

### **Monday**

Monday Noon AFG  
First United Methodist Church (W)  
127 N 10<sup>th</sup> St.  
**Fort Dodge** Mon. Noon

### **Tuesday**

Carroll Freedom Seekers  
Recovery Hall  
1240 Heires, Suite E  
**Carroll** Tues. 8:30 am

Courage to Change  
Finn House (W)  
600 North Ridgley St.  
**Algona** Tues. 5:30 pm  
1<sup>st</sup> Sat. open with AA 9:00 am

### **Wednesday**

Ex Enablers AFG  
McLaughlin Construction  
410 Elm St.  
**Manning** Wed. 8:00pm

### **Thursday**

Carroll Freedom Seekers  
Recovery Hall  
1240 Heires, Suite E.  
**Carroll** Thurs. 5:30 pm

Thursday night AFG Book Study  
Alano Club (W)  
12 N 7<sup>h</sup> St.  
**Fort Dodge** Thurs. 5:00 pm

Pocahontas Area AFG  
Resurrection of Our Lord  
Catholic Church (basement) (W)  
11 SW 2<sup>nd</sup> St.  
**Pocahontas** Thurs. 7:30pm  
3<sup>rd</sup> Thurs. open with AA

**Friday**

Courage to Change

Finn House (W)

600 North Ridgley St.

**Algona** Fri. 5:30 pm

1<sup>st</sup> Saturday open with AA 9:00 am

Serenity Seekers

United Methodist Church

116 Center St.

(Open to Professionals/Students) (W)

**Manning** Fri. 8:30 pm

**Saturday**

Saturday Nite AFG

St. John's Lutheran Church (W)

402 Lake Ave.

**Storm Lake** Sat. 8:00 pm

**Sunday**

Peace of Mind

Alano Club (W)

12 N 7<sup>th</sup> St.

**Fort Dodge** Sun. Noon

(W) Wheelchair assessable

***ALATEEN***

Alateens are members of the Al-Anon fellowship.  
Where there is no Alateen meeting available,  
young people are encouraged to attend Al-Anon meetings.

**Iowa Literature Depots**

939 Office Park Rd. Suite 113

West Des Moines, IA 50265

515-277-5059

[www.al-anondesmoines.org](http://www.al-anondesmoines.org)

2801 Jackson St.

Sioux City, IA 51104

712-255-6724

[www.afg.aiclit@yahoo.com](mailto:www.afg.aiclit@yahoo.com)

## **Statement of Purpose**

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope, in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Revision July 2018