



Iowa Al-Anon Family Groups
For relatives and friends of alcoholics

Sunday

- 6:45pm Muscatine Al-Anon
 704 S. Houser St.
 Muscatine (*open)
- 7:00pm Al-Anon Adult Children
 Trinity Episcopal Church**
 Iowa City (*open)
- 7:00pm Sunday Night Book Study
 Zion Lutheran Church***
 Iowa City (*open)
(Childcare provided)
- 7:00pm Sunday Night Alateen
 Zion Lutheran Church***
 Iowa City

Monday

- 12:00pm Monday Noon Al-Anon
 Trinity Episcopal Church**
 Iowa City (*open)

Tuesday

- 12:00pm Noon Women's Meeting
 Zion Lutheran Church***
 Iowa City (*open)
- 6:45pm Wilton AFG
 Musser Public Library
 Small meeting room
 304 Iowa Ave
 Muscatine (*open)

District 13 Meeting Directory
Iowa City, Coralville, Muscatine & Columbus Junction

- 7:00pm Tuesday Tune-Up Al-Anon
 Our Redeemer Lutheran Church
 2301 E. Court St., 1st floor chapel
 Iowa City (*open)
(Newcomer meeting available)

Wednesday

- 5:30pm Alateen Chat Room
 Register on Iowa Al-Anon website.
 Safely monitored by adult Al-Anon
 sponsors at all times
- 6:30pm Wednesday Night Fireside Group
 The Big White House
 1246 12th Ave.
 Coralville (*open)
- 7:30pm Healing Hearts Al-Anon
 Presbyterian Church
 702 2nd St.
 Columbus Junction (*open)

Thursday

- 12:00pm Thursday Noon Al-Anon
 Trinity Episcopal Church**
 Iowa City (*closed)
- 7:30pm Thursday Night Al-Anon
 Our Redeemer Lutheran Church
 2301 E. Court St., 1st floor chapel
 Iowa City (*open)

Friday

- 12:00pm Just for Today
 Trinity Episcopal Church**
 Iowa City (*open)
(Fragrance free meeting)

Saturday

- 12:00pm Weekend Winners Al-Anon
 U of Iowa North Hall (Rm. 302)
 Last building on N. Madison St,
 Iowa City (*open)
(Childcare can be arranged)

Saturday

- 12:00pm Saturday Noon Women's Group
 Trinity Episcopal Church**
 Iowa City
(Childcare provided)

*Closed meetings are for all Al-Anon and Alateen members, anyone who is or has been affected by someone else's drinking.
 *Open meetings may be attended by anyone interested in Al-Anon or Alateen.

** Trinity: 320 E. College St., 3rd floor chapel
 *** Zion: 310 N Johnson St, downstairs

Call our phone line at **319-499-8344** with questions or for more meeting information.
 Or visit the Iowa Al-Anon website:
www.iowa-al-anon.org

For info on other Al-Anon or Alateen meetings in the US and Canada, call our World Service Office at 1-888-4AL-ANON, Mon-Fri, 8am-6pm ET

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