

# "MARCH GLADNESS"

District 7 Serenity Weekend | March 2-3, 2018

Wesley Woods Camp & Retreat Center, 10896 Nixon Street, Indianola, IA

## SCHEDULE

### FRIDAY

- **5 p.m.** Package A registration
- **6 p.m.** Welcome/dinner
- **7 p.m.** Evening sessions begin

### SATURDAY (No sunrise meeting)

- **8 a.m.** Package A breakfast
- **9 a.m.** Package B registration
- **10 a.m.** Morning sessions begin
- **12 p.m.** Lunch
- **1 p.m.** Afternoon sessions begin
- **3 p.m.** Break
- **5:30 p.m.** Dinner
- **6:30 p.m.** Cleanup

## MORE INFO

- Bring a snack to share.
- Wear comfortable clothes.
- Bring your favorite beverage. (Water, coffee will be provided.)
- Overnight guests should bring sleeping gear and linens.
- Chair massages are available for \$1.20 per minute. **CASH ONLY**, and exact change is preferred.

**REGISTRATION IS DUE BY FEB. 9**

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## REGISTRATION INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ **Package A (\$65):** Friday overnight with dinner, Saturday breakfast, lunch and dinner.

\_\_\_\_\_ **Package B (\$25):** Saturday only, includes lunch and dinner.

Email [dr@al-anondesmoines.com](mailto:dr@al-anondesmoines.com)  
by Feb. 16 with dietary restrictions.

### Send check with completed form to:

Serenity Weekend - D7 Treasurer  
924 SE Chaparal Drive  
Ankeny, IA 50021

### Or register online at:

[www.al-anondesmoines.com](http://www.al-anondesmoines.com)