

MONDAY					
*9:30 AM	Back to Basics Wakonda Christian Church 3938 Fleur Drive, Des Moines Enter on East side of church	*7:00 PM <i>Childcare</i> ** ***	Tuesday Night Step Study Lutheran Church of the Cross SE Entrance of Main Bldg. 1701 8 th St, Altoona	** *7:00PM <i>Childcare</i> **, ***	520 NW 36th, Ankeny, Rm 144
*12:00 PM	Monday Brown Bag Faith Lutheran Church 10395 University Rm 201, Clive 45 minute meeting	7:00 PM	First Steps to Freedom Lucas County Health Center 1200 N 7th Street, Conf Rm A Chariton Enter east side on lower level	7:30 PM	Thursday Night Step Study Lutheran Church of the Good Shepherd 3820 SW 9 th St, Des Moines
*5:30 PM	Steps to Serenity Faith Lutheran Church 10395 University Ave, Clive East Entrance, Room 201	7:30 PM	Tuesday Night White House 1400 Penn Ave., Des Moines Speaker Meeting-3 rd week of the month	FRIDAY *7:00 PM **	Courage to Change Al-Anon Mercy Franklin Clinic So. Entrance 1750 48 th St., Rm 4, Des Moines
*7:00PM	Grinnell Step Study AFG First Presbyterian Church 1025 5 th Ave., Grinnell Room off of church entry	8:00 PM	Casey Caring and Sharing AFG United Methodist Church 100 E 2 nd St, Casey South side, white doors	*7:00 PM **	Friday Night AFG Friends Literature Study St. Mark's Lutheran Church Disciple Center, 1105 Grand, WDM
*7:00 PM	Ankeny Monday Nite AFG First United Methodist Church Room 314 downstairs 206 SW Walnut, Ankeny	*8:00 PM **	Tuesday Night WDM AFG St. Mark's Lutheran Church Disciple Center, 1105 Grand, WDM	8:00 PM **	Friday Night White House AFG 1400 Penn Ave., Des Moines
		WEDNESDAY			High Hopes-Men's Group 4 th floor, Iowa Lutheran Hospital University at Penn, Des Moines
7:00 PM	Keep It Simple Al-Anon 939 Office Park Rd #113, West Des Moines	12:00 PM	Wednesday Noon Step Study 939 Office Park Rd #113, West Des Moines 45 minute meeting	8:00 PM <i>Childcare</i> ** ***	Frisky Friday Al-Anon St. Paul's Episcopal Church 815 High St., Des Moines
7:00 PM	Monday Night Parents Iowa Lutheran 1 st Fl Conf ,Rm 1 University & Penn Ave Des Moines	7:00 PM	Al-Anon Adult Children Unity Church of Des Moines 414 31 st Street, Des Moines	SATURDAY 10:00 AM	Saturday Serenity Lutheran Church of Hope 1335 NW Beaverbrook Blvd Grimes IA
7:00 PM	Warren County AFG First United Methodist Church Ashland & B Ave., Indianola	7:00 PM	Wednesday Night Step Study 939 Office Park Rd #113 West Des Moines	8:00 PM **	Saturday Night Step Study Park Ave. Christian Church Fellowship Hall 3301 SW 9 th Street, Des Moines
7:00 PM	Redfield Al-Anon Book Study Redfield Public Library 1112 Thomas St, Redfield	7:30 PM **	Dallas Center Al-Anon United Methodist Church 1504 Walnut St., Dallas Center Back entrance – red canopy	*8:00 PM * *	Winterset Al-Anon Winterset Christian Church 103 Green St., Winterset
8:00 PM **	Monday Night Al-Anon Central Presbyterian Church East Parking lot, 2 nd floor 39 th & Grand, Des Moines	*7:30 PM	Adult Children AFG First United Methodist Church 308 E Robinson, Knoxville	SUNDAY 5:00 PM <i>Childcare</i> **, ***	New Hope AFG (Step Study) Lutheran Church of Hope 925 Jordan Creek Parkway West Des Moines
TUESDAY		THURSDAY			
*9:30 AM <i>Childcare</i>	Tuesday Morning Step Study AFG New Hope United Methodist Church 4525 NW Beaver Ave., Des Moines	10:00 AM	Fresh Start Al-Anon Covenant Church 1025 28 th Street, West Des Moines	6:00 PM	Hope St. Stephen's Church 223 E 4 th St N, Newton
12 noon	Seasons of Hope Plymouth Congregational Church 4126 Ingersoll Ave., Des Moines South Parking Lot, West door	5:30 PM	Parents and Others Iowa Lutheran room 481 University & Penn Des Moines	7:00 PM **	Kiss Al-Anon Covenant Christian Church 2700 72 nd St., Urbandale
		*6:30 PM	Finding Hope and Serenity AFG Lutheran Church of Hope		

