

Hello,

I am excited to be part of the first Virtual Iowa Area Assembly. I hope you share that excitement with me! We have a great afternoon planned! And just think we are making history in Al-Anon, just as Lois and Ann did. I look forward to hearing our speaker today, Lynette K, Baltic SD. We will also have the privilege to hear our Delegate, Katy P. share her report and experience of the first Virtual World Service Conference, more history in the making.

It is really cool seeing the enthusiasm that I see in the AWSC for Al-Anon service. It is just amazing. I have seen the love of this program in action in many different ways over the past months. When Covid-19 locked us down, I saw members step up; to make sure our members were able to access meetings online. We are still able to practice The Steps, Traditions and Concepts of this wonderful program while social distancing. We can stay in touch with our fellow members through it all and for that I am grateful!

I look forward to meeting friends, old and new, at the fall 2020 Assembly. We will be at the Radisson Hotel in Coralville Oct 9-11, 2020. We are privileged to have Sue P., Associate Director- Group Services, WSO as our speaker. She has also graciously agreed to do a workshop while she is with us Coralville.

### **The Forum**

Did you know that the Group Representative is also The Forum Representative? Please share and use The Forum in your meetings and encourage member subscriptions. The month of May Iowa had 444 subscriptions to The Forum. I want to challenge IOWA to get that number up to 500. We all know someone who could use a monthly pickup? Encourage them to subscribe or give it as a gift. There are two easy ways to order, a paper order form from the back of any Forum or you can order online at [al-anon.org](http://al-anon.org) –click on the Al-Anon store, then find the tab for the Forum.

Grateful for Service,

Missy Y

Area Alternate Delegate