



Iowa Al-Anon Family Groups
For relatives and friends of alcoholics

District 13 Meeting Directory
Iowa City, Coralville, Muscatine & Columbus Junction

Sunday

9:00am Steps to Serenity Sunday Meeting
Prelude Behavioral Services
430 Southgate Ave, Group Rm D
Iowa City, (*open)

6:45pm Muscatine Al-Anon
704 S. Houser St.
Muscatine (*open)

7:00pm Al-Anon Adult Children
Trinity Episcopal Church**
Iowa City (*open)

7:00pm Sunday Night Book Study
Zion Lutheran Church***
Iowa City (*open)
(Teens welcome)
(Childcare provided)

Monday

12:00pm Monday Noon Al-Anon
Trinity Episcopal Church**
Iowa City (*open)

Tuesday

12:00pm Noon Women's Meeting
Zion Lutheran Church***
Iowa City (*open)

6:45pm Wilton AFG
Musser Public Library
Small meeting room
304 Iowa Ave
Muscatine (*open)

7:00pm Tuesday Tune-Up Al-Anon
Our Redeemer Lutheran Church
Rm. 119 lower level
2301 E. Court St.,
Iowa City (*open)
(Newcomer meeting available)

Wednesday

6:30pm Wednesday Night Fireside Group
The Big White House
1246 12th Ave.
Coralville (*open)

Thursday

12:00pm Thursday Noon Al-Anon
Trinity Episcopal Church**
Iowa City (*closed)

7:30pm Thursday Night Al-Anon
Our Redeemer Lutheran Church
2301 E. Court St.,
Rm 121 Lower level
Iowa City (*open)

Friday

12:00pm Just for Today
Trinity Episcopal Church**
Iowa City (*open)
(Fragrance free meeting)

Saturday

12:00pm Weekend Winners Al-Anon
U of Iowa North Hall (Rm. 302)
Last building on N. Madison St,
Iowa City (*open)
(Childcare can be arranged)

12:00pm Saturday Noon Women's Group
Trinity Episcopal Church**
Iowa City
(Childcare provided)

*Closed meetings are for all Al-Anon and Alateen members, or anyone who is or has been affected by someone else's drinking.
*Open meetings may be attended by anyone interested in Al-Anon or Alateen.

** Trinity: 320 E. College St., 3rd floor chapel
*** Zion: 310 N Johnson St, downstairs

Call our phone line at **319-499-8344** with questions or for more info. Or visit the Iowa Al-Anon website: www.iowa-al-anon.org

For info on other Al-Anon or Alateen meetings in the US and Canada, call our World Service Office at 1-888-4AL-ANON, Mon-Fri, 8am-6pm ET

Updated March, 2019

