

# District 1 Serenity Day



June 20, 2020

Wahkaw Shelter

Stone Park, Sioux City, IA

9:00 am to 1:30 pm

Growing in Gratitude

Rediscovering a joyful, thankful heart



Welcome

Gratitude Readings

Steps in 15 Minutes

Meditation

Pot luck lunch, bring a chair

Questions, call Jane S. 712-259-3382