo on them along with the local number and a web site that connects to World Service office for easy access to information. We handed out 84 of them. The most of our traffic asked about help for teens. Several of the professionals sought us out for that reason.

The Westside Wednesday AFG will be hosting the Fall Speaker Supper on September 28th. The Al-Anon speaker will be Audrey U. from Ames. The AA speaker will be Shannon P. from Dubuque. More information will be provided in June. Love and Peace, in Service,
Geri G.

District Twelve
No report

District Thirteen
No Report

District Fourteen

We held our last meeting April 28, 2019 in Fort Dodge. There were four groups represented, and two more texted me on how their groups are doing. One group is struggling with a domineering member and there was a discussion on how other groups handled this situation.

I am pleased to announce there is a new meeting beginning in Manson. Once they become more established, they will be getting registered. I am looking forward to attending this meeting held Mondays at 7:30 pm at the Catholic church.

We have not found a place yet for our Alateen to meet. We hope to get this resolved soon.

"Let's Talk about Safety in Al-Anon Meetings" was also discussed along with the other material on safety that I received from our Delegate, Beth K. The GRs were enthusiastic about sharing and discussing this with their members.

Judy the Chair for the Fall assembly was in attendance, and we talked about the agenda for that weekend. She is going to let me know when the next planning meeting in Carroll will be.

Our next District meeting will be July 28, 2019, in Fort Dodge.

Grateful in Service,
Mary E.

District Fifteen
No report

