

Al-Anon District 9 Women's Spiritual Experience Weekend

May 5-6, 2018
9:30 am Sat - 2 pm Sun

Located at St. Mary's Monastery
2200 88th Ave., West
Rock Island, IL

Accommodations are set on beautiful, serene grounds, two beds per room with private bath and linens, shared kitchen nicely stocked with staples for snacks, beverages and some breakfast items, two living rooms with screened-in porches; all handicapped accessible.

Registration includes one overnight stay with three wonderful meals prepared buffet style: Saturday Lunch & Dinner; Sunday Brunch.

There will be five Al-Anon Workshops and opportunities to explore the lovely grounds at your leisure. All scheduled activities are optional, so you can rest and relax!

Friday, March 23: Registration open to members of District 9.

Friday, April 6: Registration open to members of *other* Districts.

Registrations accepted on a first come basis (by postmark date).

Thursday, April 19: Registration closed. *Late registrations accepted only as space allows.*

Questions? Contact Jan at (309) 269-5597

Registration Form

(Detach and return with your check/money order to Jan)

\$90 Double Room _____ \$115 Single Room _____ Prefer 1st or 2nd Floor

Roommate Preference Name _____

Prefer Single, but Will Share Room ___ Your 1st Name for Name Tag _____

Enclose check or money order made payable to: District 9 AFG

Mail to: Jan Q, 2121 23rd Ave, Rock Island, IL 61201

Your Name: _____

Address: _____

Phone: _____ Your District Number: _____

The primary purpose of Spiritual Experience Weekend is to remind us to keep our serenity and spirituality as our first priorities *

Al-Anon District 9 Women's Spiritual Experience Weekend

May 5 -6, 2018

Schedule

Saturday

Check In & Welcome	9:30 am
Meeting -	10:00 am
Lunch	11:40 am

We will ring a bell at 11:25, gather & leave from the lower level hall at 11:30 & walk to Lunch. Go through buffet line & be seated at our reserved tables without waiting.

Free Time (Gift Shop - optional)	12:30 pm
Meeting-	1:30 pm
Free Time (explore, nap, chat, etc.)	2:30 pm
Meeting -	3:30 pm
Free Time (Vespers - optional @ 5pm)	4:30 pm

Those wishing to go to Vespers at 5:00 in the Chapel, should gather outside the Chapel doors at 4:50

A Sister will assist you with a hymnal & advise you to sit next to a Sister in the Chapel.

When singing responses: Listen to Sisters, then softly blend your voice with theirs.

Dinner	5:15 pm
---------------	----------------

If not going to Vespers, we will ring a bell at 5:00, leave from the lower level hall at 5:05 & walk to Dinner

Go through the buffet line by 5:15, be seated at our reserved tables and eat. Those coming down from

Vespers will be seated at the reserved tables with us. When sisters are seated, a bell is rung and a prayer is offered. Resume eating and others will go through the line as directed and join us.

Candlelight Meeting -	7:00 pm
Free Time	8:00 pm

Sunday

Free Time (Sunrise Walk - optional)	7:00 am (Twilight 5:22 Sunrise 5:52)
Meeting -	9:00 am
Free Time (Mass or Meditation - optional)	10:20 am
Brunch	11:10 am

If not going to Mass, we will ring a bell at 10:55, leave from the lower level hall at 11:00 & walk to Brunch.

Go through the buffet line at 11:10, be seated at our reserved tables and eat. Those coming down from

Mass will be seated at the reserved tables with us When sisters are seated, a bell is rung and a prayer is offered. Resume eating and others will go through the line as directed and join us.

Meeting - Farewell/ Planning	12:30 pm
-------------------------------------	-----------------

The primary purpose of Spiritual Experience Weekend is to remind us to keep our serenity and spirituality as our first priorities