

MONDAY					
*9:30 AM	Back to Basics Wakonda Christian Church 3938 Fleur Drive, Des Moines Enter on East side of church	*7:00 PM <i>Childcare</i> ** ***	Tuesday Night Step Study Lutheran Church of the Cross SE Entrance of Main Bldg. 1701 8 th St, Altoona	7:30 PM	Creston Survivors Group Crosswoods Mental Health Center 1003 Cottonwood, Creston
*12:00 PM	Monday Brown Bag Faith Lutheran Church 10395 University Rm 201, Clive 45 minute meeting	7:00 PM	First Steps to Freedom Lucas County Health Center 1200 N 7th Street, Conf Rm A Chariton Enter east side on lower level		FRIDAY
*5:30 PM	Steps to Serenity Faith Lutheran Church 10395 University Ave, Clive East Entrance, Room 201	7:30 PM	Tuesday Night White House 1400 Penn Ave., Des Moines Speaker Meeting-3 rd week of the month		*7:00 PM **
*7:00PM	Grinnell Step Study AFG First Presbyterian Church 1025 5 th Ave., Grinnell Room off of church entry	*8:00 PM **	Tuesday Night WDM AFG St. Mark's Lutheran Church Disciple Center, 1105 Grand, WDM		*7:00 PM **
*7:00 PM	Ankeny Monday Nite AFG First United Methodist Church Room 314 downstairs 206 SW Walnut, Ankeny	WEDNESDAY	Wednesday Noon Step Study 939 Office Park Rd #113, West Des Moines 45 minute meeting		8:00 PM **
7:00 PM	Keep It Simple Al-Anon 939 Office Park Rd #113, West Des Moines	12:00 PM	Al-Anon Adult Children Unity Church of Des Moines 414 31 st Street, Des Moines		8:00 PM **
7:00 PM	Monday Night Parents Iowa Lutheran 1 st Fl Conf ,Rm 1 University & Penn Ave Des Moines	7:00 PM	Wednesday Night Step Study 939 Office Park Rd #113 West Des Moines		8:00 PM **
7:00 PM	Warren County AFG First United Methodist Church Ashland & B Ave., Indianola	7:30 PM **	Dallas Center Al-Anon United Methodist Church 1504 Walnut St., Dallas Center Back entrance – red canopy		*8:00 PM * *
7:00 PM	Redfield Al-Anon Book Study Redfield Public Library 1112 Thomas St, Redfield	*7:30 PM	Adult Children AFG First United Methodist Church 308 E Robinson, Knoxville		SATURDAY
8:00 PM **	Monday Night Al-Anon Central Presbyterian Church East Parking lot, 2 nd floor 39 th & Grand, Des Moines	THURSDAY	Fresh Start Al-Anon Covenant Church 1025 28 th Street, West Des Moines		10:00 AM
TUESDAY		10:00 AM	Parents and Others Iowa Lutheran room 481 University & Penn Des Moines		Saturday Serenity 3060 SE Grimes Blvd #900 Grimes IA
*9:30 AM <i>Childcare</i>	Tuesday Morning Step Study AFG New Hope United Methodist Church 4525 NW Beaver Ave., Des Moines	*6:30 PM <i>Childcare</i> **	Parents and Others Iowa Lutheran room 481 University & Penn Des Moines		Saturday Night Step Study Park Ave. Christian Church Fellowship Hall 3301 SW 9 th Street, Des Moines
12 noon	Seasons of Hope Plymouth Congregational Church 4126 Ingersoll Ave., Des Moines South Parking Lot, West door	*7:00PM <i>Childcare</i> ** , ***	Finding Hope and Serenity AFG Lutheran Church of Hope 520 NW 36th, Ankeny, Rm 144		Saturday Night Step Study Park Ave. Christian Church Fellowship Hall 3301 SW 9 th Street, Des Moines
			Thursday Night Step Study Lutheran Church of the Good Shepherd 3820 SW 9 th St, Des Moines		Winterset Al-Anon Winterset Christian Church 103 Green St., Winterset
					Winterset Al-Anon Winterset Christian Church 103 Green St., Winterset
					SUNDAY
					5:00 PM <i>Childcare</i> ** , ***
					6:00 PM
					7:00 PM **
					New Hope AFG (Step Study) Lutheran Church of Hope 925 Jordan Creek Parkway West Des Moines
					Hope St. Stephen's Church 223 E 4 th St N, Newton
					Kiss Al-Anon Covenant Christian Church 2700 72 nd St., Urbandale

