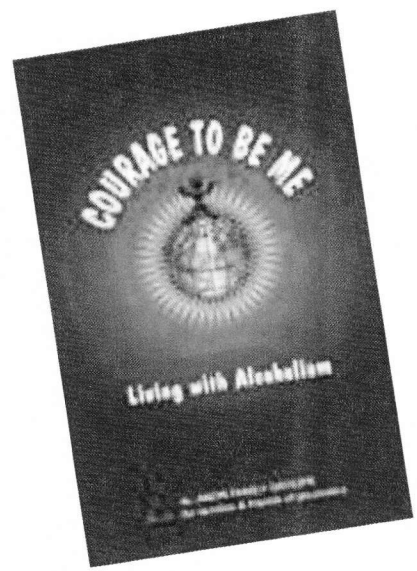


# D7 Alateen Serenity Day

*September 16, 2017*

*Saturday*

*1pm-4pm*



**Lutheran Church of the Cross  
at Cross Creek (west of church)  
1701 8<sup>th</sup> SW  
Altoona, IA 50009**

**Topics will focus on  
COURAGE TO BE ME!**

**Share your talents at our  
Talent Show!**



**Please bring a snack to share.  
D7 Alateen groups will provide water.**

Send questions to Sandi L. at [alateen@al-anondesmoines.org](mailto:alateen@al-anondesmoines.org)