# Iowa Area AWSC Meeting Marshalltown, IA August 5, 2018

Virginia B., Chairperson, opened the meeting at 9:05 am. Total attendance was 25 of which 22 were voting members of the AWSC. Opened with reading of the Traditions and Concepts of Service, followed by the review of etiquette and the evaluation questions.

<u>Secretary Report</u> (Linda A): The minutes from the 2018 Spring Assembly were mailed electronically earlier to be read before the meeting; they were not read during the meeting. There were no changes or additions. A motion was made by Lisa G and seconded by Geri G to accept the Secretary Report. A consensus vote was taken and approved. The minutes will be filed.

<u>Treasurer Report</u> (Jean L): Read the financial statement from June 1, 2018 – July 31, 2018. Balance brought forward was \$24,327.28. Total receipts this period were \$2,144.50. Total disbursements were \$2,212.15. Balance brought forward on July 31, 2018 was \$24,259.63. Group donation information was emailed separately. A motion was made by Trisha K and seconded by Judy B to accept the Treasurer Report. A consensus vote was taken and approved for the Treasurer's Report and will be filed as read.

## Delegate's Report (Beth K):

I realize many of you did not make it to the International Convention "Celebrating One Day at a Time". It was a very special time for me. Listening to people from all over the world share their experiences, strength and hope was humbling. Participating in the Love Parade gave me pure joy and no one can say lowa is not memorable. I have already started planning for the next Convention. It will be in 2023 in Albuquerque, New Mexico. You too can experience this moving event by saving now only \$4 per week for 5 years. At the end of 5 years you would have \$1,040; enough to go to the International. I hope you can make this change in your budget so that I can see you in Albuquerque!

There has been a change in the timeline for At-Large Committee Resumes. The due date for the resumes is now January 1st vs. August 15th. Anyone interested in submitting a resume should contact me at lovemycats2004@gmail.com.

We have been invited to the "Road Trip! You and Your Board Connect" event to be held October 20, 2018 in Houston hosted by East Texas. This is an opportunity for the Board of Trustees, the Executive Committee and members to interact with each other. All are welcome. Contact Beth if interested in attending.

Two PSA's (public service announcements) are being redistributed for airtime. Contact Lisa G, our Area Public Outreach Coordinator, to find out how to reach out to TV and Radio stations. Then you will be prepared when new PSA's are distributed later this year!

The Chairman of the Board letter will be published soon. The letter reports on what's happening at WSO and especially interesting topics related to Finance, Policy and Conference Leadership.

There will be a finance update, which will include year-to-date information on income and expenses. I reported during my WSC presentation that the 2018 budget ended with a gain of almost \$3,000. That is mighty close to breaking even. Please remind everyone how important the Quarterly Appeal letters are.

October 5, 2018 marks the 30th anniversary of Lois W's passing. I mentioned in my WSC presentation each group could donate to WSO in Lois' memory. I brought memorial envelopes with me if you did not get one at the Spring Assembly. Individuals can also make contributions.

Usually the Iowa Delegate brings a monetary donation in place of love gifts to their last WSC. I really would like to see Iowa give the memorials in Lois' name this year. It would be AWESOME to see Iowa's impact in meeting (or exceeding) our budget.

We should hear an update from the Policy Committee on revisions to the "Digest of Al-Anon and Alateen Policies" (Digest), on a survey being developed to gather information on what kind of support the Electronic/Virtual meetings would like from WSO and how these meetings fit into the WSO structure. We might also get an update on The Open Policy meeting during the World Service Conference discussion on meditation practiced during meetings and if/how it is consistent with Al-Anon's spiritual principles. No resolutions, just discussion.

The Conference Leadership Team is working on the 2019 World Service Conference, which will be held in Virginia Beach. The Conference will be Friday, April 12th through Thursday, April 18, 2019. It will be my last Conference!

During my WSC presentation I said, "I would like to visit all of the Districts at least once to share more about the Conference." Well, I am one District down (14 more to go!). Saturday, July 14<sup>th</sup>, I was in Spencer for a District 2 service workshop. There were members there from District 2, 3 and 4. We played Get in the Car, Service Bingo, Al-Anopoly, and I shared about the WSC. I hope everyone had as good a time as I did.

So, who is next? I have been invited to share in District 6 on September 8th and I am talking to members in District 10 and 12. No dates set yet. What about your District? When can I come to visit?

Our 2018 Area Serenity Weekend will be September 21-23 @ Camp Wesley Woods, Indianola, IA. (Note change of venue). The theme this year will be Mission Possible. See website for flyer. If you (and the friends you bring) accept the Mission, you will discover in the joy of serenity!

## Alternate Delegate's Report (Katy P):

Gave a brief recap of the Spring 2018 Assembly in Clear Lake, IA. The final registration was 294, which included 75 Al-Anon and 8 Alateen members.

<u>The 2018 Fall Assembly</u> – Davenport, IA – October 12-14, 2018 - Davenport, IA. The luncheon speaker will be Sarah S., the current Missouri Delegate. Nancy H. from Davenport, IA will be the spiritual speaker. The Alateen speaker is yet to be determined. The Al-Anon meetings will be held on the Adler Theatre side of the River Center and may be reached via the skywalk.

<u>The 2019 Spring Assembly</u> – Grinnell, IA – June 7-9, 2019. The luncheon speaker will be Rachelle C., MN North Delegate Panel 56 from Zimmerman, MN. Lorraine R. will be the Sunday Spiritual Speaker. The Alateen speaker is yet to be determined. There is dorm-style sleeping arrangements available.

The 2019 Fall Assembly will be held in Carroll, IA on October 11-13, 2019.

<u>Forum Report:</u> Where have you last left your Forum? Report shows statistics of Iowa subscriptions as of July 2018, currently at 432 subscriptions (not including electronic subscriptions).

Sharings are still needed on the three Legacies, Alateen and AMIAS group sponsor experiences. Submissions are also requested for newcomers that focus on the basics such as what it was like before Al-Anon, what led you to your first meeting and what program idea kept you coming back.

<u>Coordinator Reports: (Reports were electronically submitted to the AWSC and not read)</u>. Additional briefings were given by the Coordinators.

<u>Alateen</u> – Regina K (excused) – Thanks to all who attended the annual AMIAS recertification.

There is a new group registered in Burlington and three new Alateen sponsors.

WSO thanked Alateen for their sharings. If wanting to submit to WSO, please check out the Website.

<u>Archives:</u> Lori R – Wrapping up on Archives and what is in the cabinets. Will be presenting what documents that need to be disposed of. Needing group correspondence from WSO yet from D8 and D11.

**Group Records**: Becky V – Announced that the on-line registration forms are being utilized. This information immediately updates the WSO database. If not currently using, give it a try.

More than 125,000 members have used the WSO website for meeting searches.

<u>Literature:</u> Missy Y – Check out the new pamphlet Understanding & Hope for Parents of Grandparents (P-94). It is available purchase in English, French and Spanish for \$.75/each.

Intimacy in Alcoholic Relationships was introduced at the Al-Anon International Convention and is available for \$11. French and Spanish translations will be available in February 2019.

New Daily Reader – Intended to include inspiring thoughts on a wide variety of Al-Anon topics from the perceptive of a wide variety of Al-Anon members. Encourage members to submit sharings, especially on the Steps, Traditions and Concepts of Service.

Sharings are still needed for "CAL Corner".

The 2019 literature catalog is now available.

50<sup>th</sup> Anniversary Edition of One Day at A Time (B6-50) – The souvenir edition was presented at the Al-Anon International Convention. The text of the book remains the same. Copies are available to purchase while supplies last.

**Newsletter**: Mary S – Still waiting for a few reports. Please remember the deadlines.

<u>Public Outreach</u>: Lisa G – 13,000 members participated in Al-Anon's 12<sup>th</sup> survey, which is the largest number of participants since 1984.

Al-Anon Faces Alcoholism 2019 (AFA) - If ordered before July 11, you should have received or will soon receive the magazine.

WSO public outreach website tools: WSO National Website – <u>www.al-anon.org</u>. Iowa website – <u>www.iowa.al-anon.org</u>.

September 2018 – National Recovery Month – what does your District have planned?

<u>Web Page:</u> Hedi M (excused) - The new trivia questions for the Fall Assembly are now on the website. Check them out and be eligible to win a prize at the Fall Assembly.

Web Page Committee discussed the following: 1) The dates next to district numbers represent the latest revision date. 2) For the most up to date Iowa meeting information, please go to the Iowa District Meeting List. 3) For the most up to date WSO meeting information, go to the WSO meeting list.

All DR's have been contacted and meeting cards have been updated as of 7/15/18. Outdated meeting cards now have a link to the meeting list on the lowa website for the most up to date information.

<u>District Reports:</u> Reports were submitted electronically but not read by the following DR's: 1, 2, 3, 4, 7, 8, 9, 11, 13 and 14. There were no reports from 5, 6, 10, 12 or 15.

#### **Old Business:**

<u>Serenity Weekend</u> – Camp Wesley Woods - September 21 – 23, 2018. Districts wondered if they could lodge together as a District, which is possible. Registration is due August 31, 2018. There are several District events occurring that same weekend, which may affect attendance. Remember to bring a friend.

<u>Area Inventory</u> – Area Inventory Committee – Presented the results of the survey. Some items of discussion: Action Committees, candlelight meetings at Assembly, welcoming and educating the members, (especially new GR's) and having GR and DR orientations. The Inventory will be presented at the Fall Assembly.

Color coded name tags will be made to differentiate AWSC members.

An Action Committee Task Force has been established to compile information about what has been accomplished and if see if we want to continue with them. Task Force members include: Linda A – Area Secretary, Katy P – Alternate Delegate, Lori R – Archives Coordinator, Becky V – Group Records and Tracy HG – D2 DR. Monkey Chimp and In The Loop were discussed. A presentation will be made at the January 2019 AWSC.

A laptop will be at registration to sign up for updates from the lowa Al-Anon website.

Discussed a task force for discontinuing the candlelight meeting at Assembly. The consensus vote was to not go forward with a task force at this time.

#### New Business:

Request for additional funds – Beth K asked for additional funds for her 2018 budget in the amount of \$300 for traveling expenses to Districts. Motion was made by Lisa G to increase the Delegate budget by \$300 for 2018, seconded by Missy Y. Consensus vote passed.

<u>Service Workshop</u> – Topics were discussed and Districts volunteered for workshops.

<u>2018 Area Calendars:</u> Virginia B – Asked for volunteers to complete the 2019 calendar; no one volunteered. Virginia asked that everyone go back to their groups to ask for volunteers.

<u>You and Your Board Connect</u> – Beth K. – Asked if the Area wanted to submit for a bid for 2019. The consensus vote was no.

<u>Workshop:</u> Lori R – Archives Update – A list of items from the Archives cabinet was discussed regarding the decision to dispose of specific documents.

Unanswered Questions: There were no questions.

<u>AWSC January 2019</u> – Mary will provide a presentation and open discussion regarding the Newsletter. Virginia will contact Regina regarding a possible Alateen presentation.

A motion was made to close the meeting at 12:45.

Respectfully Submitted,

Linda A.

Area Secretary

### DATES TO REMEMBER:

September 21-23, 2018 Serenity Weekend, Wesley Woods, Indianola, IA

October 12-14, 2018 Fall Assembly, Davenport, IA

November 1, 2018 Iowa Reaches Out Newsletter deadline

January 19, 2019 Service Workshop, Iowa Valley Comm College, Marshalltown, IA

January 20, 2019 Iowa AWSC meeting, Hampton Inn, 9am, Marshalltown, IA

March 9, 2019 Serenity Weekend Planning Meeting – time and location to be determined

March 10, 2019 Iowa AWSC meeting, Hampton Inn, 9am, Marshalltown, IA

March 16-18, 2019 RDM, Madison, WI

June 7-9, 2019 Spring Assembly, Grinnell College, Grinnell, IA

August 4, 2019 Iowa AWSC meeting, Hampton, Inn, Marshalltown, IA

October 11-13, 2019 Fall Assembly, Carroll, IA

#### **Iowa Al-Anon Literature Depots:**

939 Office Park Rd. Suite 113 2801 Jackson St. West Des Moines, IA 50265 Sioux City, IA 51104

515-277-5059 712-255-6724

<u>www.al-anondesmoines.org</u> <u>www.afg.aiclit@yahoo.com</u>

## **Iowa Information Centers:**

Des Moines AIS/LDC – 515-277-5059 Ames - 515-233-6312 Sioux City AIS/LDC – 712-255-6724

New Area URL: http://iowa-al-anon.org