

Alateen Serenity Weekend 2019

Together We Can Make It

Deadline March 31st

Where: Wesley Woods 10896 Nixon St, Indianola, IA (515) 961-4523

When: April 26-28, 2019

Who: Alateens Ages 12-19

Cost: \$100 each (2 Nights, 4 Meals, Water Bottle)

What to Bring:

Permission form (2 copies, 1-for person transporting, 1- for Coordinator), Workshop, Banner, Positive attitude, Bedding (pillow, sheet, blanket), Towel, Soap(s), Toothbrush/paste, Deodorant, Tennis Shoes, Jacket, Flashlight.

Optional: Bug spray, Sunscreen, Dance music (appropriate), Dress up clothes for dance, Snacks to share, Money for Pizza Ranch.

What NOT to bring:

Money, purse, or wallet, iPod, electronics, etc., should be left in a locked car.

Schedule

Friday	Saturday	Sunday
EAT Before Arriving	8:00 Breakfast	8:00 Breakfast
6:00 Register	9:00 D11 Healthy Group	8:45 Writing/
7:00 SPONSOR Meeting	10:00 Unconditional Love	SPONSOR Meeting
7:30 Opening/Announcements	11:00 New People Sharing	9:30 Speaker
8:00 D3 As We Understood	12:00 Lunch	10:30 Clean Up
9:00 Share District Banners	1:00 D7 Self Love	11:30 *Pizza Ranch
10-11 Higher Power/Campfire	2:15 D8 Personal Sponsorship	
11:30 Lights Out	3:30 Free Time	
	5:30 Dinner	
	6:30 Self -Esteem Boost/ 4 th Step Inventory	
	7:30 Prepare for Dance/Photos	
	8-11 Dance	
	11:30 Lights Out	

**Not included in cost.*

Optional:

Pizza Ranch (Sunday)