

AL-ANON Schedule

www.CedarRapidsAreaAl-Anon.org

SUNDAY

Al-Anon

Serenity Sunday 3224 - 1st Ave NE - CR
8:00 pm Fellowship Club (AA same time)

MONDAY

Al-Anon

Morning Boosters 3224 - 1st Ave NE - CR
9:00 AM Fellowship Club (AA same time)

Monday West Highlands

8:00 pm - Trinity Lutheran School
Handicap accessible (AA Same Time)
1361 - 7th Ave SW - CR

District Meeting - Dist 8

727 Collins Road NE - CR

7:00 pm - The 3rd Monday of the Month
Eastview Christian Church

Tuesday

Al-Anon

Need to Feel Better 857 - 3rd Ave SE - CR
1:00 pm - Immaculate Conception Church
(Meeting in Scotus Hall) Use Rear Church Entrance

New Attitudes 3224 - 1st Ave NE - CR
7:00 pm Fellowship Club (AA same time)

Alateen

TGIA(Thank God It's Alateen) 3224 - 1st Ave NE - CR
7:00 pm Fellowship Club (AA/Al-Anon same time)

Wednesday

Al-Anon

PrairieWoods 120 Boyson Rd NE - CR
7:00 pm - Prairiwoods - Hiawatha

After Work AFG Gratitude Club Suite J
5:30 PM 212 Edgewood Road NW CR

Thursday

Al-Anon

New Creations 4700 Johnson Ave NW - CR
9:45 am - St. Marks Methodist Church
Handicap accessible and Childcare

Keep it Simple 3224 - 1st Ave NE - CR
5:30 pm Fellowship Club (AA same time)

Friday

Al-Anon

Friday Morning 3224 - 1st Ave NE - CR
9:00 AM Fellowship Club (AA same time)

Friday Night Hope 2736 Bowling Str SW - CR
7:00 pm - Hope Lutheran Church (AA same time)

Marion Friday Night 8th Ave & 12th St - Marion
8:00pm - First Presbyterian Church (AA same time)

Saturday

Al-Anon

Mount Vernon AFG 8 PM (AA Same Time)
Mount Vernon United Methodist Church
304 1st Street West Mount Vernon, IA
Chapel Sunday School Room

Updated 1/16/17

Al-Anon & Alateen

Cedar Rapids, Marion & Hiawatha Area

For Local information OR speak with a member

319-365-5955 (24 hours a day)

www.CedarRapidsAreaAl-Anon.org

Iowa Site: www.ia.al-anon.alateen.org

Alateen Chat Room: <https://chat.alateen.net/>

Al-Anon World Service Office

1-888-4ALANON Email: wso@al-anon.org

www.al-anon-alateen.org

God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

We who live, or have lived, with the problem of alcoholism understand as perhaps few others can. We, too, were lonely & frustrated, but in Al-Anon we discover that no situation is really hopeless, & that it is possible for us to find contentment, & even happiness, whether the alcoholic is still drinking or not. The Al-Anon Family Groups are a fellowship of relatives & friends of alcoholics who share their experience, strength & hope in order to solve their common problems.

We believe alcoholism is a family illness & that changed attitudes can aid recovery.

Didn't cause it,
can't control it,
can't cure it.



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All AL-ANON Meetings are Non-Smoking

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