

Greetings from District 4.

We are planning for a virtual Be Good to Yourself afternoon on Saturday, November 7th, 2020. We will send a flyer with details to the AWSC when it is ready.

Our new local website is receiving steady traffic. We also do public outreach by providing the Help and Hope outreach magazines to the local libraries and Pathways.

Some of our local meetings are meeting online, others are in person, and some are hybrid. We are grateful to have different options so people can find the help they need in a format that they feel comfortable with.

Respectfully submitted,

Kristine N., District 4 DR.
September 28, 2020